

# Behold

## DISCUSSION GUIDE | Week of January 18, 2026

### GETTING STARTED

- Brandon framed the sermon around the question: “Do we know who we’re dealing with?”
  - When you think about God, what picture or instinctive assumption usually comes to mind?
- Where in your life right now do things feel heavier than you expected them to be?
- What stood out to you most from this week’s sermon?
- Describe a time when you underestimated God, or overestimated yourself. What happened?

### DIGGING INTO SCRIPTURE

Read **Isaiah 40:12-31** aloud together.

Sit in 30 seconds of silence before beginning discussion.

- In verses 12–18, Isaiah emphasizes that God is immeasurable, beyond comparison or control.
  - Why do you think we’re tempted to shrink God down to something more manageable?
  - Where do you see that temptation show up in everyday faith?
- Verses 27–28 address the complaint, “My way is hidden from the Lord.”
  - What kinds of circumstances make it easy to believe that God has overlooked us?
  - How does Isaiah respond to that fear?
- In verses 29–31, God is described as giving strength to the weary.
  - What’s the difference between waiting on the Lord and trying to power through on your own?

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## DISCUSSION GUIDE CONT.

### HONEST REFLECTION

- Brandon said God is immeasurable in power but limitless in affection.
  - Which of those truths do you find easier to believe?
  - Which do you struggle to trust, and why?
- The sermon challenged the idea that salvation and mercy are “for everyone else.”
  - Where do you still quietly wonder if you’re an exception?
- How does your view of God’s power affect the way you carry stress, guilt, or responsibility?

### PRAYER & PRACTICE FOCUS

This week’s practice is called “Weight Transfer,” a way in which we can *coram deo*, or Behold God.

- Set aside 5–10 minutes a day to sit in silence before God.
- Reflect on this question:
  - What am I carrying that feels too heavy, even for God?
- Name that burden honestly before Him.
- Then ask:
  - Is the God I’m beholding able to carry this? Is He willing?
- Pray together:
  - “God, remind us who You are.”
  - “Help us release what we were never meant to carry.”
  - “Teach us to wait for You, not rush ahead of You.”
- End by thanking God that no one is too far gone and nothing is beyond His reach.