

A 7-WEEK BIBLE STUDY ON SPIRITUAL TRANSFORMATION

BECOMING

A Journey Through Philippians

GOD IS STILL
WORKING ON YOU.
AND HE'S
NOT FINISHED.

WEEK 6

WATCH HOW YOU WALK

PHILIPPIANS 3:17-4:9

PATTERNS • CITIZENSHIP • RELATIONSHIPS • THOUGHT LIFE



BIG IDEA

Becoming more like Christ becomes visible in the patterns we follow, the citizenship we embody, the relationships we protect, and the thought life we cultivate.



BEFORE WE BEGIN

What patterns in my walk reveal what is actually forming me?

1

WATCH YOUR PATTERNS

Follow What Forms You



PHILIPPIANS
3:17-19

1. We are always being formed by somebody or _____.
2. Spiritual maturity requires us to pay attention to the _____ we imitate.
3. Not every successful person is a safe spiritual _____.
4. Christian imitation must always be measured by _____.



REFLECTION: Who has modeled a trustworthy Christian pattern for you? What specifically about that person's walk is worth imitating?

2

WATCH YOUR CITIZENSHIP

Remember Where You Belong



PHILIPPIANS
3:20-4:1

1. Our deepest _____ shapes our walk.
2. Paul reminds us that our citizenship is in _____.
3. Heavenly citizenship is about _____ before it is about escape.
4. We stand firm because Christ will complete His _____ work.



FORMATION QUESTION: If someone examined my choices, what would they conclude has my deepest allegiance?



3

WATCH YOUR RELATIONSHIPS

Protect the CommunityPHILIPPIANS
4:2-5

1. Christlike maturity is revealed in how we handle _____ with one another.
2. Reconciliation seeks a shared center "in the _____."
3. Mature churches do not _____ conflict.
4. Gentleness is strength governed by the awareness that the _____ is near.



IMPORTANT TO REMEMBER: Peace is not pretending harm did not happen. Biblical reconciliation includes truth, accountability, wisdom, and appropriate boundaries.



REFLECTION: Where is God asking you to pursue peace, truth, reconciliation, or healthier boundaries?

4

WATCH YOUR THOUGHT LIFE

Train Your MindPHILIPPIANS
4:6-9

1. A transformed walk requires a trained _____ life.
2. In everything, bring your requests to God through _____ and petition with thanksgiving.
3. God's peace guards our _____ and minds in Christ.
4. We can train what gets our attention, agreement, and repeated _____.
5. Spiritual formation is incomplete when truth remains only in our _____.
6. What we have learned, received, heard, and seen must become _____.



THINK ABOUT IT:

1. What repeatedly occupies your mental space?

2. Which of Paul's categories in Philippians 4:8 most challenges your current thought habits?

3. What truth do you already know that now needs to become practice?

5

FORMATION PRACTICE *Watch Your Walk*PUT TRUTH
INTO PRACTICE

PATTERN

NOTICE: What am I repeatedly imitating?

CHOOSE: What Christlike pattern will I intentionally follow?



CITIZENSHIP

NOTICE: What loyalty is competing with Christ?

CHOOSE: What kingdom value will I embody this week?



RELATIONSHIP

NOTICE: Where is tension being ignored?

CHOOSE: What faithful step toward peace, truth, or healthy boundaries will I take?



THOUGHT LIFE

NOTICE: What is dominating my attention?

CHOOSE: What will I pray about, think on, and practice instead?

6

FINAL TAKEAWAY *Live It Out*

How we _____ reveals what is _____ us.



WEEKLY PRACTICE: At the end of each day, ask: What pattern did I follow? What allegiance shaped me? How did I treat people? What did I allow to occupy my mind? Then pray for one concrete adjustment for tomorrow.