

PROVERBS 4:23

Keep your heart with all
vigilance,
for from it flow the springs
of life.

SERMON REFLECTIONS

? KIDS+STUDENTS

1. What does it mean to preserve and protect something?
2. What are the three components of our heart and how do they all work together?
3. Why is it so important that we preserve and protect our hearts? What could happen if we neglect this command?

? KIDS

4. In what ways were our old hearts corrupt? Where do you see sin still active in your own heart?
5. Discuss the different aspects of the new heart Jesus has given to us. Where do you see the Spirit working through your new heart?

? STUDENTS

6. What are some different ways we can preserve and protect our new hearts?
7. What does it mean that Jesus is the ultimate keeper of our hearts? How does this truth guide the way you live?