



DISCUSSION GUIDE

These questions are designed to help groups discuss this weekend's sermon while building relationships with each other and applying God's Word to our lives.

Week of October 19, 2025

GETTING STARTED

- Brandon talked about how spiritual growth isn't a sprint but a walk. Where in life do you feel most rushed in your discipleship?
- How do you typically respond to slow progress: frustration, fatigue, or surrender?
- What stood out to you most in this week's sermon?
- Describe a time when you felt like you were growing spiritually, and a time when you felt stuck. What was the difference?

DIGGING INTO SCRIPTURE

Read Galatians 5:16–26 aloud and sit in 30 seconds of silence before discussion. (*Note: This week we'll take a dive into the passage to ask some questions of the text. Help your group take the time to walk through the passage and the questions below.*)

1. In verses 16–17, Paul describes the tension between the flesh and the Spirit.
 - What are some ways you've personally experienced that "tug of war"?
 - What's one example of the flesh trying to "rush" what the Spirit wants to grow slowly?



DIGGING INTO SCRIPTURE (CONT.)

- Verses 19–21 list the “acts of the flesh.” Which of these seem most normalized or even celebrated in our culture? Why do you think Paul warns that people who live like this “will not inherit the kingdom of God”?
- Paul describes the “fruit of the Spirit” in verses 22–23. Which fruit feels most natural to you right now? Which feels absent or fragile? How is fruit different than performance or personality?
- Verse 24 says that those who belong to Christ have “crucified the flesh.” What does that mean practically in daily life? How does that connect with Paul’s earlier statement in Galatians 2:20?

HONEST REFLECTION

Brandon said, “The Spirit is not forming shallow niceness, He’s forming radiant goodness.”

- What’s the difference?
- Where in your life is the Spirit forming deeper goodness right now?
- Do you tend to relate to God more by effort (try harder) or surrender (keep in step)? Why?
- Where do you sense the Spirit inviting you to slow down, pay attention, or walk differently this week?

PRAYER FOCUS

- Spend time praying slowly: “Come, Holy Spirit.”
- Ask Him to expose what needs to die and grow what needs to live.
- Ask: “Where have I been trying to manufacture fruit instead of walking with You?”
- End with gratitude for the Spirit’s patience, presence, and pace.