



Rooted & Reaching Sermon Series

WEEK 2

Trusting Jesus

TEXT: MATTHEW 6:25-34; LUKE 19:41-44

SERMON NOTES

Personal Reflection:

Was there anything in this sermon that challenged my assumptions or comfort?

What question did this sermon raise for me that I'm still sitting with?

Daily Scripture Reading:

Philippians 4:4-9
 Exodus 16:4-8
 Lamentation 3:19-26
 1 Peter 5:6-9
 Psalm 94:12-19

Community Groups:

ICE BREAKER:

What's one thing you never seem to have enough of—time, energy, sleep, coffee or something else?

What helps you feel grounded when things feel overwhelming?

INTERPRETIVE QUESTIONS:

What reasons does Jesus give for why worry is unnecessary?

What does Jesus mean by “enough trouble for today”?

What does Jesus mean by “the pagans run after all these things”?

What prompts Jesus to weep over Jerusalem? (Luke passage)

What does Jesus' grief reveal about God's heart toward His people?

FORMATIVE QUESTIONS:

How should these passages teach us how to reframe anxiety?

What's the difference between short-term surviving and trusting in God's righteous work in Jesus' teaching in Matthew 6?

How might people be close to God's activity and yet unaware of it?

SIMPLE PRACTICE (FOR PERSONAL USE):

In solitude, hold your hand out wide open, practice deep breathing and surrendering more of your life over to God by praying “Lord, here I am. All I have is yours.”