



August 3, 2025

South Sub Church

"Our Walk in the Spirit"

Ephesians-Our Walk with Christ

Ephesians 5:15-21 (ESV)

Look carefully then how you walk, not as unwise but as wise, ¹⁶making the best use of the time, because the days are evil. ¹⁷Therefore do not be foolish, but understand what the will of the Lord is. ¹⁸And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, ¹⁹addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, ²⁰giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, ²¹submitting to one another out of reverence for Christ.

Sermon Summary:

Everyone desires to live a life of meaning. And there is no greater way to live with true purpose than through a deep, abiding relationship with Jesus. The Apostle Paul's letter to the Ephesians reveals the key to experiencing this kind of life. In **Part I** of this series, we'll explore the spiritual wealth we have as followers of Jesus—including the abundant blessings and divine wisdom available to us. In **Part II**, we'll deepen our understanding of our spiritual position as believers and the responsibilities that come with it—how we are called to live out our faith in light of what Christ has done.

Ice Breaker Questions:

1. What's your ideal way to spend a free Saturday?
2. What's a song that always puts you in a good mood?
3. What's something you're thankful for this week?
4. What's a routine or habit that helps you stay grounded?

Scripture Study Questions:

1. What does it mean to "look carefully" and live "not as unwise but as wise" in verse 15?
2. In verse 16, how are believers instructed to use their time?
3. What reason is given for this instruction?



4. What is Paul's command in verse 17?
5. How is understanding the "will of the Lord" contrasted with foolishness?
6. What are believers told not to do in verse 18?
7. List the actions or attitudes that flow from the Spirit-filled life.
8. What kinds of expressions are believers encouraged to use in verse 19?
9. How do "psalms," "hymns," and "spiritual songs" relate to community and worship?
10. What does verse 20 say about the manner and focus of giving thanks?
11. How comprehensive is this thankfulness, and to whom is it directed?
12. What command is given in verse 21?
13. What is the motive for submitting to one another?

Application Questions:

1. What are some distractions or time-wasters in your life that need to be addressed?
2. Is there an area of your life that you might be confusing personal preferences or cultural values with God's will?
3. What fills or influences you the most—God's Spirit, or something else?
4. Are you worshipping through singing during the week?
5. When was the last time you gave thanks to God for something difficult or uncomfortable?
6. Are there relationships where you are resisting serving others out of pride, fear, or selfishness?
7. Which of the three - worship, gratitude, and humility – aspects of being filled with the Holy Spirit do you need to prioritize this week?