

Real

Week 3

9/17/26

Mark 1:21-39

Real People: Life *With* Jesus

I. “I have only one thing to do today. Follow him”

II. What does it mean to Follow Jesus?

III. “Hey dad, what is Jesus doin’?”

- A. He is with us through His Spirit
 - 1. Matthew 28:20
- B. He is interceding on our behalf.
 - 1. Romans 8:34
- C. He is working to reveal His love to people and save them.
 - 1. Philippians 2:13

IV. Jesus is here and at work right now in our world.

- A. How do we live our lives with Jesus?

V. Unhelpful ways to follow Jesus (For more, read *With* by Skye Jethani)

- A. Life *From* Jesus
- B. Life *Under* Jesus
- C. Life *For* Jesus

VI. Life With Jesus

VII. A Day with Jesus - Mark 1:21-39

- A. Decide to do today with Jesus.
- B. Get to know Jesus by reading the bible.
- C. Tell Jesus about it.
- D. “Gentle noncooperation with evil”
- E. Review your day with Jesus. (Examen)
 - 1. Remember God’s presence and give thanks for God’s great love for you.
 - 2. Pray for the grace to understand how Jesus is at work in your life.
 - 3. Examine your day.
 - What brought me joy? When did I feel the most dissatisfied or discouraged?
 - Where did you see God at work?
 - Where did He seem to be absent?
 - 4. Seek forgiveness.
 - 5. Look forward to tomorrow.

LIFEGroup Questions

1. When you think of Jesus, what do you imagine He is doing right now?
2. Which of the three unhelpful ways of relating to God (Life *From* God, Life *Under* God, Life *For* God) are you most likely to fall into? Give an example.
3. What would “gentle noncooperation with evil” look like in your life?
4. Walk through the Examen together. Debrief that experience together.