

Discipleship Group

PRAYER – Faith & Hope Group Study

Dive into this week's study on Prayer and how Faith & Hope are both crucial aspects of a powerful and effective life of prayer.

https://www.youtube.com/watch?v=5EGtq0hL_gU

KEY SCRIPTURES:

Hebrews 11:6 (NIV) “And ***without faith it is impossible to please God***”

Hebrews 11:1 “Now faith is the assurance of things hoped for, the conviction of things not seen.”

Romans 12:12 “Be joyful in hope, patient in affliction, faithful in prayer.”

KEY POINTS:

- Prayer isn't only relational, it's powerful
- Prayer is one of our greatest acts of defiance against the enemy
- Faith and hope are distinct but cannot be divided - *Faith* accepts God's word as truth, *Hope* anticipates the fulfilment of its promises.
- Praying with hope is a decision to see the yet to be seen as though it already is

DISCUSSION & PRAYER POINTS:

- 1. Hebrews 11:1 says, “Faith is the assurance of things hoped for.” If faith is believing God's Word and hope is anticipating the fulfilment of His promises – How do you see these two working together in your prayer life?**
 - Follow-up: Why do you think hope is essential if we want to pray with expectation?
- 2. How is biblical hope different from the way people normally talk about hope?**
 - Follow-up: How might this understanding reshape the way you approach prayer or difficult situations?
- 3. What does the imagery of hope being an anchor to our soul teach us about the role hope plays when life feels uncertain or disappointing?**
 - Follow-up: What are some things that can cause believers to “drift” away from hope?
- 4. Have you ever experienced a time where you withdrew from hope in prayer because of disappointment/despair?**
 - Follow-up: What helps you continue trusting God even when prayers are not answered in the way or timing you expected?
- 5. Which of these practices of praying God's will, praying God's Word, and praying in the Spirit do you think would most strengthen your prayer life right now?**

- Follow-up: What is one practical step you could take this week to begin praying with greater hope?

WANT MORE? - WATCH & UNPACK THESE FURTHER STUDIES ON PRAYER TOGETHER:

Session Two - Our Father: Aligning Our Perspective



Session Overview: In this session, we examine how the Lord’s Prayer reorients our perspective towards God and His priorities. By starting with “Our Father in heaven, hallowed be Your name,” we learn to approach God with reverence and intimacy. This prayer is an invitation to move beyond our personal desires and align our hearts with God’s kingdom, trusting in His wisdom and timing. Through this lens, we gain clarity and depth in our spiritual walk.

Discussion Questions:

- 1. How does beginning prayer with “Our Father” shape your understanding of your relationship with God?**
 - Follow-up: How does this influence your confidence in bringing your needs to Him?
- 2. What does it mean to you to “hallow” God’s name in your prayers and daily life?**
 - Follow-up: How can you reflect God’s holiness in your actions and decisions?
- 3. The Lord’s Prayer prioritises “Your kingdom come.” How do you seek God’s kingdom in your personal life?**
 - Follow-up: What changes could you make to focus more on His kingdom rather than your own goals?
- 4. How can recognising God’s sovereignty help you trust Him during challenging circumstances?**
 - Follow-up: Share a time when trusting God’s plans brought peace or clarity to your life.

5. **What steps can you take to ensure your prayers align with God’s will rather than solely focusing on your desires?**
 - Follow-up: How can you discern God’s will more clearly in your prayer life?

Session Three - Our Provider: Provision, Protection and Forgiveness



Session Overview: This session focuses on the themes of God’s provision, protection, and forgiveness as seen in the latter half of the Lord’s Prayer. We reflect on how God meets our daily needs, offers us strength to resist temptation, and calls us to forgive others as He has forgiven us. By trusting in His care and embodying His grace, we experience a life of freedom and peace rooted in His love and faithfulness.

Discussion Questions:

1. **“Give us this day our daily bread” highlights reliance on God’s provision. How do you practice trusting God to meet your DAILY needs?**
 - Follow-up: In what ways can you cultivate gratitude for God’s daily blessings?
2. **Forgiveness is central to the Lord’s Prayer. How has receiving God’s forgiveness impacted your relationships?**
 - Follow-up: What steps can you take to offer forgiveness to someone in your life?
3. **How does praying for God’s protection and deliverance shape your perspective on life’s challenges?**
 - Follow-up: Share a time when you felt God’s protection or guidance in a difficult situation.
4. **What does it mean to you to trust God as your provider in both abundance and need?**
 - Follow-up: How can you encourage others to trust in God’s provision?

5. Temptation is a part of life. How can you actively seek God's help in overcoming temptation?

- Follow-up: What practical steps can you take to avoid situations that may lead to sin?