

21-Days Prayer & Fasting Guide

September 7 – 28, 2025

Fasting Rhythm: Each week, fasting begins **Sunday morning** and continues through **Tuesday morning** (breakfast after prayer on Tuesday).

Introduction

The early church in Acts was marked by prayer, fasting, and a radical dependence on the Holy Spirit. As we set aside food and comfort to seek God, we are asking Him to prepare fertile ground in our hearts, in our community, and in Spring Hill. This season is about pursuing intimacy with God through Jesus and the Spirit—not just activity, but deep abiding.

Use this guide daily. Read the passage from Acts, reflect, and pray through the prompts.

WEEK ONE: Acts 1 – Preparing the Ground

September 7–13

- **Sunday (Acts 1:4–8)** – Pray for the power of the Holy Spirit to fill our church, that we may be His witnesses.
- **Monday (Acts 1:12–14)** – Pray for unity and perseverance in prayer among our team and families.
- **Tuesday (Acts 1:24–26)** – Pray for God’s guidance in raising up leaders and workers for the harvest.
- **Wednesday (Acts 2:1–4)** – Pray for a fresh outpouring of the Spirit as we gather and scatter.
- **Thursday (Acts 2:42)** – Pray that our community would be devoted to teaching, fellowship, breaking bread, and prayer.
- **Friday (Acts 2:43–47)** – Pray for fertile ground in Spring Hill—that God would add daily to His church those being saved.

- **Saturday (Reflection)** – Ask God to prepare your own heart as good soil for His Word and His mission.

WEEK TWO: Acts 4 – Boldness in the Spirit

September 14–20

- **Sunday (Acts 4:8–12)** – Pray for boldness to proclaim the name of Jesus with clarity and love.
- **Monday (Acts 4:23–31)** – Pray for a Spirit-filled courage in the face of opposition or fear.
- **Tuesday (Acts 4:32–35)** – Pray for radical generosity and unity in our church family.
- **Wednesday (Acts 5:12–16)** – Pray that our gatherings would be marked by power, healing, and signs that point to Jesus.
- **Thursday (Acts 6:1–7)** – Pray for wisdom in organization and leadership so that the Word of God increases.
- **Friday (Acts 7:54–60)** – Pray for strength to endure hardship and to forgive as Stephen forgave.
- **Saturday (Reflection)** – Ask God to make you sensitive to the Spirit's leading and quick to obey.

WEEK THREE: Acts 9 – Transformation and Sending

September 21–27

- **Sunday (Acts 9:1–9)** – Pray for God to encounter and transform hearts in Spring Hill, even the unlikely ones.
- **Monday (Acts 9:10–19)** – Pray for bold obedience, like Ananias, to step into Spirit-led assignments.

- **Tuesday (Acts 9:20–22)** – Pray for new believers to be strengthened quickly in faith and courage.
- **Wednesday (Acts 10:34–48)** – Pray for a multi-ethnic, Spirit-filled church that reflects the Kingdom.
- **Thursday (Acts 11:19–26)** – Pray for Way Church to be a sending church, raising up disciples who make disciples.
- **Friday (Acts 13:1–3)** – Pray for intimacy with God in worship and fasting, that He would clearly call and send workers.
- **Saturday (Reflection)** – Ask God to deepen your intimacy with Him—hearing His voice, resting in His presence.

SUNDAY, SEPTEMBER 28: Celebration & Commissioning

Acts 20:22–24 – Pray that we would finish the race and complete the task the Lord Jesus has given us: the task of testifying to the good news of God’s grace.

Break your fast with thanksgiving and celebration.

Prayer Themes Throughout

- **Fertile Ground** – Pray that hearts in Spring Hill would be soft and ready for the Gospel.
- **Intimacy with God** – Seek daily communion with the Father through Jesus, by the Spirit.
- **Empowerment** – Ask for the Spirit’s filling for boldness, wisdom, and mission.
- **Unity** – Pray that our team would be one, just as the Father and Son are one.

- **Multiplication** – Pray for disciples, leaders, and new gatherings to multiply for the Kingdom.