

# Discipleship Group

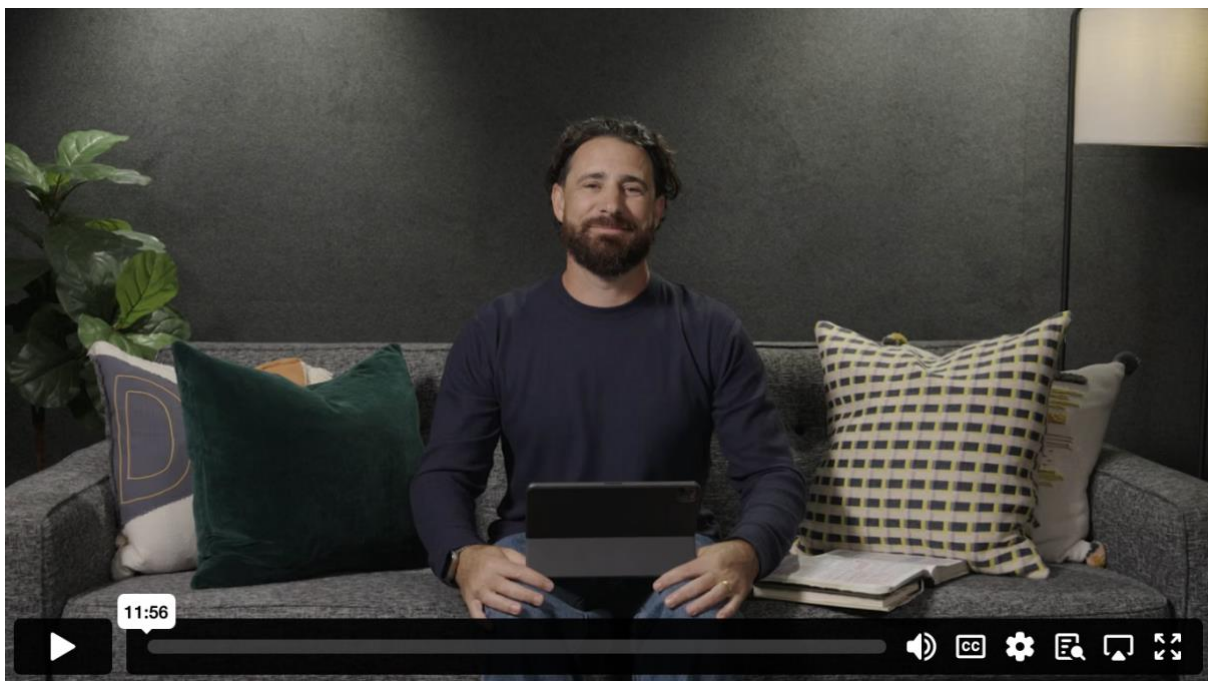
## TEAR DOWN THE IDOLS - INTRO Group Study

The *Tear Down the Idols* series invites us to honestly examine the subtle but powerful things that can take God's rightful place in our lives, things like comfort, control, and self-image that often go unnoticed yet quietly shape our decisions, emotions, and identity. Rather than addressing obvious or external idols, this series focuses on the internal patterns and dependencies that compete for our trust and devotion. Through biblical insight and personal reflection, each session creates space to uncover where these idols may be influencing us, and gently calls us back to a life centred on God, one marked by surrender, freedom, and deeper spiritual formation.

📺 **WATCH:** <https://www.youtube.com/watch?v=Qob9HcuSpqQ>

### SESSION OVERVIEW

This session introduces the theme of idolatry—something woven throughout Scripture but often overlooked in modern life. While we may not bow to carved images, the deeper issue of worship remains: what we give our time, attention, trust, and affection to. At its core, this study invites honest reflection. It challenges the assumption that idolatry is a thing of the past and instead exposes how it subtly shapes our desires, decisions, and direction. As we begin this series, the goal is not guilt, but awareness—so that we can realign our hearts and experience the fullness of life found in God alone.



📺 **SHARE LINK:** <https://vimeo.com/1177100456/f56d68dfce?share=copy&fl=sv&fe=ci>

## KEY SCRIPTURES:

- Exodus 20:2–6 – God establishes that He alone is worthy of worship and warns against idolatry.
- Psalm 115:4–8 – We become like what we worship, revealing the shaping power of idols.
- Isaiah 44 – Idolatry is shown to be both deceptive and diminishing to the human soul.
- Matthew 6:21 – Our hearts follow what we treasure, exposing where our true worship lies.
- Genesis 22:1–14 – Abraham’s willingness to surrender Isaac models how we release idols back to God.

## KEY POINTS:

- We are all worshippers—the question is not if we worship, but what we worship.
- Idols are often good things that have become ultimate things, carrying weight they were never meant to bear.
- Our culture actively shapes our desires, often forming idols subtly and unconsciously.
- True freedom comes not just from identifying idols, but from surrendering them and re-focusing our love on God.

## DISCUSSION & PRAYER POINTS:

### Discussion Questions:

- 1. What do you think might be holding the place of an idol in your life right now?**
  - Follow up: What makes that thing feel important or necessary for your sense of identity, security, or meaning?
- 2. Where does your mind or heart naturally go when it’s left to its own devices?**
  - Follow up: What might that reveal about what you’re currently looking to for comfort or fulfilment?
- 3. What idols do you think are most common or most celebrated in our culture today?**
  - Follow up: How do you see these shaping the way people define success, happiness, or worth?
- 4. Why do you think idols can be difficult to recognise in our own lives?**
  - Follow up: What are some signs that a good thing may have become an “ultimate thing”?
- 5. The session suggests that we become like what we worship. How have you seen this play out in real life?**
  - Follow up: What kind of person do different “idols” (like success, comfort, or control) tend to shape us into?
- 6. What might it look like for you to “give back to God” something that has become too central in your life?**
  - Follow up: What would trusting God with that area require from you this week?

### **Tips for Discussion:**

- **Create space for honesty**—idolatry can be subtle and personal, so avoid rushing responses.
- **Listen carefully and without judgment**; people may be naming things for the first time.
- **Keep the tone hopeful**—this is about freedom and realignment, not shame.
- **Encourage reflection over perfection**; small steps of awareness matter.
- **Gently bring the conversation back to Jesus**; the one who truly satisfies and restores our soul.