

## Windsor Park Life Group Growth 2026

### — Beginning the Year Together

#### 1. Celebrate the Group!

- What do we appreciate about this group of people?
- What are some of our favourite memories from last year?
- Why do we want to keep maturing / deepening our faith in 2026?

**Philippians 2:**<sup>12</sup> *Therefore, my dear friends,..... continue to work out your salvation with fear and trembling,* <sup>13</sup>*for it is God who works in you to will and to act in order to fulfill his good purpose.*

**Hebrews 10:23-24** *"Let us hold unswervingly to the hope we profess... And let us consider how we may spur one another on toward love and good deeds."*

*If you always do what you've always done – You'll always get what you've always got.*

#### 2. Deepening & Maturing as a Life Group:

What do we want to invest in as a group in 2026 to keep deepening & maturing our faith?

##### A. Mission & Serving Others = “Love God/Love People”

- **Practice:** *“We grow when we live beyond ourselves—serving others reflects God’s love.”*
- **Ideas:** Use *Practicing the Way* ‘s “Service Practice” video series.
  - Serving an area or people group in or outside the church. **See list**
  - Inviting friends and neighbours to a Life Group event e.g. BBQ, walk etc.
  - Going on an Exposure trip together. Inside or outside NZ. **See list**



- Other.....

## B. Prayer Practices

- **Practice:** *Intentionally growing in Prayer Practices & listening to God.*
- **Ideas:** Use *Practicing the Way's "Prayer Practice"* video series.
  - Space to pray each time you meet. Use Whatsapp for during the week.
  - Keep a prayer journal of prayer needs and answers. Thank God for answers.
  - Learn different types of prayer e.g. Lament, the Examine, Contemplative etc.
  - Other...

## C. Scripture

- **Practice:** *Intentionally growing in our love and understanding of the bible*
- **Ideas:** Use *Practicing the Way's "Scripture Practice"* video series.
  - Choose a book of the bible and find an in-depth study with homework.
  - Try different ways of reading scripture e.g. Lectio Devina
  - Other ....

## D. Generosity

- **Practice:** *Growing in Generosity by the invitation to live simply & give*
- **Ideas:** Use *Practicing the Way's "Generosity Practice"* video series.
  - Choose scriptures on generosity and find ways to action them.
  - Ways to give not just money but time, care, support,
  - Invite Grant Harris to come and speak on this
  - Other.....

## E. Vulnerability

- **Practice:** *Growing in closeness through authentic sharing and accountability*
- **Ideas:** Share your testimonies with each other. One a week before the study.
  - Study Pete Scaferro's "*Emotionally Healthy Spirituality*" together.
  - Use *Practicing the Way's "Community Practice"* video series.
  - Break into smaller groups for trust. Be honest and be supported.
  - Other.....

## F. Social Connection

- **Practice:** *Growing in relationship through celebration & joy.*
- **Ideas:** Meet together for birthdays and meals at homes and cafés.
  - Make space to share how you are each week in smaller groups.
  - Start with a meal or share a cuppa and food.
  - Other....



#### G. Sensitivity to the Holy Spirit and using my Spiritual Gifts

- **Practice:** *Growing with the Holy Spirit through listening & obedience*
- **Ideas:** Do the *Discover Your Design* course. Invite Heather A-B. Then discern putting the gifts into practice.
  - Do the *Naturally, Supernatural Course* at Windsor together.
  - Do a study on the Holy Spirit and apply it.
  - Other....

### 3. Be Intentional to Live Out the Practice with Two Steps:

**1. Write down** the 1–2 practices for the next season (A term, 6 months, 1 year)

**2. Review and reflect monthly:** *"How are we going? How is this practice forming us?"*

### 4. Ideas for Windsor Park Life Groups for Mission and to Serve:

#### As a Life Group

- An Exposure/Mission trip together through Joyya, Tearfund, MAF, South Auckland, the Far North or SIM etc.
- Baking for shut ins and sick, Kiwi Harvest, Lean In etc.
- Organize a fundraiser for Joyya, Take 7, Mission trip or your fav course etc.
- Hospital chapel services (the team that runs chapel services at NSH needs backups - Milford Baptist sends a team once a month)
- Pick an organization/ministry to partner with as a life group (could support through prayer, finances, visits)
- Helping elderly or sick around with house maintenance
- The gardens around Windsor once a year.
- Kiwi Harvest Christmas meal on a Wednesday.
- Soup Socials for the over 80's in winter or Kiwi Harvest.
- Helping immigrants or solo mum's move house.
- Refresh helping with the children or in the kitchen.
- Freezer meals for sick, elderly, new babies etc.
- Take 7, sorting clothes for the clothes truck

#### As an Individual

- An Exposure/Mission trip through Joyya, Tearfund, MAF, South Auckland, Far North or SIM etc.
- Volunteering with the homeless
- Kiwi Harvest on a Wednesday morning for 3 hours
- Windsor Earth Team
- Prison Ministry
- Mainly Music volunteer
- Power Up as a coach for the kids or in the kitchen



- Alpha as a table host or cooking meals
- Meal Train Team – or back up
- Senior support to visit in hospital or homes.
- Making Freezer meals for moments of need.
- Hymns and Communion speaking or leading the worship.
- Take 7 volunteering on the clothes truck on a Tuesday or Wednesday for 3 hours.
- Drivers for elderly for Sunday church or over 80 socials.