

Behold

DISCUSSION GUIDE | Week of February 1, 2026

GETTING STARTED

- Brandon described this passage (Isaiah 42:1-17) as deeply comforting because it shows us what God does for us, not what we must do for Him.
 - Where do you most feel pressure right now to “get it together” or perform?
 - When life feels uncertain or overwhelming, what emotions tend to surface first for you: fear, exhaustion, shame, numbness?
- What stood out to you most from this week’s sermon?
- How do you usually respond when you feel weak or worn down: push harder, withdraw, distract yourself, or ask for help?

DIGGING INTO SCRIPTURE

Read **Isaiah 42:1–17** aloud together.

Sit in 30 seconds of silence before beginning discussion.

1. In verses 1–4, God introduces His Servant as gentle, faithful, and unwavering.
 - Why is it important that this Servant is someone God upholds, rather than someone who relies on their own strength?
 - How does this description point beyond God’s people and toward Jesus?
2. Verse 3 says, “A bruised reed he will not break, and a smoldering wick he will not snuff out.”
 - What do those images communicate about how Jesus treats people who are weak, burned out, or barely holding on?
 - Where do you see yourself in that imagery right now?

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DISCUSSION GUIDE CONT.

DIGGING INTO SCRIPTURE CONT.

- In verses 6–7 and 16, God promises to lead, guide, and bring light into darkness.
 - Why do you think God emphasizes guidance rather than quick fixes?
 - What does it look like to trust Jesus in unfamiliar or unsteady places?

HONEST REFLECTION

- Brandon emphasized that Isaiah 42 is not a call to try harder, but an invitation to trust what Jesus has already done.
 - Where do you still tend to approach your faith as effort rather than dependence?
- The sermon named neediness as the posture by which we receive grace.
 - What makes that posture difficult or uncomfortable for you?
- How does believing that Jesus delights in, upholds, and does not discard the bruised change how you relate to Him?

PRAYER & PRACTICE FOCUS

This week's invitation was to Behold God by centering on being upheld.

- Set aside 5–10 minutes a day to sit in silence before God.
- Reflect on this question:
 - Where do I feel unsteady right now?
- Pray simply in response: “Jesus, You uphold me.”
- End by thanking God that there is more mercy in Christ than sin in us, and that He does not falter with the weary.