

Behold

DISCUSSION GUIDE | Week of February 8, 2026

GETTING STARTED

- Sing [Amazing Grace \(My Chains are Gone\)](#) (youtube video w/ lyrics)
 - [Lyrics only](#)
- Share a God moment that led you to praise and worship this week.
- Spend 3-5 mins in prayer together. Ask for 3 people to pray opening about the following:
 - Giving thanks for our salvation.
 - Giving thanks for our daily provision.
 - Giving thanks for an answered prayer.

DIGGING INTO SCRIPTURE

Read **Isaiah 42:18–25** and **43:1–4** aloud together.

- What stood out to me in this passage or in the sermon I heard on Sunday?
- What emotions surfaced as you listened—hope, fear, peace, tension?
- What is the significance of Israel being “blind” and “deaf” in 42:18–20? How does this give us insight into our own spiritual condition?
- What do you think about the consequences of Israel’s disobedience and lack of understanding? does it make sense that God would send them into exile?
- Why does God emphasize His covenant and protection of Israel in 43:1–4 (“I have called you by name, you are mine”)?

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DISCUSSION GUIDE CONT.

HONEST REFLECTION

- How does your worship of God shape the rest of your life? (outside of coming on Sundays)
- Are there areas in your life where you might be “blind” or “deaf” to God’s guidance, similar to Israel?
 - Any mentioned self-righteousness, pride, selfishness, or disordered longings/passion as examples.
- In what ways can we remember God’s amazing grace in our daily lives?

PRAYER & PRACTICE FOCUS

- Open your time of personal worship by singing or listening to [Amazing Grace \(My Chains Are Gone\)](#), or [Jesus, Thank You](#).
- Commit to 5–10 minutes of silence and stillness before God.
 - pray simple prayers “Here I am Lord.” “Thank you Jesus.” “Heal me Lord.”
 - Spend more time listening to God than speaking.
- End by thanking God that His Word, and His grace, do not wither, fade, or fail.