



Groups Guide

FOREST HILLS
BAPTIST CHURCH

FALL 2026

Welcome to our Groups Guide for Fall 2026! My hope is that this resource helps you easily find your place in a discipleship group this season. We believe everyone can benefit from connecting in a Sunday Morning Group and a Midweek Group or D-Group. Whatever your stage of life, there's a group where you can belong and grow.

At Forest Hills Baptist Church, multigenerational worship and discipleship are at the heart of who we are. We love seeing generations come together to study God's Word, encourage one another, and grow in our love for Jesus. Our groups are one of the primary ways we live that out at Forest Hills.

Take some time to look through all the groups available this fall. This guide is your go-to resource for everything happening in our discipleship ministry. If you have questions or need help finding the right place to jump in, I'd love to help.

We're excited to see how the Lord is going to work through all our groups this semester!

*We love seeing
generations
come together
to study God's
Word, encourage
one another, and
grow in our love
for Jesus.*



Matt Longworth

MATT LONGWORTH
ASSOCIATE PASTOR OF DISCIPLESHIP

OUR MISSION

Forest Hills' mission is to glorify God by making Gospel-centered disciples who LOVE, GROW, SERVE, and GO.

Sunday Morning Groups

Sunday Morning Groups are weekly groups that are designed to be centered on deep, thoughtful Bible teaching that encourages meaningful discussion and real-life application. They're a place where authentic relationships are built—where you'll find encouragement, connection, and care in every season of life. Whether you're new to faith or have been walking with Jesus for years, you'll find a group to belong and grow. All of our groups meet at 9:45am in various locations around the campus and are organized by age, gender, stage of life, and more.

Midweek Groups

Midweek Groups meet seasonally and are designed to dive into specific topics and biblical truths that equip disciples to love, grow, serve, and go in their everyday lives. Each session is practical and rooted in God's Word—whether it's exploring a book of the Bible, strengthening different types of relationships, or learning how to live out your faith in today's world. These groups offer a short-term commitment and a great opportunity to grow in your understanding of Scripture while connecting with others. Our Midweek Groups offer something for every age!

D-Groups

D-Groups are intentional, 4-6 person gender-specific groups, dedicated to transformational growth through studying God's Word, prayer, and accountability with the purpose of multiplying faithful disciples of Christ. Each group meets weekly or every other week for one year before multiplying into new groups. The format of a D-Group is not a teacher-student model, but a group discussion. Each group is encouraged to utilize the H.E.A.R. method in studying the Bible individually and use that as a guide for their discussion as they meet together.

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Schedule

SUNDAY MORNINGS

8:30am	Worship Services Preschool Groups
9:45am	Sunday Morning Groups (All Ages)
11am	Worship Service Preschool Groups

WEDNESDAY MORNINGS

9:30am	Women's Breakfast
10-11:30am	Women's Bible Studies

WEDNESDAY EVENINGS

5-6pm	Fellowship Meal
6-7:30pm	Preschool Groups Kids Groups Student Groups
6-7:15pm	Adult Groups

Sunday Morning Groups

5

PRESCHOOL GROUPS | 8:30AM

GROUPS *New? Check in at the preschool check-in desk!*

ROOM

Bears (Birth) D105

Turtles (Crawlers) D107

Zebras (Walkers) D102

Monkeys (2 Years) D104

Lions (3 Years) D109

Cheetahs (4 Years-PreK) D112

PRESCHOOL GROUPS | 9:45AM

Baby Bears (Birth) D105

Turtles (Crawlers) D107

Zebras (Walkers) D102

Monkeys (2 Years) D104

Lions (3 Years) D109

Cheetahs (4 Years-PreK) D112

PRESCHOOL GROUPS | 11AM

Bears (Birth) D105

Turtles (Crawlers & New Walkers) D107

Zebras (Walkers) D102

Monkeys (2 Years) D104

Lions (3 Years) D109

Cheetahs (4 Years-PreK) D112

KIDS GROUPS | 9:45AM

GROUPS *All kids groups drop off in the Kids Rally Room.*

ROOM

Kindergarten D210

1st Grade D209

2nd Grade D208

3rd Grade D205

4th Grade Boys D203

4th Grade Girls D204

5th Grade Boys D217

5th Grade Girls D215

STUDENT GROUPS | 9:45AM

GROUPS *All middle and high school groups are in the Student Center.*

ROOM

6th/7th Grade Guys SC202

6th/7th Grade Girls SC206

8th Grade Girls SC205

8th Grade Guys SC203

9th Grade Guys SC225

9th Grade Girls SC224

10th/11th Grade Girls SC222

10th/11th Grade Guys SC221

12th Grade Coed SC215

COLLEGE & YOUNG ADULT GROUPS | 9:45AM

GROUPS/LEADER

AGE RANGE

GROUP

ROOM

College Aged (Benny & Andi Hauk) 18 - 22 Coed SC B Hall

Young Professionals 20s (David & Kimberly Bennett) 20s Coed C101

Young Professionals 30s (Key & Anne Holleman) 30s Coed C207

Young Marrieds 1 (Gary & Brenda Hauk, Austin & Campbell Wouters) 20s Coed C203

Young Marrieds 2 (Danny & Emily Briley) 20s - 30s Coed C103

Sunday Morning Groups

ADULT GROUPS | 9:45AM

GROUPS/LEADER	AGE RANGE	GROUP	ROOM
Emmitt & Heidi Beall, Jacob & Lindsey Catlett	30s	Coed	C205
Andy Cammuse, Hunter Elrod, Marshall Leslie	30s - 40s	Coed	A201
Kevin Eakes, Reid Patterson, Hagan Stone	30s - 40s	Coed	C204
Rob Pautienus, Russell Tyree, Tommy White	30s - 40s	Coed	C202
Rob Ivy (Building Faith & Family)	40s - 50s	Coed	A202
Bonnie Davis & Jennifer Adams (Discovery)	40s - 70s	Women	B210
Larry & Pam Swift (Living Word)	40s - 70s	Coed	C102
Jerry Winfield (Grace Place)	40s - 70s	Coed	Choir Suite
Ted Murphy, William Summey	50s - 60s	Coed	B211
Jody Sadler	50s - 60s	Coed	B212
Chris Brown, Ralph Hildabrand	50s - 60s	Coed	B214
Regina Aldridge, Teresa Gorham, Jeretha Young (Koinonia)	50s - 60s	Coed	A204
Nancy Dunn (Dear Daughters)	50s - 70s	Women	A200
LaVerne Baugher, Ronnie Jackson	50s - 70s	Coed	A105
Kenny Beam, Hugh Black, Jim Goodloe, Joe Hutts	60+	Coed	B112
Greg Gore, Mark Neal, Jim Woodbury	60+	Coed	B217
Morlee Maynard, Steve & Carol Smith (The Circle)	60+	Coed	A203
Richard Penney (Coles Memorial)	60+	Coed	B114
Ted Gleason, John Rush, Bill Sumners, Jamie Tillman (Seekers)	60+	Coed	B116
Larry Thrailkill	60+	Coed	Chapel
Paul White (Christ Alone)	60+	Coed	A103
Bert Clouse, Bob Haynes, Hank Miles, Moti Sudeen (Brotherhood)	70+	Men	B118
Charlotte Young, Jean McCord (Ruth Class)	70+	Women	A104



Wednesday Mornings

Women

9:30AM

WOMEN'S BREAKFAST

10-11:30AM

WOMEN'S BIBLE STUDY

Registration is only required for childcare, but registration is requested for everyone attending to assist in having enough resources and space. Register online at fhbc.org/women.

Forest Hills Women's Ministry is dedicated to fostering the transformational growth and intergenerational discipleship of women, while supporting the mission, vision, and goals of all other ministries of Forest Hills Baptist Church.

1 AND 2 THESSALONIANS

Nancy Dunn | A200

Take time to dig deeper into 1 and 2 Thessalonians discovering each book's powerful truths and what they mean for us today. Revisit the hope that comes from the gospel and our inheritance with Christ, the reality of the new covenant, the importance of holy living and many other topics in these two instructive books.

August 19-November 18 | No Homework | Free

FEARLESS MOMS

Melissa Whitworth and others | C100

Do you want to be encouraged and fully equipped in your role as a mother? Are you looking for practical tools for everyday parenting? No matter where you are in your mom-journey, Fearless Moms is a judgement-free zone where you can connect with other moms and become the mom God created you to be.

September 2-November 18 | No Homework | Free

GALATIANS by Elizabeth Woodson

Courtney Mize & Jenna Pautienus | C103

We long for peace and freedom, often looking to things like relationships and success to provide it. However, when we rely on these things instead of Christ, they become false saviors that leave us more bound than free. In this 8-session study of Galatians, Elizabeth Woodson shows that this struggle isn't new. Through Paul's letter, we see that true freedom and lasting peace are found in the gospel alone, through the abundant life Jesus offers.

August 19-October 7 | \$15



Women

THE COVENANT: INDUCTIVE BIBLE STUDY

Bonnie Davis & Linda Hoss | C101

There is an incredible thread running from Genesis through Revelation. God entered into a binding agreement with His people and has always kept His promises. Trusting Him as a Covenant Keeper frees us from the bondage of worry and anxiety. Our goal in this study is to have an encounter with the Living God through the study of His Word and for this encounter to transform us.

August 19 - November 18 | \$20

INSIGHTFUL READING

Morlee Maynard | C124

When we meet each Wednesday, let's engage each other in what we are learning about God as we read Enrichment Center fiction and nonfiction books. Select books you want to read at your own pace with our reading group. If you wish to participate by Zoom, email Morlee (enrichment.center@fhbc.org).

August 19 - November 18 | Free

JOSHUA *by Jen Wilkin*

Sheila Moss & Cornelia Leslie | B210

The book of Joshua shows God faithfully fulfilling His promises to Abraham as Joshua leads Israel into the promised land. In this time of transition, the people face challenges that test their strength and courage, yet God's covenant remains steadfast, and Joshua's faithfulness points to Christ. In this 10-session study, Jen Wilkin highlights how God's commands, though sometimes difficult, flow from His steadfast love. Israel's story mirrors ours—we no longer fight physical battles, but spiritual ones, trusting in the finished work of Jesus, the true and better Joshua.

August 19 - November 4 | \$20

I AM: THE IDENTITY OF JESUS

Lori Carter and Susan West | A105

In this new study by the Precepts ministry, there's a deeper way to know Jesus and it begins with His own words. In "I AM: The Identity of Jesus," you'll walk through the "I AM" statements in the Gospel of John and discover the truth of who He is.

August 19 - November 18 | \$10



SCAN THE QR CODE TO REGISTER FOR A WOMEN'S GROUP!

Registration is not required, but it helps us to prepare materials ahead of time.

Wednesday Evenings

MIDWEEK GROUPS

9

FELLOWSHIP MEAL

5-6pm | Fellowship Hall

\$7 Adults/Students, \$5 for Children ages 4-12,
College Students and Children 3 and under are Free
(Family Maximum of \$25)

[View weekly menu at fhbc.org/midweek](http://fhbc.org/midweek)

PRESCHOOL

6-7:30pm | Preschool Hall

On Wednesday nights, preschoolers enjoy Wiggle Worship, fun playtime, and engaging Bible lessons that teach foundational truths and help plant seeds of the gospel in their hearts.

[Learn more at fhbc.org/preschool](http://fhbc.org/preschool)

KIDS (K-5th Grade)

6-7:30pm | Kids Rally Room

Wednesday nights are the place to be for Kindergarten through 5th grade! Kindergarten-2nd graders will have a blast in Club K-2, where they'll enjoy an exciting classroom experience filled with Bible lessons, games, and crafts. Their night wraps up with high-energy worship and fun in Kids Jam in the Kids Rally Room!

3rd-5th graders meet in Studio 3.4.5 in the Kids Rally Room for large group fun games, worship, and a dynamic Bible lesson before transitioning into Track Times, where they participate in a specialized class of their choice for the entire semester! Tracks include: Praise Crew, X-Treme Missions, Cartooning for Christ, Plugged In, Build It, Bake & Make.

[Learn more at fhbc.org/kids](http://fhbc.org/kids)

STUDENTS (6th-12th Grade)

6-7:30pm | Student Center

A gathering time of middle and high school students that is filled with meaningful discipleship, purposeful games, intentional worship and Scripture-centered teaching... all while forming connections and growing in lifelong relationships with Jesus and with one another.

[Learn more at fhbc.org/students](http://fhbc.org/students)





Women

JOSHUA *by Jen Wilkin***Diane Wright | 6-7:15pm | C101**

The book of Joshua shows God faithfully fulfilling His promises to Abraham as Joshua leads Israel into the promised land. In this time of transition, the people face challenges that test their strength and courage, yet God's covenant remains steadfast, and Joshua's faithfulness points to Christ. In this condensed 8-session study, Jen Wilkin highlights how God's commands, though sometimes difficult, flow from His steadfast love. Israel's story mirrors ours—we no longer fight physical battles, but spiritual ones, trusting in the finished work of Jesus, the true and better Joshua.

August 19–October 7 | Homework | \$20

HEBREWS: THE KEY TO LIVING BY FAITH**Shawn Lantz | 6-7:15pm | A200**

This Precepts inductive study of Hebrews reveals the assurance that Jesus is our high priest who makes intercession for all of God's children. As readers learn to keep their focus on Jesus and rely on His faithfulness in all situations, they gain a deeper understanding of God's grace and provision.

August 19–October 7 | Homework | \$10

REFLECTIONS FOR WOMEN**Morlee Maynard | 6-7:15pm | C124**

When we meet each Wednesday, let's engage each other in what we are learning about God as we read Enrichment Center fiction and nonfiction books. Select books you want to read at your own pace with our reading group. If you wish to participate by Zoom, email Morlee (enrichment.center@fhbc.org).

August 19–October 7 | Free



Men

THE HOLY SPIRIT (PART 1)**Various Leaders | 6-7:15pm | C202**

Join us for an 8-week journey through "The Holy Spirit" by Billy Graham as we discover who the Holy Spirit is and how He works powerfully in the lives of believers. Together, we'll explore biblical truth about the Spirit's presence, guidance, power, and purpose in our everyday walk with Christ. This study will encourage and challenge you to grow deeper in your faith while learning to live with greater dependence on God's Spirit. Whether you're new to the topic or have studied it before, this series will help you better understand and experience the transforming work of the Holy Spirit.

August 19–October 7 | \$10

IRON SHARPENS IRON**Travis Walters | 6-7:15pm | A202**

Join us Wednesday evenings this fall for intergenerational discussions among men of Forest Hills. Focused on everyday life experiences and books we are reading, our discussions and time together each week will be one of accountability, introspection, encouragement, and spiritual growth. When we open up and share together as men, the conversations become truly life-giving.

August 19–October 7 | Free



**SCAN THE QR CODE
TO REGISTER FOR AN
ADULT GROUP!**

Registration is not required,
but it helps us to prepare
materials ahead of time.

Co-Ed

Tracks help give focus and strategy to our adult discipleship groups on Wednesday evenings. Our hope is that they provide clarity and direction when trying to choose a group!

BIBLICAL STUDIES & THEOLOGY TRACK

THE KINGS AND THE KING

Charlie Coffey | 6-7:15pm | Chapel

Join us for The Kings and The KING, an 8-week journey through the history of Israel and Judah as we explore leadership characteristics, the rise and fall of kings, the exile, the return to the land, and the years leading up to Christ's coming. Drawing from books such as Kings, Chronicles, Ezra, Nehemiah, and the Minor Prophets, this study reveals God's faithfulness to His people even in seasons of rebellion and hardship. Throughout every generation and every kingdom, we'll see the greater story of God's redemption unfolding and ultimately pointing to Jesus Christ—the true and eternal King. August 19–October 7 | Free

MARRIAGE & FAMILY TRACK

GRANDPARENTING: INFLUENCING TODAY, INSPIRING TOMORROW

Gary and Brenda Hauk | 6-7:15pm | C102

Grandparenting is more than spoiling grandchildren—it's a God-given calling. Explore biblical, intentional and practical ways to influence your grandchildren, encourage parents, strengthen your family, and leave a spiritual legacy.

August 19–October 7 | Free

FULL CIRCLE PARENTING: NAVIGATING CRUCIAL CONVERSATIONS

Travis and Ashley Hamilton & Rob and Jenna Pautienus | 6-7:15pm | C203

Parenting is one of God's greatest callings—and one of life's greatest challenges. Join us for this 8-week study through Full Circle Parenting as we discover practical, biblical wisdom for raising children who know, love, and follow Jesus. Whether your children are young or grown, you'll be equipped to parent with intentionality, grace, and an eternal perspective while building a Christ-centered legacy that impacts generations to come.

August 19–October 7 | \$10/couple



CHRISTIAN LIVING TRACK

SPIRITUAL GIFTS

Kenneth Bonnett | 6-7:15pm | C100

Discover how God has uniquely designed and gifted you for His purpose through this 8-week study on spiritual gifts. Together, we'll explore what Scripture teaches about the gifts of the Holy Spirit and how every believer has a role to play in building up the body of Christ. This study will help you identify your gifts, grow in confidence to use them, and encourage you to serve others with greater passion and purpose. Whether you already know your spiritual gifts or are just beginning to explore them, this journey will equip you to live out your calling in the church and beyond.

August 19–October 7 | \$10

EVERYDAY REVOLUTIONARY

Andi Hauk & Matt Longworth | 6-7:15pm | C101

Join us for an 8-week study that challenges believers to see their everyday lives as opportunities to join God's mission. Based on J.D. Greear's teaching, this study will help you move beyond viewing ministry as something only pastors and missionaries do and embrace your calling to make disciples wherever God has placed you. Through biblical teaching, practical application, and encouraging discussion, you'll discover how ordinary Christians can make an extraordinary impact for the Kingdom. Learn how to live with gospel purpose and become part of the revolution God is advancing through His people every day. Purchase of regular book is optional (study guide included in cost).

August 19–October 7 | \$10



Ongoing Midweek Groups

FRIDAY MEN'S GROUP

Fridays | 6-7:30am | Fellowship Hall

Join other men every Friday morning for Bible study and breakfast around tables in the Fellowship Hall. This is a great opportunity to join an ongoing midweek group to fellowship with and meet other men at Forest Hills.

RUTH

August 7-September 4

Led by Micah Stephens

GUARDING OUR HEARTS AND PURSUING GOD

September 11-October 9

Led by Rob Lantz

COMMANDS OF CHRIST: CONTINUED

October 16-November 20

Led by Ronnie Smith

GRIEFSHARE

Barbara Gibson Tyndall

Sundays | August 9-November 15 | 3-5pm | C101

You don't have to go through the grieving process alone. GriefShare is a free, 14-week support group designed to help you live life after losing a loved one. You'll find a caring group of people who will walk alongside you through life's most difficult experiences.

Learn more and register at fhbc.org/griefshare

YOUNG ADULT COMMUNITY GROUP

Sundays | 5:30-7:30pm | Offsite

Singles and married couples are invited to join us for free, weekly dinner followed by games and Bible study.

Learn more at fhbc.org/youngadults

ADULT CHOIR REHEARSAL

Scott Shepherd

Wednesdays | 7:15pm | Choir Room

As an act of worship, the Sanctuary choir supports our church's efforts to glorify God by making Gospel-centered disciples who love, grow, serve, and go. As the choir prepares each week, participants have the opportunity to be discipled through the worship songs they learn and sing.



D-GROUPS



DO YOU LONG TO GROW DEEPER IN GOD'S WORD WHILE BUILDING MEANINGFUL CONNECTIONS AND ACCOUNTABILITY WITH OTHERS?

Consider starting or joining a D-Group—a small, gender-specific intentional gathering of 4-6 people who meet weekly to study Scripture, pray, and encourage one another in living out the Gospel. Using the Forest Hills Bible reading plan (or any other), these groups are designed to help you grow spiritually and multiply your impact by making disciples. Whether you meet at home, in a coffee shop, or at church, the goal is the same: transformational growth through God's Word, community, and intentional discipleship. These groups meet for one year and then multiply to make new groups. Ready to take a step of faith and start your journey? Register your group today and be part of what God is doing!

“My D-group has been and continues to be one of the very best of my many great experiences at Forest Hills.”

LEE SHAW



**Scan the
QR code to
register for
a D-Group!**



GO Sunday

September 27

Join us for GO Sunday as we celebrate what God is doing through missions at Forest Hills and discover ways you can get involved. Throughout the morning, visit our Local Ministry Partner Expo in the Atrium to meet organizations serving our community. Then return at 4pm (local ministry partners will begin tabling at 3:30pm) for a special service of celebration. Hear stories from this year's GO Teams, hear the vision for 2027 Missions emphasis, learn about upcoming mission opportunities, and connect with team leaders in the Fellowship Hall to explore where God may be calling you to serve—whether across the street or around the world.



5-Week Study

Sharing Your Faith with Confidence

**All Adults | Wednesdays | 6-7:15pm | ELEVATE Worship Ctr.
October 21 - November 18**

Sharing the gospel isn't just for pastors, missionaries, or the especially gifted—it's the calling of every follower of Christ. In these 5 weeks, you will discover the biblical foundation for evangelism, learn practical ways to naturally share your faith, and identify common fears and obstacles that often keep believers silent. This class will equip and encourage you to faithfully make Christ known wherever God has placed you.



Trunk or Treat

October 31 | 2-4pm

Mark your calendars for our annual Trunk or Treat on Saturday, October 31! Join us for one of our favorite family events of the year! Enjoy creatively decorated trunks, plenty of candy, games, and festive fall fun for all ages. Invite your friends, neighbors, and family for a safe, welcoming afternoon as we celebrate the season together with our church family and community. More details coming soon—we can't wait to see you there!



Looking to grow deeper in your faith?

The Enrichment Center is your go-to destination for books, media, and resources that complement our sermon series, Bible studies, and discipleship journey. Whether you're looking to study God's Word, prepare for ministry, explore a new topic, or simply find your next great read, you'll discover resources to encourage and equip you.

More than just a library, the Enrichment Center is a welcoming place to gather with others. Enjoy fellowship over a puzzle, join a reading group, or spend time connecting with others as you learn and grow together in Christ.

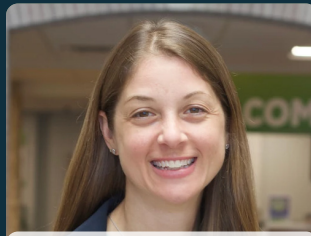
Visit fhbc.org/enrichmentcenter to learn more.

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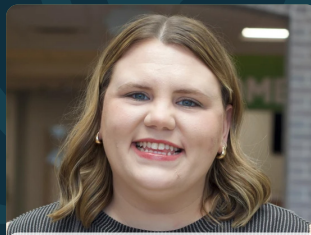
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