



Focus

Focus On The Renewed Mind

Sermon Recap

Conversation Starters:

- Why do you think having a renewed mind is such a necessity for God's children?
- Why does surrender play such an integral part in renewing one's mind?
- How are you battling offenses that come your way? (Are you winning or losing?)

Ask your group members to share their favorite points from the sermon, what stood out to them, a phrase or moment from the sermon they related to the most, or questions they have. If your members have a hard time remembering, share your notes and favorite points.

Reflect:

1.) Read [Proverbs 29:18](#) MSG and [Ephesians 4:22-24](#) NASB: Renewing the mind alters one's perception and reaction to life situations.

What is the predominant lens you use to view and respond to life situations?

What do you need to do to view and respond to life through the lens of God's Word as your default and "go to" lens?

2.) Pastor Jason revealed three truths about the Renewed Mind: I will never change "My Life" until I change the "Way I Think." - [Proverbs 23:7](#) NKJV. I will never change the way I "Think" until I "Renew My Mind." - [Romans 12:2](#) and [Romans 8:7](#) NIV. Only a "Renewed Mind" can receive the "Revelation and Resources" of Heaven - [Matthew 5:6](#) NIV.

Now that you know God pours His resources out only to renewed minds in His Word, what are your next steps in renewing your mind?

In what areas do you need a renewal of the mind?

3.) Pastor Jason revealed three enemies we commonly face when renewing our minds: The "Devil" tries to "Deceive" you - [James 3:13-18](#) NIV. The "World" can "Pollute" you - [Ephesians 4:17-18](#) NIV. Your "Problems" will "Confuse" you - [Psalm 10:1, 17](#) NIV.



Focus

Focus On The Renewed Mind

Sermon Recap

What's your plan to push through the problems and face the adversity as you strive to renew your mind in God's Word? (What and where will your biggest challenges be?)

4.) Pastor Jason shared seven signs of a renewed mind and four practices for a renewed mind: You live in "Hope." The "Impossible" seems reasonable. You live in "Peace" and do not "worry." You "Like Yourself" and rejoice in your "Weakness." You are "Quick to Forgive." You are "Confident" and "Thankful." You "Believe" in others and give them the "Benefit of the Doubt."

Four Practices: Worship, Prayer and Fasting, Fellowship, and the Word. Read [Colossians 3:1](#) GW.

Share reasons why you think "each" of the seven signs manifest in one's life after the renewing of the mind occurs.

We are what we eat. Share your Daily Disciplines for living out the four practices.

How do you need to alter your schedule to accommodate the four practices of a renewed mind?

Apply It:

Identify the areas where you need to renew your mind. Spend quite time with God and listen to His voice to direct you. Write down what God reveals to you and develop Spiritual Disciplines that align with maintaining a renewed mind. Faith, consistency, determination, resilience, and focus win the day. Stay committed, disciplined, and striving in His Word to connect with God in relationship through Christ, and renew your mind.

Prayer Requests and Closing Prayer:

Ask your group members if they have a prayer request. Write them down and continue to pray for them during the week.

Father, renewing our minds means we need to let go of ourselves and embrace the truth of Your Word over our thoughts, knowledge, desires, and worldly influences. To let go we need to trust. Help us trust in You fully Lord God. Help us stand steadfast in Your promises so we can receive of Your heavenly resources which you desire to give us freely. We know You are not a God of waste Lord and Your timing is always perfect. Help us renew our minds in Your Word Father so we can live abundant lives in peace and victory, in Christ we pray, Amen.