



THE  
EMMAUS  
INSTITUTE

# Discipleship Classes

WINTER 2023

## SINGLE & NEVER ALONE *Exploring Biblical Singleness*

### **CLASS INFORMATION**

Class Title: Singleness and Never Alone

Class Subtitle: Exploring Biblical Singleness

Class Description: God's Word has a lot to say about being single, and it is vital to understand His plan for your singleness. The goal of this class will be to expose myths and reveal truths about what it means to be single in today's church. We will affirm what God has already said about you in His Word, reminding you to rest in Him and His plans for you in singleness. You are not "broken" or "incomplete" because you are not married. Jesus uses singles in the Church in a mighty way! Join us as we study this together!

Teacher Biography: *T.J. and Sarah will be married for six years in April. They live in Flowery Branch with John and Aaron, 3.5 and 1. T.J. has been at Emmaus since 2013, and Sarah since 2015, with a year away during 2019. Both value community, the local church, and the mystery that is Christ and His Church. They have served at Emmaus as MC leaders in the past, in music/tech ministry, student ministry, and other spaces depending on the season. T.J. and Sarah got married at 39 and 30, respectively, both feeling as though they didn't marry "young" according to the cultural norm that exists in the South. They are excited about what God is going to do in their hearts and yours as He teaches us through His Word, with a companion book, about how much He loves us no matter our situation or circumstances.*

Class Resources/Books: Each participant will receive *7 Myths of Singleness* by Sam Allberry

### **CLASS OUTLINE**

#### ***Week 1 - Wednesday, January 4***

Title: Identity

Description: This week we will be talking about 2 myths: "Singleness is Too Hard" and "Singleness Requires a Special Calling." *Assigned reading: Introduction, Chapters 1 and 2*

As a single, It's easy to long for marriage thinking it will be easier or that you are missing out on something, but most of our views on both singleness and marriage are flawed. We will be talking about the many benefits of being single with the greatest one being "undivided devotion to the Lord".

## ***Week 2 - Wednesday, January 11***

Title: Community

Description: This week we will be discussing the next 2 myths: “Singleness Means No Intimacy” and Singleness Means No Family”. *Assigned reading: Chapters 3 and 4*

Too often “intimacy” and “sexuality” are conjoined as inseparable but intimacy actually means a “close familiarity or friendship”. Even as singles, we are called to such an intimacy with Jesus and with our church. We are called to be a part of something deeper and surround ourselves with believers to whom we can confess and allow into the dark parts of our lives. This is the Church and the Gospel at work.

## ***Week 3 - Wednesday, January 18***

Title: Maturity

Description: The next 2 myths: “Singleness Hinders Ministry” and “Singleness Wastes Your Sexuality”. *Assigned reading: Chapters 5 and 6*

Singleness reminds us that one day there will be no marriage. In heaven, everyone will be single as we (the Church) will all be in perfect relationship with our Bridegroom. Only Jesus can satisfy our deepest longings, something earthly marriage cannot do.

## ***Week 4 - Wednesday, January 25***

Title: Purity

Description: This week we will talk about the last myth, “Singleness is Easy” as well as the Conclusion and Appendix, “Four Ways to Avoid Sexual Sin”. *Assigned reading: Chapter 7, Conclusion, and Appendix*

Being single has its challenges and can feel depressing at times. You watch your friends get married and their priorities shift and you find yourself outside the fold. Sexual sin wreaks havoc on your life and you can’t seem to get victory. We will explore practical ways to combat these challenges and overcome the dark days of singleness.