



COMMUNION



Let's talk about communion with our kids

Start here: communion is a special moment that Christians participate in to remember what Jesus did for us on the cross.

Since Jesus gave his life so that we could be forgiven of our sins, we take communion to remember how important this is for us and for our life.

At church, we use the cracker to remind us of the body of Jesus being put on the cross. We use the juice to remind us of the blood of Jesus which is how he paid for our sins and forgave us.

Christians take communion because they want Jesus to be the number one focus in their life.

Luke chapter 22 tells the story of communion. It would be a great scripture to read through with your kids.

