



Gratitude

South Sub Church

November 23, 2025

A Grateful Heart Is a Generous Heart

Psalm 100

A psalm. For giving grateful praise.

¹ Shout for joy to the LORD, all the earth.

² Worship the LORD with gladness;
come before him with joyful songs.

³ Know that the LORD is God.

It is he who made us, and we are his;
we are his people, the sheep of his pasture.

⁴ Enter his gates with thanksgiving
and his courts with praise;

give thanks to him and praise his name.

⁵ For the LORD is good and his love endures forever;
His faithfulness continues through all generations.

Sermon Summary:

Gratitude is more than a polite response or a seasonal emotion—it's a posture of the heart that recognizes every good thing as a gift from God. This series invites us to slow down and reflect on how true gratitude reshapes our worship, our relationships, and our daily outlook. When gratitude takes root deeply within us, it transforms scarcity into abundance, anxiety into peace, and duty into delight. Through this lens, we learn that a grateful heart doesn't just say "thank you"—it lives in continual awareness of God's presence and grace.

Ice Breaker Questions:

1. What's one thing this week that made you smile or laugh out loud?
2. What's a place that makes you feel peaceful or joyful the moment you arrive?
3. What's a simple blessing in your life that you sometimes take for granted?
4. Who is someone from your past or present who has modeled joy or gratitude well for you?

Scripture Study Questions:

1. According to verse 1, who is commanded to make a joyful noise to the Lord?
2. What actions are God's people instructed to do in verse 2?
3. According to verse 3, what essential truths are we to "know" about God?



4. What does verse 3 say about our relationship to God?
5. What two actions are commanded in verse 4 regarding entering God's gates and courts?
6. What specific expressions of worship are mentioned in verse 4?
7. What three characteristics of the Lord are listed in verse 5?
8. How long does verse 5 say God's steadfast love endures?
9. To whom does verse 5 say God's faithfulness extends?

Interpretive Questions:

1. What does it mean to "serve the Lord with gladness," and how might this differ from serving Him out of obligation or fear?
2. How does knowing that "it is He who made us, and we are His" shape the way we understand our identity and purpose?
3. Why is gratitude such a central part of entering God's presence in verse 4? What does this suggest about the nature of worship?
4. How do the qualities listed in verse 5—God's goodness, steadfast love, and faithfulness—serve as the foundation for the commands to rejoice and give thanks?
5. In what ways does Psalm 100 challenge modern views of worship that focus more on personal preference than on God's character and commands?

Application Questions:

1. What would it look like for you to approach your daily life with the same joy and enthusiasm described in Psalm 100?
2. What practical steps can you take to cultivate gratitude as you "enter His gates" each day?
3. In what areas of your life do you need to more fully embrace God's shepherd-like care rather than trying to control everything yourself?
4. How can the truths of God's goodness, steadfast love, and faithfulness become anchors for you during seasons of uncertainty?
5. What is one specific change you can make in your approach to worship—public or private—that would align it more with the heart and posture of Psalm 100?