



## The Posture

Zach Meerkreebs | Philippians 2:5-11

### Formation Begins with Confrontation (Luke 18:9-14)

Christ-likeness forms at the point where we are most unlike Christ.

- Confrontation leads to frustration or consecration.
- Pride is the great confrontation, especially in prayer.

#### Ask yourself...

*When confronted, do I respond with frustration or consecration?*

### Humility Is Consecrated Confidence

Humility is agreeing with who He is and who I am.

- Rooted in belovedness, walked out in friendship with Jesus, and empowered by the Spirit.
- Humility ≠ weak
- Pride ≠ strong

#### Ask yourself...

*Is my confidence consecrated to the Lord or centered on myself?*

### What Are You Clinging To? (Philippians 2:6)

Jesus did not cling to equality with God.

- Not used to His own advantage
- Not grasped in insecurity

#### Ask yourself...

*What am I clinging to?*

### He Emptied Himself (Philippians 2:7)

Jesus emptied Himself and took the form of a servant.

- The oil ran until the empty vessels ran out (2 Kings 4:1-7)

#### Ask yourself...

*Where do I need to become an empty vessel?*



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## **Humility Accepts Humanity** (Philippians 2:7)

Taking the form of a servant means embracing our humanity.

- Jesus inhabited weakness
- God asks for our weakness, not our strength

### **Ask yourself...**

*Am I willing to be honest about my weakness?*

## **Obedient to Death** (Philippians 2:8)

- In every heart there is a cross and a throne.
- Self-enthroned keeps us from the cross.

### **Ask yourself...**

*Where am I choosing the throne over the cross?*

## **The Way Down Is the Way Up** (Philippians 2:9-11)

Christ's lowest moment became His exaltation.

- In every heart there is a cross and a throne
- The path higher is lower

### **Ask yourself...**

*Do I trust that humility leads to God's lifting, not mine?*

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