

Discussion and Reflection Questions
Easter Day - I AM the Resurrection the Life - 5th of April 2026

Read: Matthew 28:1-10

After the sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary went to see the tomb. ²And suddenly there was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it. ³His appearance was like lightning, and his clothing white as snow. ⁴For fear of him the guards shook and became like dead men. ⁵But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified. ⁶He is not here; for he has been raised, as he said. Come, see the place where he lay. ⁷Then go quickly and tell his disciples, "He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him." This is my message for you.' ⁸So they left the tomb quickly with fear and great joy, and ran to tell his disciples. ⁹Suddenly Jesus met them and said, 'Greetings!' And they came to him, took hold of his feet, and worshipped him. ¹⁰Then Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee; there they will see me.'

Questions

1. How would you explain what Easter means to you to someone who wasn't a Christian?
2. What differences do you notice between the women's expectations as they go to the tomb and what they actually encounter?
3. Why do you think God chose women, whose testimony was often not accepted in that culture, to be the first witnesses of the resurrection?
4. In what ways might you feel like an unlikely witness, and how does this passage encourage you to share your story?
5. The angel and Jesus both say, "Do not be afraid." What fears might the women have been experiencing, and how does the resurrection address those fears (then and now)?
6. In John 11 Mary declared. 'Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.' Does the resurrection story help you believe like Mary or leave you with doubts or questions?

Prayer

Lord of all life and power, who, through the mighty resurrection of your Son, overcame the old order of sin and death to make all things new in him: grant that we, being dead to sin and alive to you in Jesus Christ, may reign with him in glory; to whom with you and the Holy Spirit be praise, honour and thanksgiving, now and for all eternity. Amen