

# LifeGroup Deep Dive | “For the Doubters in the Room” 04/05

## Main Passage:

*John 20:24–29*

## Supporting Passages:

*Mark 9:24, Hebrews 10:25, Proverbs 3:5–6, Psalm 34:18, James 1:5–6, Isaiah 55:8–9, 2 Corinthians 5:7*

**Main Idea / Question:** Doubt isn't the problem — what we do with it is. This week, we're not just identifying doubt...we're examining what it's forming in us.

---

## PORCH TALK

**Leader Setup:** This isn't about fixing doubt. This is about **telling the truth about what's underneath it.**

### Conversation Starters (choose 3–4):

When you experience doubt...what do you actually fear is true?

What version of God are you struggling to trust right now?

Have you ever noticed that doubt often says more about your expectations than about God?

What disappointment in your life has most shaped how you see God?

Where have you quietly adjusted your expectations of God to avoid being hurt again?

---

**Reference Scriptures:** *Psalm 73:21–26, Isaiah 41:10, Romans 8:38–39, John 6:68–69, Lamentations 3:22–23, Jude 20–22, Psalm 62:5–8, 1 Peter 1:6–7*

# LifeGroup Deep Dive | “For the Doubters in the Room” 04/05

## LIVING ROOM

*(Deeper discipleship & formation)*

### 1) When Doubt Becomes Control

**Read:** John 20:25

**Context:** Thomas didn't just doubt—he set terms.

**Say:** At some point, doubt stops being curiosity and starts becoming control.

**Ask (slow this way down):** Where have you moved from “I don't understand” to “I won't believe unless...”? What are you trying to control in your relationship with God? Why do we prefer a God we can predict over a God we must trust? If God met every condition you set...would you actually trust Him more—or just feel more in control?

**Reflection Verse:**

“Trust in the Lord with all your heart...” — Proverbs 3:5

### 2) The Danger Beneath Isolation

**Read:** John 20:24–26; Hebrews 10:25

**Context:** Thomas' doubt wasn't unique, but his distance made it heavier.

**Say:** Isolation doesn't just protect you; it distorts you.

**Ask:** What lies feel more believable when you're alone? When you're struggling, what is your instinct: withdraw or reach out? What has isolation cost you spiritually in the past?

---

**Reference Scriptures:** *Psalm 73:21–26, Isaiah 41:10, Romans 8:38–39, John 6:68–69, Lamentations 3:22–23, Jude 20–22, Psalm 62:5–8, 1 Peter 1:6–7*

# LifeGroup Deep Dive | “For the Doubters in the Room” 04/05

## 3) When Jesus Doesn’t Give Explanations

**Read:** John 20:27

**Context:** Jesus doesn’t explain everything...  
He reveals Himself.

**Say:** We often want answers. Jesus often gives presence.

**Ask:** Where are you demanding explanations from God instead of receiving His presence? Why do we think understanding will produce peace...when Scripture shows it’s often trust? Have you ever had a moment where God didn’t answer your question—but you still knew He was with you? What if the goal of your doubt isn’t clarity... but deeper intimacy?

**Reflection Verse:**

“I believe; help my unbelief!” — Mark 9:24

## 4) The Line Between Doubt and Disbelief

**Read:** John 20:27–29; Proverbs 3:5

**Say:** Doubt wrestles. Disbelief settles.

**Ask:** Where are you still wrestling—and where have you quietly settled? What would it look like to keep your heart open instead of closing it? What belief about God are you most tempted to abandon? What truth do you need to choose to hold onto right now?

**Reflection Verse:**

“For we walk by faith, not by sight.” — 2 Corinthians 5:7

---

**Reference Scriptures:** *Psalm 73:21–26, Isaiah 41:10, Romans 8:38–39, John 6:68–69, Lamentations 3:22–23, Jude 20–22, Psalm 62:5–8, 1 Peter 1:6–7*

# LifeGroup Deep Dive | “For the Doubters in the Room” 04/05

## AFTER GLOW

*(Prayerful reflection & ministry space)*

**Read:** Mark 9:24

**Say:** Faith is not certainty. Faith is staying.

**Reflective Questions:** Where is your faith fragile right now? What would it look like to stay with Jesus—even in uncertainty? What would happen if you stopped trying to resolve everything—and just walked with Him? What is one step of trust God is inviting you into this week?

 **Reflection Verse:**

“I believe; help my unbelief!” — Mark 9:24

## FOLLOW-UP & CHALLENGE

**Identify the Root:** What is really underneath your doubt?

**Break Isolation:** Bring it into the light with someone.

**Shift Your Prayer:** From explanation → revelation.

**Choose Trust Daily:** Even when clarity doesn't come.

### Closing Charge

You may not leave with every answer...

But you can leave with a decision:

- To stop letting doubt lead you
- And start letting Jesus meet you in it

---

**Reference Scriptures:** *Psalm 73:21–26, Isaiah 41:10, Romans 8:38–39, John 6:68–69, Lamentations 3:22–23, Jude 20–22, Psalm 62:5–8, 1 Peter 1:6–7*