

NEXT RIGHT STEPS

This week, I will:

- Set my mind on Christ daily
- Put to death one specific sinful pattern
- Put on one Christlike habit or attitude

**Colossians: Jesus Over All
Jesus Is Over Our Mind and Desires 8 of 11
Cornerstone Church of Poway
Pastor Rich Sherwood
May 31, 2026**

Big Idea

Your focus determines your future

Opening Prayer

Ask God to renew your mind, reshape your desires, and help you live out your new life in Christ.

Icebreaker (5 minutes)

What is something that tends to consume your thoughts during the week?

How does it affect your mood or actions?

Read Colossians 3:1–11 together.

Key Truth - What you think about shapes what you desire...
and what you desire shapes how you live.

Discussion Questions

Family / Youth Friendly Questions

1. Why is it hard to change our thinking and habits?

1. Set Your Mind on Things Above

(Colossians 3:1–4)

1. What does it mean to “set your mind on things above” in everyday life?

2. What are some common distractions or thoughts that pull our focus away from Christ?

3. What helps you stay focused on God during a busy week?

Cross references:

Romans 12:2

Philippians 4:8

2. Put to Death What Belongs to Your Old Life

(Colossians 3:5–9)

1. Why do you think Paul uses such strong language like “put to death”?
2. What is one area where people often struggle to let go of old habits or patterns?
3. What is one area where you feel God calling you to take action and remove something from your life?

Cross references:

Romans 8:13

Galatians 5:24

3. Put On the New Self in Christ

(Colossians 3:10–11)

1. What does it mean to “put on the new self” practically?
2. What are some qualities or attitudes that reflect the new life in Christ?
3. What is one Christlike trait you want to grow in right now?

Cross references:

2 Corinthians 5:17

Ephesians 4:22–24

Personal Reflection

Which of these do you most need to act on this week?

I need to set my mind on Christ

I need to put something to death

I need to put on a new Christlike habit. Life Application

This week, take one intentional step:

Set Your Mind

Start each day with Scripture or truth from God’s Word

Put to Death

Remove one habit, influence, or pattern that pulls you away from God

Put on the New Self

Practice one Christlike attitude (patience, kindness, humility, etc.)