

# LifeGroup Deep Dive | Study through Ephesians 05/10

## Scripture References:

Ephesians 1:15–19, Ephesians 2:4–7, Ephesians 4:1–4, Ephesians 4:11–15

## Supporting Passages:

Colossians 1:9–10, Romans 5:8, Philippians 1:27, Hebrews 5:12–14, John 17:3

## KEY THEMES THAT CARRY BEYOND THE NIGHT

**Knowing God Is the Foundation** — Everything begins with revelation, not information.

**Grace Is the Starting Point** — We don't earn our place; we are rescued into it.

**Calling Requires a Response** — What God has done in us must be lived out through us.

**Maturity Is the Goal** — We are not meant to stay where we started.

## PORCH TALK

### Conversation Starters (choose 3–4):

What part of the service stood out to you the most—and why?

What challenged you the most personally?

Where did you feel encouraged? Where did you feel convicted?

Did you notice a thread or theme connecting all four messages?

What do you feel like God is emphasizing to you right now?

**Scripture References:** *2 Peter 3:18, Romans 8:1, Galatians 5:13–16, James 1:22, Colossians 2:6–7, Hebrews 12:1–2, Philippians 2:12–13, Psalm 119:105*

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## LIVING ROOM

*(Deeper discipleship dialogue — broken into the four movements)*

### 1) Knowing God (Ephesians 1:15–19)

*Speaker: Omotayo Olaleye*

**Say:** Christianity doesn't begin with behavior—it begins with revelation.

**Ask (go slow here):** What is the difference between knowing about God and truly knowing Him? Where has your faith become more informational than relational? What would it look like to grow in spiritual awareness and understanding? How do we position ourselves to actually know God deeper?

**Reflection Thought:**

You can know a lot about God... and still not walk closely with Him.

### 2) God's Rescue Mission (Ephesians 2:4–7)

*Speaker: Amy Nash*

**Say:** Before we ever moved toward God... He moved toward us.

**Ask:** What does it mean that God's love initiated your rescue? Where do you still live like you have to earn what was freely given? How does remembering your rescue shape your identity? Why is it hard to live from grace instead of striving?

**Reflection Thought:**

You don't perform your way into grace—you live from it.

**Scripture References:** *2 Peter 3:18, Romans 8:1, Galatians 5:13–16, James 1:22, Colossians 2:6–7, Hebrews 12:1–2, Philippians 2:12–13, Psalm 119:105*

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## 3) Walking Worthy (Ephesians 4:1–4)

*Speaker: Jessica Iga*

**Say:** Grace leads to transformation. Calling leads to responsibility.

**Ask:** What does it actually mean to “walk worthy” in your daily life? Where is there a gap between your calling and your lifestyle? How do humility, patience, and unity show up practically? What does it look like to reflect Christ in everyday interactions?

**Reflection Thought:**

Your calling is not just something you believe—it’s something you live.

## 4) Growing Into Maturity (Ephesians 4:11–15)

*Speaker: Shelby Van Maanen*

**Say:** Spiritual maturity is not automatic—it is intentional.

**Ask:** What does maturity in Christ actually look like? Where do you feel spiritually stagnant or immature? How do we move from being consumers to contributors? What does it mean to “grow up” into Christ in every area?

**Reflection Thought:**

Maturity is measured not by time—but by transformation.

**Scripture References:** *2 Peter 3:18, Romans 8:1, Galatians 5:13–16, James 1:22, Colossians 2:6–7, Hebrews 12:1–2, Philippians 2:12–13, Psalm 119:105*

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## AFTER GLOW

*(Personal reflection + prayerful integration)*

### Reflective Questions

Which of these four areas is God pressing on in your life right now?

What would it look like to take one step forward this week?

Where do you need accountability?

What is God inviting you into—not just to understand, but to live?

**Reflection Verse:** “Grow up in every way into Him...” — Ephesians 4:15

## FOLLOW-UP & CHALLENGE

### Movement

### Practice

<b>Know God</b>	Spend time with Him relationally, not just intellectually
<b>Receive Grace</b>	Stop striving—rest in what Christ has done
<b>Walk Worthy</b>	Align one area of life with your calling
<b>Grow Mature</b>	Take one intentional step toward growth

## LEGACY CHALLENGE

Don't just be inspired by the Word—be formed by it.

This week: Go deeper in knowing God, Live from grace, not pressure, Walk out your calling daily, Commit to growing intentionally

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