



August 17, 2025

South Sub Church

“Our Walk in Victory”

Ephesians-Our Walk with Christ

Ephesians 6:10-20 (ELT)

¹⁰Finally, be strong in the Lord and in the strength of his might. ¹¹Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹²For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. ¹³Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. ¹⁴Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵and, as shoes for your feet, having put on the readiness given by the gospel of peace. ¹⁶In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷and take the helmet of salvation, and the sword of the Spirit, which is the word of God, ¹⁸praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, ¹⁹and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, ²⁰for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

Sermon Summary:

Everyone desires to live a life of meaning. And there is no greater way to live with true purpose than through a deep, abiding relationship with Jesus. The Apostle Paul’s letter to the Ephesians reveals the key to experiencing this kind of life. In **Part I** of this series, we’ll explore the spiritual wealth we have as followers of Jesus—including the abundant blessings and divine wisdom available to us. In **Part II**, we’ll deepen our understanding of our spiritual position as believers and the responsibilities that come with it—how we are called to live out our faith in light of what Christ has done.

Ice Breaker Questions:

1. When you were a kid, what was your favorite outfit that made you feel ready for anything?
2. What’s the protective gear that various occupations or hobbies have to wear?
3. What’s one daily habit or practice that helps you stay steady when life feels chaotic?
4. If you could ask the group to pray for *one* thing this week, what would it be?

Scripture Study Questions:

1. According to verse 10, in whom should believers be strong?
2. In verse 11, what does Paul command believers to put on?

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3. For what purpose should believers put on the whole armor of God (v. 11)?
4. According to verse 12, what is the struggle *not* against?
5. In the same verse, list the four categories of forces against which believers do struggle.
6. In verse 13, why are believers told to take up the whole armor of God?
7. In verse 14, what is the first piece of armor mentioned, and where is it fastened?
8. What is the second piece of armor in verse 14, and what does it cover?
9. In verse 15, what should be on the feet of believers?
10. In verse 17, what two pieces of armor are listed?
11. According to verse 18, when and how should believers pray?
12. In the same verse, for whom should believers make supplication?
13. In verses 19–20, what specific prayer request does Paul make for himself?

Application Questions:

1. What's one area of your life right now where you've been relying more on your own strength than God's?
2. If you think about your daily routines, which "piece" of the armor of God do you need to start using more.
3. Describe a time you misidentified the real enemy and treated a person as the problem instead of the spiritual forces behind the struggle?
4. Which piece of armor (truth, righteousness, readiness, faith, salvation, God's Word) do you most want to strengthen in your life right now?
5. How can you make prayer a more constant part of your daily rhythm instead of something only for emergencies?