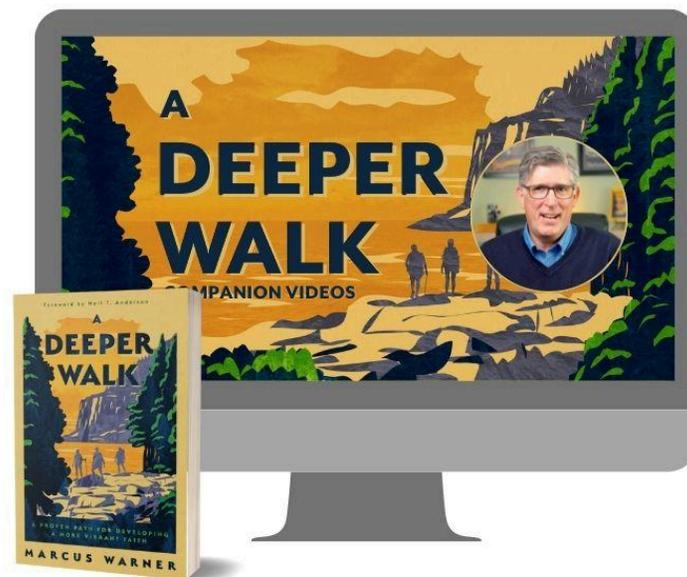
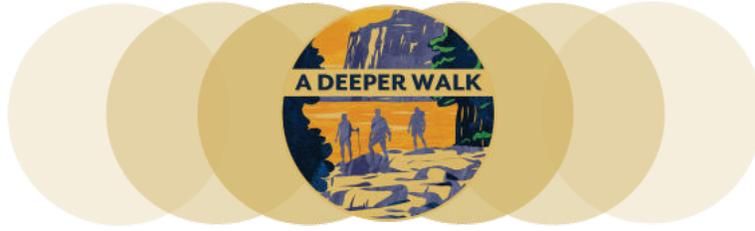


EXPERIENCE A DEEPER WALK WITH GOD



Video Study COMPANION GUIDE

[DEEPERWALK.COM/DISCIPLESHIP](https://deeperwalk.com/discipleship)



SESSION ONE: HALF-BRAINED CHRISTIANITY

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- What are you hoping to accomplish during this study?
- When you hear “half-brained Christianity” what comes to mind? Where do you think this topic is going?

Play the video.

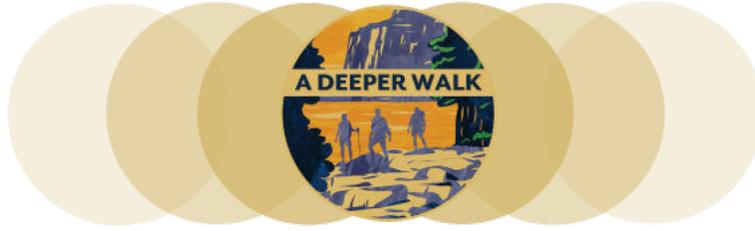
Post-Video Discussion:

- Having watched the session, how would you describe “half-brained Christianity” now?
- Can you relate to the Traditional Model of discipleship (academics, behavior, and church activity)? If so, how have you experienced it?
- How did this session encourage us to define *maturity*? How is this related to being a whole-brained Christian?
- Can you name the five levels of maturity? How do they help you think about what it means to be a mature Christian?
- How can we as a group pray for and support each other during this study?

Close in prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter One: Half-Brained Christianity**.



SESSION TWO: DISCIPLESHIP ON THE BACK OF A NAPKIN

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- Are you familiar with the The Bridge Diagram for "Evangelism on the Back of a Napkin"? Have you used it, or has anyone used it with you? How helpful have you found it?
- Are you more comfortable or experienced with the idea of evangelism or discipleship?

Play the video.

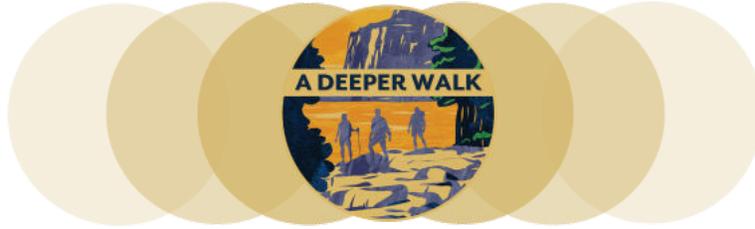
Post-Video Discussion:

- Which aspect of heart-focused discipleship do you think you've been disciplined in the best? (*Freedom, Identity, Spirit & Scripture, Heart-Focused Community*) How did that come to be?
- What does baptism mean to you? How does baptism help you think about your freedom or identity in Christ?
- Which part of The F.I.S.H. Diagram seems like it would be the most helpful in a conversation or would bring the most clarity to how you explain discipleship?

Close in prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Two: Heart-Focused Discipleship** and **Chapter Three: Discipleship on the Back of a Napkin.**



SESSION THREE: DEALING WITH WOUNDS OF THE PAST

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- How well do you think the church has helped people address and heal woundedness?
- How do you think people's wounds affect discipleship?

Play the video.

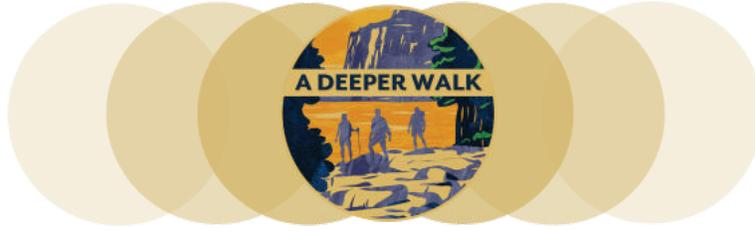
Post-Video Discussion:

- How did the story of the race between the athlete and the child make you think about your Christian walk? Have you ever considered "running the race" from an emotional healing perspective (Hebrews 12:1)?
- How has your discipleship experience addressed the "rocks" or "baggage" of past wounds and the "ropes" or "bondage" of strongholds you need to tear down?
- Have you seen the WLVS pattern in yourself or others? What is the result of living out of lies instead of God's truth? (*Wounds, Lies, Vows, Strongholds*)
- Which of the four emotional healing tools do you have the most experience with — Building Joy, Forgiveness, Taking Thoughts Captive, Listening Prayer? Which do you think you need to pursue more?

Close in prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Four: Dealing with the Wounds of the Past.**



SESSION FOUR: FREEDOM THROUGH SPIRITUAL WARFARE

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- What do you think of when you hear “spiritual warfare”? Does it seem relevant to you?
- How have you seen churches interact with spiritual warfare?

Play the Video.

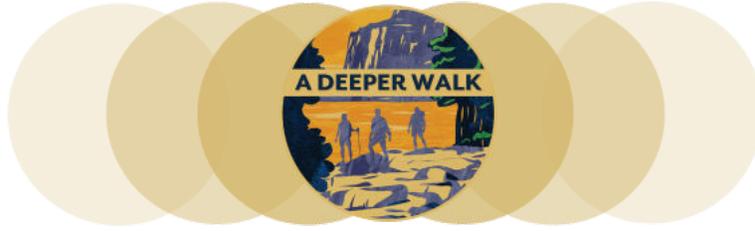
Post-Video Discussion:

- How does Mark's story make you reflect on your own discipleship journey?
- What do you think of spiritual warfare having a legal nature? Have you considered the two key principles of permission and authority or experienced one without the other?
- Within the church body, what are the top ways you see people giving permission to the enemy? How might this affect discipleship? (*Sin, Occult, Unforgiveness, Lies, Lineage*)
- Are you familiar with freedom prayers, like *The Steps to Freedom* (Neil T. Anderson) or Karl Payne's three Cs? (*Confess, Cancel, Command + Commit*) How do you think discipleship would change if every church offered prayer ministry that walked people through prayer processes like these?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Five: Freedom Through Spiritual Warfare.**



SESSION FIVE: IDENTITY IN CHRIST

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- When you hear "identity in Christ," what personal attributes do you think of?
- Do you have a favorite metaphor or analogy that describes who we are in Christ?

Play the Video.

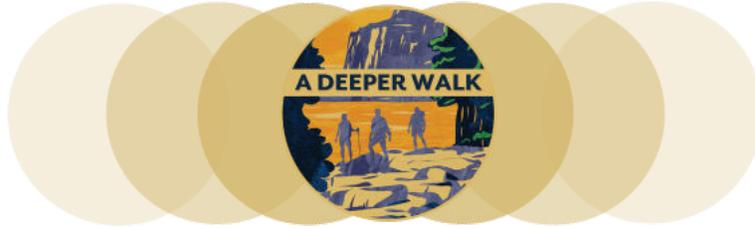
Post-Video Discussion:

- How did the fairytale-esque story of the orphan's new identity impact your view of identity? What feelings did it evoke?
- Have you ever thought about our identity in Christ in legal terms like a wedding covenant?
- Which of the four core elements of our New Covenant identity are you most familiar with? Did any of the four surprise you? *Why? (Pardon, Adoption, Citizenship, Title: Saint)*
- How can we stand up against the enemy who tries to rob us of the joy of our new identity in Christ? How might understanding our identity in Christ affect the way we live?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Six: Identity in Christ.**



SESSION SIX: THE OTHER HALF OF IDENTITY

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- In a world of constant self-promotion and social media, it's easy to step into the comparison trap. Aside from total disconnection, what's one intentional way you can keep your identity rooted in God's opinion of you and not in the flesh or world's pecking order?

Play the Video.

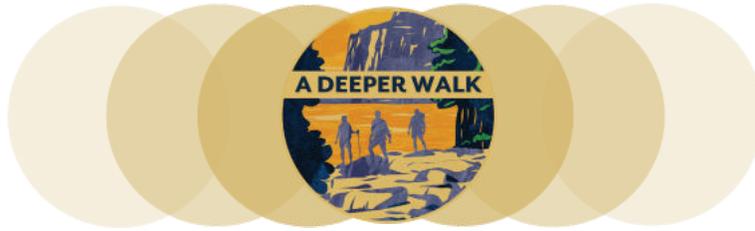
Post-Video Discussion:

- If you close your eyes and think of God, do you see someone you want to have a close relationship with, or does He feel distant for some reason? Have you ever felt the temptation to become "Super Sheep"?
- What causes your heart to come alive? What really hurts your heart? Can you see any patterns that feel like God's unique design of your heart values?
- What are some of the ways in which you've felt the world, wounds, or warfare come against God's true desires and intentions for your heart?
- How do you see the devil trying to keep you off balance in life? How did you find the diagram of inferiority vs. conceit and humility vs. confidence from the video helpful?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Seven: The Other Half of Identity.**



SESSION SEVEN: SPIRIT & SCRIPTURE

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- How well do you feel like you know the Bible? Could you explain the core outline from the Old Testament to the New Testament?
- What kinds of covenant relationships can you think of (weddings, etc.)?

Play the Video.

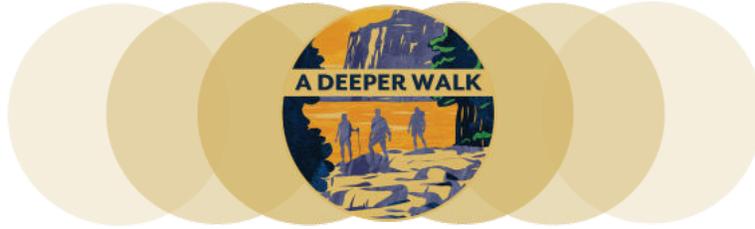
Post-Video Discussion:

- Do you have a HANDLE on the Bible? Try walking through the five fingers of PLAxN with your neighbor or the group.
- Can you name the three Ws of biblical worldview? What does “worship” mean to you?
- How relevant does it seem to understand the warfare context of our current age?
- When it comes to wisdom, do you find yourself seeking the Scriptures or the Holy Spirit more than the other? Why do you think that is?
- Consider www.plaxn.com together. How significant is the “Coming Kingdom” to how you approach life?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Eight: Spirit and Scripture.**



SESSION EIGHT: LIVING IN THE SPIRIT

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- We often say that Christianity is not a religion, it's a relationship. But what do you think a relationship with God looks like?

Play the Video.

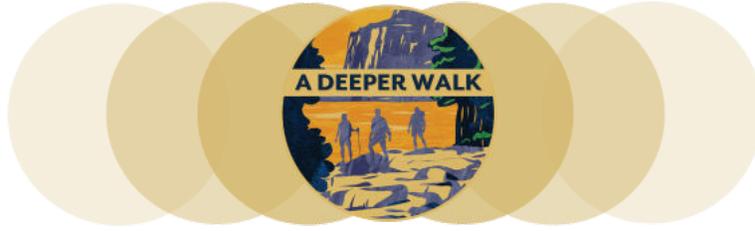
Post-Video Discussion:

- How would you describe your prayer life? Do you ever practice conversational prayer with God?
- How do you discern what thoughts are coming from God? Do you have tests you use? What do you think of the ones Dr. Warner presented in the video ?
- Can you think of a time in your life when you practiced S.L.O.W.? (*Stop/Seek, Listen, Obey, Watch*)
- You can do things God's way, and God will be responsible for the results. Or you can do things your way, and you can be responsible for the results. How have you seen this principle in action?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Nine: Living in the Spirit.**



SESSION NINE: HEART-FOCUSED COMMUNITY

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- Consider the times of your life when you've thrived or struggled more with your walk with God. Are there any common denominators?

Play the Video.

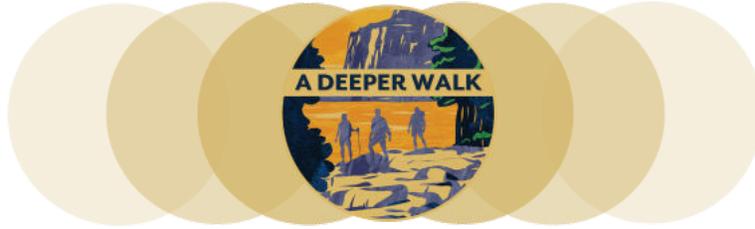
Post-Video Discussion:

- Consider your current community. Do you find yourself looking for more ways to spend time together? Have you ever been part of a joy-filled community?
- Consider the groups you've been a part of over your life—church groups, coworkers, hobbies, family, etc. Do any stand out to you with a strong group identity? How did that identity affect the people in the group?
- How have you seen toxic vs. healthy shame operate in a community?
- Have you experienced vulnerability being met with empathy? How did that affect your connection to the person giving or receiving that vulnerability?
- What is one intentional thing you could do to add nutrients to the soil of a community you're a part of right now?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Ten: Heart-Focused Community**. Also see *The Other Half of Church* by Dr. Jim Wilder & Michel Hendricks.



SESSION TEN: MISSION

Introduction:

- **Start with emotional check-ins.** Take 1-2 minutes each for group members to use a word or metaphor to explain their emotional state. The goal is for people to be seen, not fixed. Thank them for sharing. Tell them you're glad they joined. Only stop and pray about what they shared if there's a significant reason to do so.

Pre-Video Discussion:

- What does "mission" mean to you?
- What relationship do you see between evangelism and discipleship?

Play the Video.

Post-Video Discussion:

- Have you ever witnessed or been a part of mission missing some heart-focused foundations? How might things have been different with a better grasp of F.I.S.H.?
- Have you ever witnessed or been a part of mission focused on an element of F.I.S.H.? What do you appreciate about it or how might you approach it differently after this study?
- Can you envision a heart-focused community that would be easy to invite others to join? What's one strategic step you could take to foster such a community?
- Which element of F.I.S.H. do you feel strongest with? Which element do you sense you need more study or practice?
- How can we as a group pray for and support each other coming out of this study?

Close in Prayer.

Go Deeper:

- Follow along in the book *A Deeper Walk* by Dr. Marcus Warner. Read **Chapter Eleven: Mission.**