

**Ephesians – Our Walk with Christ**  
**“Our Walk in Unity”**  
**Ephesians 4:1-16**  
**July 13, 2025**  
**DEVOTIONALS**

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**Day 1: Walking Worthy of Our Calling**

**Scripture:** *"I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called..."* (Ephesians 4:1)

**Reflection:**

Paul begins this section by reminding the Ephesian believers of their divine calling and urging them to live in a way that reflects the grace they've received. "Walking worthy" does not mean earning our salvation but responding in gratitude and obedience. It's about aligning our daily lives with the identity we have in Christ.

**Application:**

Ask yourself: does my life reflect the worth of my calling? Do my words, decisions, and relationships show Christ's character? Walking worthy involves humility, love, and a pursuit of peace.

**Prayer:**

Lord, thank You for calling me into Your family. Help me walk in a way that reflects Your love, truth, and holiness. Let my life honor You today.

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**Day 2: Unity in the Body**

**Scripture:** *"...with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace."* (Ephesians 4:2–3)

**Reflection:**

True unity is not accidental—it must be cultivated. Paul highlights humility, gentleness, patience, and loving tolerance as essential virtues for preserving unity. The "bond of peace" is something we are called to protect, not create—it's the Spirit's work in us.

**Application:**

Where are you being called to bear with someone in love? Is there a fractured relationship that needs healing through humility and gentleness? Unity is hard work, but it's holy work.

**Prayer:**

Father, teach me to love others the way You love me. Empower me to be a peacemaker in my relationships and my church. Let Your Spirit guide us into deeper unity.

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**Day 3: One Body, One Spirit**

**Scripture:** *"There is one body and one Spirit—just as you were called to the one hope that belongs to your call..."*(Ephesians 4:4–6)

**Reflection:**

In a world that often feels fragmented, Paul reminds us of the profound oneness we share in Christ. This unity isn't just social or organizational—it's spiritual, rooted in the Triune God. There is one Lord, one faith, one baptism, one God and Father of all.

**Application:**

Let this truth shape how you see other believers. Differences in background or practice shouldn't divide us when our foundation is the same. Embrace the unity that already exists in Christ.

**Prayer:**

God of unity, thank You for making us one through Your Spirit. Help me to celebrate that unity and reject any spirit of division. May I live out the truth that we are one in You.

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**Day 4: Grace Given to Each One**

**Scripture:** *"But grace was given to each one of us according to the measure of Christ's gift."* (Ephesians 4:7)

**Reflection:**

Every believer has been given grace—not just saving grace, but *servicing* grace. Christ gives spiritual gifts to His people so that each one has a role in building up the body. No one is without purpose in the Kingdom of God.

**Application:**

Have you discovered the way God has gifted you to serve? Whether through encouragement, teaching, generosity, or helps—your contribution matters. Seek ways to use your gifts for God's glory.

**Prayer:**

Jesus, thank You for the grace You've given me to serve Your body. Help me recognize and use the gifts You've entrusted to me for the good of others and the growth of Your church.

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**Day 5: Growing into Maturity**

**Scripture:** *"Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ..."*(Ephesians 4:15–16)

**Reflection:**

Spiritual maturity isn't just about knowledge—it's about becoming more like Christ in every way. Paul paints a picture of a body growing strong and healthy when each part does its work in love. Truth and love together are the soil for growth.

**Application:**

Are you growing in Christlikeness? Are you helping others grow? Speak truth lovingly, serve faithfully, and let Jesus be the model for every aspect of life.

**Prayer:**

Lord, grow me into Your likeness. Let my words and actions help others flourish. May Your love be the power behind all I do, and may we grow together into the fullness of Christ.