

Thriving from the Inside Out

It is possible to be deeply committed...and still be slowly becoming disconnected...

- Mark 8:36 –Luke 10:38–42
- John 15:4–5

A Quiet Center

- Psalm 46:10
- Mark 1:35
- Luke 5:16

From Solitude, to Community, to Ministry

The Core Problem

We attach identity to results...

- Galatians 1:10
 - Philippians 3:7–9
 - Jeremiah 17:5–8
- These passages show the danger of performance-based identity.

The Missing Piece

Thriving is about attachment...

- John 15:9–10
- Romans 8:15–17
- 1 John 4:16–19

These passages describe secure attachment to God before action for God.

The Model

Seen → Safe → Soothed → Secure

Seen

- Genesis 16:13 – Hagar
- Psalm 139:1–5

over



Thriving from the Inside Out

It is possible to be deeply committed...and still be slowly becoming disconnected...

- Mark 8:36 –Luke 10:38–42
- John 15:4–5

A Quiet Center

- Psalm 46:10
- Mark 1:35
- Luke 5:16

From Solitude, to Community, to Ministry

The Core Problem

We attach identity to results...

- Galatians 1:10
 - Philippians 3:7–9
 - Jeremiah 17:5–8
- These passages show the danger of performance-based identity.

The Missing Piece

Thriving is about attachment...

- John 15:9–10
- Romans 8:15–17
- 1 John 4:16–19

These passages describe secure attachment to God before action for God.

The Model

Seen → Safe → Soothed → Secure

Seen

- Genesis 16:13 – Hagar
- Psalm 139:1–5

over



Safe

- Psalm 91:1–2
- John 10:27–29

Soothed

- Isaiah 40:11
- Isaiah 66:13
- Matthew 11:28–30

Secure

- Romans 8:38–39
- Ephesians 3:17–19
- Psalm 62:5–8

Cross-Cultural Reality

We lose reinforcing systems...

- Hebrews 11:13–16 – Strangers and exiles.
- 1 Peter 2:11 – Foreigners and exiles.
- Psalm 121 – The Lord is your keeper.

The Quiet Center

- Isaiah 30:15 –Psalm 131
- Philippians 4:6–7

Identity

Who am I? Who are you?

- 1 John 3:1
- Galatians 2:20
- 2 Corinthians 5:17
- Ephesians 1:3–14
- Romans 8:14–17

Identity is received rather than achieved.

Outcome

Relational intimacy...

- John 17:20–23
- Colossians 3:12–15
- Ephesians 4:1–3

Safe

- Psalm 91:1–2
- John 10:27–29

Soothed

- Isaiah 40:11
- Isaiah 66:13
- Matthew 11:28–30

Secure

- Romans 8:38–39
- Ephesians 3:17–19
- Psalm 62:5–8

Cross-Cultural Reality

We lose reinforcing systems...

- Hebrews 11:13–16 – Strangers and exiles.
- 1 Peter 2:11 – Foreigners and exiles.
- Psalm 121 – The Lord is your keeper.

The Quiet Center

- Isaiah 30:15 –Psalm 131
- Philippians 4:6–7

Identity

Who am I? Who are you?

- 1 John 3:1
- Galatians 2:20
- 2 Corinthians 5:17
- Ephesians 1:3–14
- Romans 8:14–17

Identity is received rather than achieved.

Outcome

Relational intimacy...

- John 17:20–23
- Colossians 3:12–15
- Ephesians 4:1–3