

Christian Coaching for Women Survey

Thank you for taking a few minutes to complete this survey. Your responses will help us better understand the needs, challenges, and perceptions of women seeking Christian coaching.

About Christian Coaching

Have you ever worked with a Christian coach?

- Yes
- No

How familiar are you with Christian coaching?

- Very familiar
- Somewhat familiar
- Heard of it but do not know much about it
- Not familiar at all

What do you believe Christian coaching helps women with? (Check all that apply.)

- Spiritual growth
- Emotional healing
- Life transitions
- Relationships
- Grief and loss
- Trauma recovery

Confidence and identity in Christ

Goal setting and accountability

Other: _____

What is your biggest concern about Christian coaching, if any?

Your Current Needs

What area of your life needs the most support right now? (Choose one.)

Spiritual growth

Marriage or relationships

Parenting

Grief and loss

Anxiety or stress

Healing from past wounds

Life purpose and direction

Self-worth and identity

Other: _____

What challenges are you currently facing? (Check all that apply.)

Feeling overwhelmed

Loneliness

Difficulty trusting God

Relationship struggles

Grief

- Past trauma
- Fear of the future
- Lack of confidence
- Spiritual discouragement
- Other: _____

If you could receive coaching in one area of your life, what would it be?

Coaching Preferences

What would motivate you to seek Christian coaching?

- Biblical guidance
- Personal encouragement
- Accountability
- Emotional healing
- Spiritual growth
- Support during a difficult season
- Other: _____

How would you prefer to receive coaching?

- One-on-one online
- One-on-one in person
- Group coaching

Workshops or classes

Self-paced resources

What is the most important quality you look for in a Christian coach?

Thank you for sharing your thoughts. Your responses will help us create coaching programs that support women in growing closer to Christ while navigating life's challenges with faith and confidence.

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