

OUR FATHER IN HEAVEN,
HALLOWED BE YOUR NAME.
YOUR KINGDOM COME,
YOUR WILL BE DONE,
ON EARTH AS IT IS IN HEAVEN.

GIVE US THIS DAY OUR DAILY
BREAD AND FORGIVE US OUR DEBTS,
AS WE ALSO HAVE FORGIVEN OUR
DEBTORS.

AND LEAD US NOT INTO
TEMPTATION,
BUT DELIVER US FROM EVIL.



2020 was a challenging year.

Amidst the global pandemic, our society, workplaces, families, and church found themselves repeatedly in great turmoil, forced to navigate levels of chaos and stress rarely encountered at any one time. The weight of it all left many feeling exhausted and discouraged – understandably so. It's led many to place great hope in "2021" with a hopeful optimism that says, "Surely what awaits us in this new year will be better than the last."

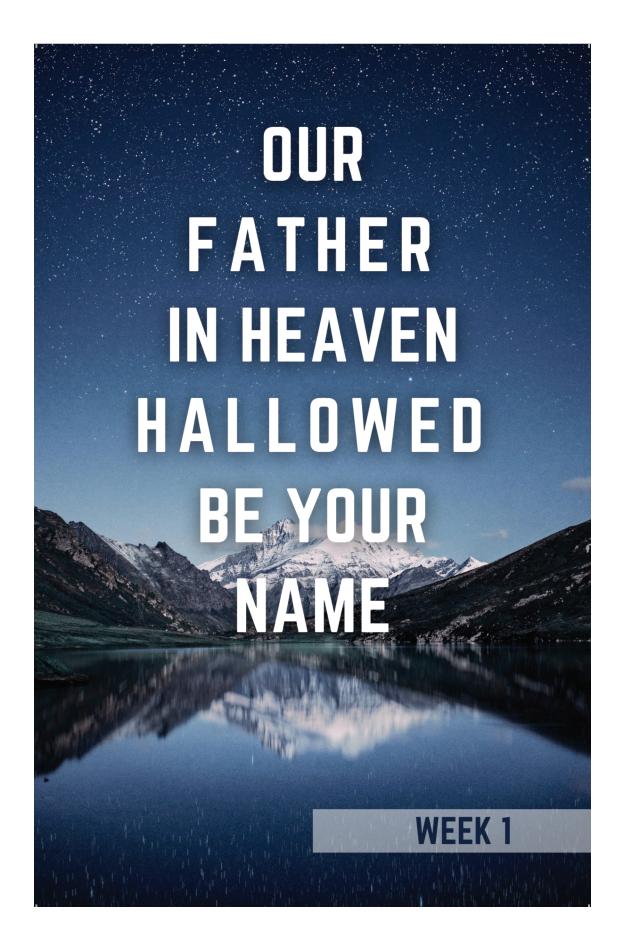
Yet, for the follower of Jesus, there is a much stronger ground for hope than simply fresh pages on the calendar and blind optimism for "better days ahead." Throughout the Bible, we are reminded time and time again that this is our Father's world. God is in full control of every wave and every sparrow, and He cares for us. No storm arises outside of His sovereign power, and no fires can ever threaten His faithful promises. We can trust Him, always, in any darkness; and more, He invites us to push back the darkness through prayer.

Prayer is the place where the follower of Jesus invites the supernatural, omnipotent power of God to break through in this world. The scriptures beckon us to live in our Father's world with a life of abiding prayer, asking Him to act in His world and change it. Jesus calls us to ask, seek, and knock – boldly and persistently seeking His intervention in this age. In prayer, we are able to rest with steadfast hope as we trust in His care, pleading for His Kingdom to come among us.

This being true, we believe there is no better way to start the new year than with a month of diligent, persistent prayer together as a church. For the next five weeks, we ask you to join us in anchoring our hopes in God alone by praying together through the following prayer guide. Jesus will be our teacher. We'll use His instructions to the disciples in the Lord's Prayer in Matthew 6:9-13 to lead us, learning to pray by following the example He gave us.

Each week will begin by looking at one of the five main petitions in the Lord's prayer, and then each day for the rest of that week we'll pray it with prompts guided by scripture. By the end, we will have prayed together for 35 days, guided by Jesus in repeating his Words back to Him.

Our prayer through it all is simple – may God teach us to live out each and every day through prayer and may He bring His Kingdom powerfully among us as we do.



This week we will be praying the very first petition of the Lord's Prayer, "hallowed be your name." Before we begin, let's look a little closer to understand what it means and why Jesus put it here first.

"Our Father in heaven" is an interesting way to begin this prayer. While it may be normal for us, addressing God as "Father" was scandalous to the first century religious leaders (John 5:18). It would have been startling to their ears, and by addressing God in this way, Jesus is making a very clear point to us: God is a loving father who cares deeply for his children. He relates to us not as a distant, far-off creator but as a loving and personal father. This is who He is — our Father! Here at the start, Jesus is teaching us to call to mind the nature of who we're praying to before we begin to ask for anything. All prayer begins at the feet of our Heavenly Father.

Now, for the first petition: "hallowed be your name." The term hallowed literally means to make holy, honor as holy, and regard as holy. By nature, God's name is already holy – that's who He is; we don't have to pray that He would become holy. What we are praying for in this first petition is that he would be honored and regarded as holy in our hearts – "God, be honored as holy in me. Be regarded as holy by the world." As sinners, we need God's grace to help us regard and revere for His name as holy. We need Him to open our eyes to see His glory!

Right from the start, Jesus is teaching us that prayer begins by gazing at God – seeing His nature as father and asking for Him to give us this right regard for His holiness. As we'll see in the weeks to come, this is the foundation for everything that follows. Every part of the Lord's Prayer flows out of or back toward the hallowing of God's Name. It's all about God's glory! So, this week, we will reflect over twelve attributes of God, praising Him for who He is and praying that God would make his Name more precious to our hearts and minds than ever before.

Pray for God to make His Name hallowed in our hearts today as we reflect on his holiness and perfection. Consider the following passages:

- **Exodus 15:11** "Who is like you, O Lord, among the gods? Who is like you, majestic in holiness, awesome in glorious deeds, doing wonders?"
- **Deuteronomy 32:4** "The Rock, his work is perfect, for all his ways are justice. A God of faithfulness and without iniquity, just and upright is he."
- Revelation 4:8 "And the four living creatures, each of them with six wings, are full of eyes all around and within, and day and night they never cease to say, -- "Holy, holy, holy, is the Lord God Almighty, -- who was and is and is to come!""

TUESDAY

Today, ask God to make His Name hallowed in our hearts as we think about his righteousness and justice. Reflect on the following:

- Psalm 97:2,6 "...righteousness and justice are the foundation of his throne... The heavens proclaim his righteousness, and all the peoples see his glory."
- **Zephaniah 3:5** "The Lord... is righteous; he does no injustice; every morning he shows forth his justice; each dawn he does not fail; but the unjust knows no shame."
- **2 Corinthians 5:21** "For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God."

Wednesday

Pray that God would make His Name hallowed in our hearts today as we consider his grace and mercy. Consider these scriptures:

- **Exodus 34:6-7** "The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin..."
- Psalm 116:5 "Gracious is the LORD, and righteous; our God is merciful."
- Hebrews 4:16 "Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need."

Ask God to make His Name hallowed in our hearts this morning as we remember that he is powerful and victorious. Pray over these passages:

- **Psalm 33:6,8** "By the word of the LORD the Heavens were made, and by the breath of his mouth all their host... Let all the earth fear the LORD; let all the inhabitants of the world stand in awe of him."
- **Nahum 1:3** The Lord is slow to anger and great in power, and the Lord will by no means clear the guilty. His way is in whirlwind and storm, and the clouds are the dust of his feet."
- **Colossians 2:15** "He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him."
- 1 Corinthians 15:56-57 "The sting of death is sin, and the power of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ."

FRINAY

Pray for God to make His Name hallowed in our hearts as we reflect on his patience and kindness today. Read the following:

- **Psalm 145:8** "The LORD is gracious and merciful, slow to anger and abounding in steadfast love."
- 2 Peter 3:9 "The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance."
- **Ephesians 2:7** "...so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus."

SATURDAY

Today, ask God to continue to make His Name hallowed in us as we remember that he is faithful and unchanging.

- Lamentations 3:22-23 "The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness."
- Malachi 3:6 "For I the LORD do not change; therefore you, O children of lacob, are not consumed."
- 2 Timothy 2:13 "If we are faithless, he remains faithful for he cannot deny himself."
- Hebrews 13:8 "Jesus Christ is the same yesterday and today and forever."

YOUR KINGDOM COME, YOUR WILL BE DONE, ON EARTH AS IT IS IN HEAVEN

WEEK 2

This week we will focus on the second petition – "Your kingdom come, your will be done, on earth as it is in heaven." Let's look at what this means as we seek to pray it.

"Your kingdom come" is an enormous prayer, inviting God to break through in this world both spiritually and physically. Spiritually, it seeks God's rule and reign in our hearts and minds – that we would know Him, trust Him, and follow Him as savior, father, and lord. It's a prayer for His Kingship to spread to every heart, that he would be rightly regarded as "King of kings and Lord of lords" in all the earth (Rev 19:16). Indeed, praying "your kingdom come" means asking for the Gospel to be proclaimed and believed among every nation, tribe, and tongue!

Beyond this spiritual aspect, "your kingdom come" is also a cry for the physical return of Christ into the world; the coming of the New Heavens and the New Jerusalem! Throughout the scriptures, God has promised to one day make all things new and "wipe away every tear" until "death shall be no more" (Rev 21:4). This Kingdom is coming, of that we can be sure. As we pray for it physically, we seek the end of this corrupted age, when the curse of sin will forever end.

Connected with this, "your will be done" flows naturally in succession as an invitation for God as King to give His people new hearts with new desires, allowing us to walk in faithful obedience to all His commands. In this, it's a prayer for the ways of His Kingdom to come – where grace is given to those who don't deserve it, where justice is executed without the slightest hint of falsehood, and where holy love flows endlessly. It's a cry for the brokenness of sin in this world to be swallowed in the perfect reign of the King as His will is joyfully followed by His people.

Now we come to the phrase that brings it all together – "on earth as it is in heaven." This little clause clarifies the place from where all this good will come – heaven itself. Neither the Kingdom nor the will of the King will come through human effort and striving; they are gifts of the King, grace dispensed by the hand of God alone, coming here on earth from Him in heaven. This is why Jesus invites us to pray, for prayer is the place where our needs meet God's grace. We cannot make His Kingdom come, but we can plead with Him to bring it as we pray.

Today, pray for God's Kingdom to come more in your own heart – that you would trust Him more as King, and seek the things of His Kingdom above all else in this world. Consider these passages:

- **Colossians 1:13-14** "He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins."
- Luke 12:29-32 "And do not seek what you are to eat and what you are to drink, nor be worried. For all the nations of the world seek after these things, and your Father knows that you need them. Instead, seek his kingdom, and these things will be added to you. Fear not, little flock, for it is your Father's good pleasure to give you the kingdom."

TUESDAY

Pray this morning for God's will to be done in your own life – that He would make his will clear to you, giving you the grace and courage to walk in it. Pray over the following verses:

- **Psalm 119:18** "Open my eyes, that I may behold wondrous things out of your law."
- Psalm 119:36-37 "Incline my heart to your testimonies, and not to selfish gain! Turn my eyes from looking at worthless things; and give me life in your ways."
- **Philippians 2:12-13** "Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, for it is God who works in you, both to will and to work for his good pleasure."

WEDNESDAY

Ask God to make His Kingdom come and His will be done more in our church family, making us into a community here on earth as we will one day be in heaven. Read over the following:

- Colossians 3:12-14 "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony."
- **John 13:34-35** "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another."

Ask God to stir our hearts for evangelism – bringing new children into His Kingdom as we live as ambassadors of the Gospel in our homes and neighborhoods. Consider these verses:

- 2 Corinthians 5:20 "Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God."
- Romans 10:14-15 "How then will they call on him in whom they have not believed? And how are they to believe in him of whom they have never heard? And how are they to hear without someone preaching? And how are they to preach unless they are sent? As it is written, "How beautiful are the feet of those who preach the good news!"

FRIDAY

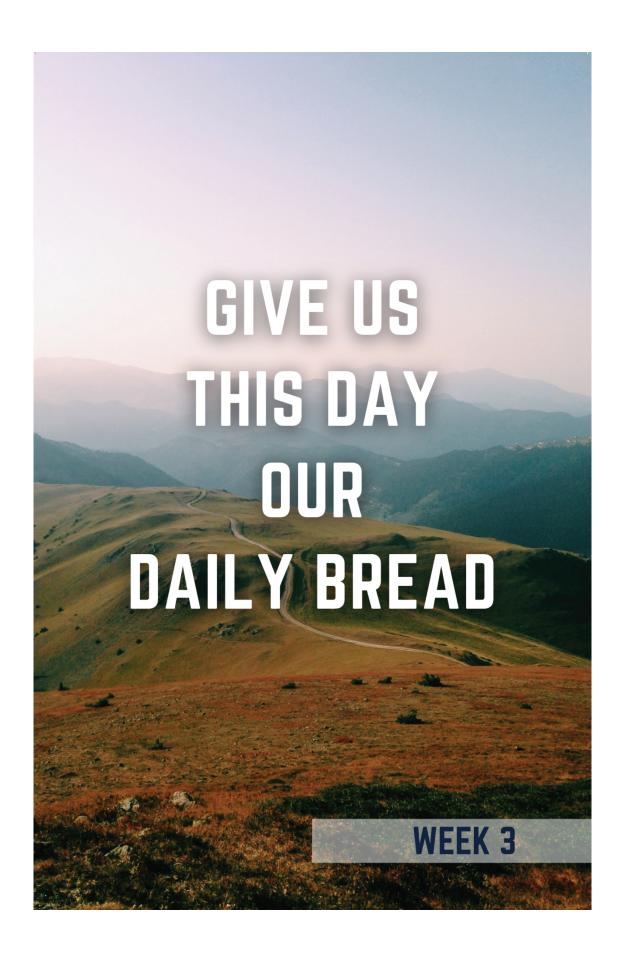
Ask God to let his Kingdom come more in our community, nation, and world through gospel repentance and transformation across the earth! Pray over the following passages:

- Acts 3:19-20 "Repent therefore, and turn back, that your sins may be blotted out, that times of refreshing may come from the presence of the Lord, and that he may send the Christ appointed for you, Jesus, whom heaven must receive until the time for restoring all the things about which God spoke by the mouth of his holy prophets long ago."
- Acts 19:19-20 "And a number of those who had practiced magic arts brought their books together and burned them in the sight of all. And they counted the value of them and found it came to fifty thousand pieces of silver. So the word of the Lord continued to increase and prevail mightily."

SATURDAY

Pray this morning for God to sanctify His people, allowing them to bring forth His love, mercy, and justice into the world as bright lights of His Kingdom. Reflect on the following:

- Matthew 5:14, 16 "You are the light of the world. A city set on a hill cannot be hidden... In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven."
- **James 1:27** "Religion that is pure and undefiled before God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world."



This week we begin the second half of the Lord's Prayer. While the first half focused primarily on God's nature, name, and kingdom, the next three petitions focus on God's providence, forgiveness, protection and deliverance.

Let's start with verse 11.

"Give us this day our daily bread" is another prayer with both physical and spiritual sides to it. The primary focus from Jesus here is the physical – he's inviting us to pray to God for our physical needs, reminding us once again that God is our loving father who cares for us. We are creatures, and our Creator knows that we have basic needs such as food, water, clothing, etc. In this prayer, we take the posture of receiving, knowing that every bit of food, every drop of water, and every need we have will be cared for today as gifts from our Father. As we pray, we step into dependency on God for each one of these daily physical needs.

Beyond our physical dependency, "give us this day our daily bread" invites us to remember our spiritual need for God as well. In Deuteronomy 8:3, we are taught that "man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord." Just as our bodies rely on food and water to survive, our souls require the nourishment of the Word of God each and every day. As we pray for "daily bread," we are asking God to feed us as we look to the scriptures – helping us by His grace to feast upon, enjoy, and be strengthened by them.

Truly, we need God to provide for us daily, that we might be sustained along the road he has placed before us. Jesus teaches us to pray as creatures dependent daily on our Creator. Thus, this week we will spend time praying to Him for both our physical and spiritual needs.

Today, pray for God to sustain you with daily bread for all of your physical needs. Consider the following scriptures:

- Matthew 6:26 "Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"
- Acts 14:17 "Yet he did not leave himself without witness, for he did good by giving you rains from heaven and fruitful seasons, satisfying your hearts with food and gladness."
- **Philippians 4:19** "And my God will supply every need of yours according to his riches in glory in Christ Jesus."

TUESDAY

Ask God to provide daily bread for the physical needs of your family and friends. Reflect on the following passages:

- 2 Corinthians 9:8-10 "And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work. As it is written, "He has distributed freely, he has given to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness.
- **Philippians 4:19** "And my God will supply every need of yours according to his riches in glory in Christ Jesus."

WEDNESDAY

Ask God to make His Kingdom come and His will be done more in our church family, making us into a community here on earth as we will one day be in heaven. Read over the following:

- Acts 4:34-35 "There was not a needy person among them, for as many as
 were owners of lands or houses sold them and brought the proceeds of
 what was sold and laid it at the apostles' feet, and it was distributed to
 each as any had need."
- **Philippians 4:19** "And my God will supply every need of yours according to his riches in glory in Christ Jesus."

Pray for God to provide for your spiritual needs today with daily bread from the scriptures to nourish and sustain your soul. Think about these passages:

- **Deuteronomy 8:3** "And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD."
- Matthew 4:2-4 "And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"

FRIDAY

Ask God to provide his daily bread of the Word to your family and friends, to meet their spiritual needs to be nourished and grow. Reflect on the following:

- Acts 2:42-43 "And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. And awe came upon every soul, and many wonders and signs were being done through the apostles."
- Romans 12:1-2 "I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."

SATURDAY

Ask God to provide daily bread this morning to our entire church family at Emmaus, sustaining us and maturing us through the power of His Word. Consider these passages:

- **Colossians 3:16** "Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."
- John 17:9,16-18 "I am praying for them. I am not praying for the world but for those whom you have given me, for they are yours... They are not of the world, just as I am not of the world. Sanctify them in the truth; your word is truth. As you sent me into the world, so I have sent them into the world."

AND FORGIVE US OUR DEBTS, AS WE ALSO HAVE FORGIVEN OUR DEBTORS

WEEK 4

This week, we focus on praying for forgiveness from sin with the fourth petition from the Lord's Prayer – "and forgive us our debts, as we also have forgiven our debtors."

As creatures living in a corrupted world, sin is inherent to our lives. While we are indeed made new creations through faith in Christ (2 Cor 5:17), the Bible is clear – we still carry sinful natures that wage war against us, leading into sin (Rom 7:18). Each day, in small and large ways, we fall short of God's glory and sin against Him; which means that confession and repentance are two vital parts of our lives before Him each day. When Jesus teaches us to pray "forgive us our debts," we are invited to once again to return to Him from our sins, resting anew in the forgiveness He bought at the cross. We pray this to repent of our failures and return to following Him again.

And we can't ignore the second clause, "forgive us our debts as we also have forgiven our debtors." As Jesus draws us back from our sin to Himself, he reminds us that we must also extend forgiveness to others. The word "as" implies a direct correlation between being forgiven and forgiving others, something Jesus made explicit in Matt 18:35. The Bible is clear, people who have truly received mercy will extend it to others who have sinned against them. As we repent of our sins and rest under God's forgiveness in Christ, we must also forgive those who have sinned against us. No matter how difficult that may be, we look to Christ for our example, remembering what he endured in forgiving us to give us strength to forgive others.

With all of this in mind, let's take time this week to repent from our sin, praying for sensitivity to its deceptive ways, and asking our forgiving Lord to help us forgive others as he's forgiven us.

Today, ask God for forgiveness for any known sins that you've recently committed. Reflect on this passage from David:

Psalm 51:1-4 – "Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin! For I know my transgressions, and my sin is ever before me. Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment."

TUESDAY

Pray to God this morning, asking for awareness and forgiveness for any sins you may have unknowingly committed. Consider this passage:

• **Psalm 139:23-24** – "Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!"

WEDNESDAY

Ask God this morning to sensitize our hearts to the true weight of all sin against him, leading us to genuine conviction and repentance.

- Colossians 3:5-6 "Put to death therefore what is earthly in you: sexual
 immorality, impurity, passion, evil desire, and covetousness, which is
 idolatry. On account of these the wrath of God is coming."
- 2 Corinthians 7:9-10 "As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us. For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death."
- Hebrews 12:1-2 "Therefore, since we are surrounded by so great a cloud
 of witnesses, let us also lay aside every weight, and sin which clings so
 closely, and let us run with endurance the race that is set before us,
 looking to Jesus, the founder and perfecter of our faith, who for the joy
 that was set before him endured the cross, despising the shame, and is
 seated at the right hand of the throne of God."

Pray this morning that God would allow you to grasp the full weight of how much you have been forgiven. Reflect on the following:

- Colossians 2:13-14 "And you, who were dead in your trespasses and the
 uncircumcision of your flesh, God made alive together with him, having
 forgiven us all our trespasses, by canceling the record of debt that stood
 against us with its legal demands. This he set aside, nailing it to the cross."
- Ephesians 2:4-9 "But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast."
- Read the record of Jesus's crucifixion in **Matthew 27:45-54**.

FRIDAY

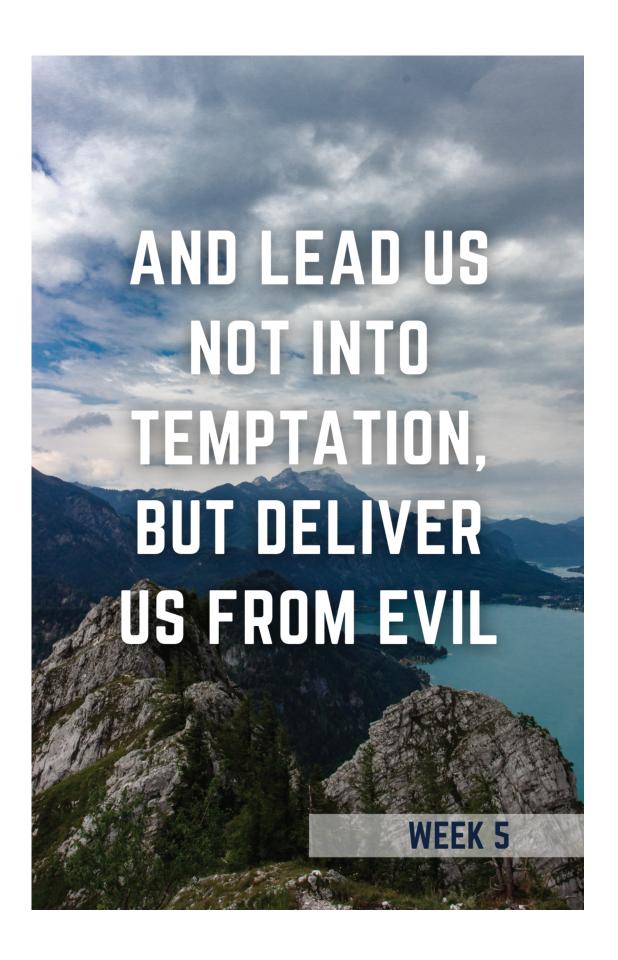
Today, pray that God would give you a heart willing to fully forgive those who have sinned against you. Pray specifically for those you struggle to forgive as you read these verses:

- **Ephesians 4:32** "Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."
- **Colossians 3:12-13** "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive."
- Matthew 6:14-15 "For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

SATURDAY

This morning, continue to pray for God to help you forgive those who have sinned against you, asking for protection from bitterness in your heart. Read these as you pray.

- Matthew 18:21-22 "Then Peter came up and said to him, "Lord, how often will my brother sin against me, and I forgive him? As many as seven times?" Jesus said to him, "I do not say to you seven times, but seventy-seven times."
- Hebrews 12:15 "See to it that no one fails to obtain the grace of God; that no "root of bitterness" springs up and causes trouble, and by it many become defiled;"



This week, we conclude our journey through the Lord's Prayer with a focus on its final petition, "and lead us not into temptation, but deliver us from evil." This prayer has two sides to it: praying against temptation and for deliverance. In both, Jesus beckons us into dependence on God as our protector and deliverer. Let's examine each more closely.

First, Jesus teaches us to pray that God would "lead us not into temptation." At its core, this is a prayer for protection from our own sinful natures. The Bible teaches us that temptation comes not from God himself, but from our own evil desires that lure and entice us into sin (James 1:13-14). We are tempted when our sinful desires meet opportunities to sin, and forsaking Jesus, we step willingly out of His ways into our own. As we pray "led us not into temptation," we are asking God to intervene in these moments as our protector, guarding our path, crucifying our flesh, and leading us away from any temptation to sin with His mighty strength.

Jesus goes on, teaching us to pray also for deliverance — "but deliver us from evil." This is a prayer against Satan and his schemes. Scripture teaches us "the devil prowls around like a roaring lion, seeking someone to devour" (I Peter 5:8). He is a deceiver with limited power in this age, and will one day surely be crushed forever (Romans 16:20). As we pray for deliverance, we remember that God is stronger than all powers of darkness in this world. He is the Great Deliverer — the God who split the Red Sea to deliver Israel from Egypt, who muzzled the lions to protect Daniel in their den, and who purchased eternal victory for his people on the cross. As we pray "deliver us from evil," we cry out to Him for strength and perseverance through the temptations and trials of this age, delivering us unto eternal life with Him forever.

As we enter our final week of prayer together, we will pray to this glorious God who protects and delivers us from sin and Satan during our lives here on the earth. We will pray this for ourselves, for our families, and our church, with confidence in the grace of God to strengthen us for endurance in the face of temptation and sin.

Today, ask God to make your heart sensitive to sin and sober-minded of the cunning ways of Satan in temptation. Reflect on the following:

- 1 Peter 5:8-9 "Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world."
- James 1:13-15 "Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin and sin when it is fully grown brings forth death."
- Matthew 5:29 "If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell."

TUESDAY

Pray that when you enter into temptation, God would deliver you from it. Ask Him to not allow you to fall into sin, but by the grace of Christ, conquer it.

- 1 Corinthians 10:13 "No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it."
- **John 17:15** "I do not ask that you take them out of the world, but that you keep them from the evil one."
- **Romans 8:37** "No, in all these things we are more than conquerors through him who loved us."

WEDNESDAY

Pray that as temptation comes throughout your life, you would endure with faithfulness and joy in the grace and strength of Christ. Read these verses:

- **James 1:2-3** "Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness."
- 2 Corinthians 12:9 "But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me."
- Romans 5:3-5 "Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us."

Today, pray over the following verses, asking God to clothe you in his powerful armor, one of our greatest Biblical protections against sin and Satan. Pray through each piece:

• **Ephesians 6:10-18** - "Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication."

FRIDAY

This morning, pray for your family and friends - that God would be their protector and deliverer from temptations that they face. Consider the following:

- **Ephesians 6:12** "For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places."
- **Psalm 34:4-7** "I sought the Lord, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed. This poor man cried, and the Lord heard him and saved him out of all his troubles. The angel of the Lord encamps around those who fear him, and delivers them."

SATURDAY

As we conclude this journey, pray for our church. Ask God to protect Emmaus from the schemes of the enemy and make us a bright light for His Kingdom in our community. As you pray, reflect on the following prayer of Jesus:

• Read John 17:9-18

