

**Ephesians – Our Walk with Christ**  
**“Our Walk in Relationships”**  
**Ephesians 5:22-6:9**  
**August 10, 2025**

**Day 1 – "A Life of Trust and Honor"**

**Scripture:** Ephesians 5:22–24

**Key Verse:** *“Wives, submit to your own husbands, as to the Lord.”* (v. 22)

**Reflection:**

Paul’s instruction to wives can feel jarring in modern ears, but its context is vital. This isn’t about hierarchy; it’s about voluntary trust rooted in mutual love and Christlike leadership. Just as the church yields to Christ’s loving care, the call here is for relational alignment in marriage—not as a loss of voice, but as a reflection of spiritual trust and unity.

**Application:**

Whether married or not, how do you respond when God calls you to follow in trust? Are you quick to resist or open to yielding in ways that reflect your faith in Christ’s leadership?

**Prayer:**

*Lord, teach me how to trust You and others in a way that honors You. Help me let go of control and live in spiritual unity and humility.*

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**Day 2 – "Lead in Love"**

**Scripture:** Ephesians 5:25–33

**Key Verse:** *“Husbands, love your wives, as Christ loved the church and gave himself up for her.”* (v. 25)

**Reflection:**

Biblical love is never passive. Husbands are called to love like Christ—sacrificially, purposefully, and tenderly. This kind of love doesn’t seek its own way but actively pursues the good of the other. It’s about protection, nourishment, and building up the beloved. Christ’s model of love is not about domination, but devotion.

**Application:**

How are you practicing sacrificial love in your relationships? Are you building others up or using them for your own gain? Love—real love—costs something.

**Prayer:**

*Jesus, help me to love like You—sacrificially, steadfastly, and selflessly. Grow in me a heart that desires the flourishing of those You've placed in my life.*

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## Day 3 – "Honor Starts at Home"

**Scripture: Ephesians 6:1–3**

**Key Verse:** *"Children, obey your parents in the Lord, for this is right." (v. 1)*

**Reflection:**

Honor is not just a childhood virtue; it's foundational to discipleship. Respecting parents teaches us how to respect God and others. In a culture that devalues authority, this command reminds us that obedience and honor are relational muscles we need to strengthen—starting in the family.

**Application:**

In what ways do you show (or struggle to show) honor to those in authority—parents, professors, mentors? What does your attitude toward them reveal about your heart toward God?

**Prayer:**

*Father, give me a spirit that honors those You've placed in my life. Help me to reflect Your heart through obedience, respect, and love.*

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## Day 4 – "Shape, Don't Shame"

**Scripture: Ephesians 6:4**

**Key Verse:** *"Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord."*

**Reflection:**

Parenting is a sacred calling. Paul warns against harshness that crushes the spirit and instead calls for gentle guidance rooted in the gospel. Discipline is meant to shape hearts, not shame them. This passage speaks to all who have influence: lead with grace, not guilt. Correct with purpose, not punishment.

**Application:**

If you're in a position of leadership or influence, are your words building others up or tearing them down? Do you correct with compassion or provoke with pride?

**Prayer:**

*Lord, help me to lead others with Your heart. Teach me how to instruct with grace and guide with gentleness. Help me not to wound where You've called me to heal.*

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**Day 5 – "Work as Worship"****Scripture: Ephesians 6:5–9**

**Key Verse:** *"Rendering service with a good will as to the Lord and not to man." (v. 7)*

**Reflection:**

Paul reframes work not as a means to an end but as a way to worship. Whether you're in a classroom, on a job, or at home—your attitude and effort matter to God. Authority and labor are both opportunities to reflect Christ. Even the mundane becomes meaningful when it's offered to the Lord.

**Application:**

How do you view your work or responsibilities? As a burden, a paycheck, or an act of devotion? What might change if you saw your tasks as service to Jesus?

**Prayer:**

*God, give me a heart that serves with joy. Help me to work with integrity, not for applause, but as a way to worship You in everything I do.*