

# Counseling Referrals



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## Ash Anderson, LPC

- 312-523-3721
- ash@cartocounseling.com
- cartocounseling.com
- **Specialty:** Grief and Loss, Life Transitions, Interpersonal Relationships, Identity Development and Formation, Self-Awareness, Family of Origin, Parenting, Anxiety and Depression, Loneliness, Stress Management, Chronic Pain, Spiritual Formation and Development, and Personal Growth

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## Sara Brennan, M.E.d., LPC

- Virtual Office
- 361-589-1027
- cc-counseling.net
- sara@cc-counseling.net
- **Specialty:** Adolescents, Adults, Couples; Anxiety, Depression, Mood Disorders, Trauma, Life Transitions, Marital and Premarital, Stress-related Disruptions, Grief and Loss, Substance Use Issues, Personal Growth and Self-Awareness, Faith-based Counseling

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## Patrick Cole

- 720-404-1004

- pcolecounseling@protonmail.com
- psychologytoday.com/us/therapists/patrick-j-cole-denver-co/1079646
- **Specialty:** Strengths-based, Goal-oriented, Anxiety, Depression, Anger, Trauma, Family Conflict, Adolescent, Adult/Senior Adult, Spiritual Issues, Life Stage Transitions
- **Current Rate(s):** \$120/session. Most major insurances accepted.
- Additional Information: 100% virtual/telehealth, availability within 1 week; Gentle and nurturing but direct approach, ages 12+

## Elizabeth (Beth) DeWeese, Ph.D

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- 9364 Teddy Lane, Suite 204, Lone Tree, CO 80112
- 720-936-8656 (call or text is ok)
- bdeweese@comcast.net
- **Specialty:** women across the adult life span struggling with life transitions, anxiety, depression, adjustment, grief/loss
- **Current Rate(s):** \$160/hour
- Additional Information: offers virtual/telehealth appointments

## Melissa Fuller, MA, LPC, NCC

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- 3333 S. Wadsworth Blvd, Unit D #330, Lakewood, CO 80227
- 720-326-3257
- melissafuller@thegatheringrelationshipcenter.com
- <https://www.thegatheringrelationshipcenter.com/>
- **Specialty:** Children, Adults, Couples & Family Counselor. Trauma-focused/EMDR certified therapist (PTSD, grief/loss), Couples and Families (premarital, infidelity, divorce, family conflict, relationship issues, life transitions, etc.), Children (Child-centered play and sand tray therapy), ADHD, Anxiety, Depression, Forgiveness and Reconciliation, Parenting and School Issues, and Personal Growth.
- **Current Rate(s):** \$150 for hour session. Accepts some insurance for individuals only.

## Keith Hughes Counseling, L.L.C.

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- 5984 S. Prince St. Suite 200 Littleton, CO 80120
- 303-883-3560

- keithbiz66@gmail.com
- **Specialty:** Adults and Teens, Individual and Couples, Depression & Anxiety Coping Skills and Processing, Trauma, Life Transitions, Spiritual Development and Growth, Parent Coaching

## Jenni Hoag, Soulcare Anchoress

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- 303-803-3236
- jenni.hoag@soulcareanchoress.com
- soulcareanchoress.com
- **Current Rate(s):** \$85/session, for about 60-75 minutes
- Additional Information: As a spiritual director, I offer space to explore God's presence and notice His presence and invitations. I often use "out of the box" ways to offer connection with God and practices to engage the heart and mind with the Lord. I meet people in various places as long as it is a quiet space.

## Mark R. LaFluer

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- 7475 W 5th Ave, #210, Lakewood, CO 80226
- 303-475-4603
- mark@marklafleur.com
- marklafleur.com
- **Current Rate(s):** Individual \$170/Couples \$180, per 50-minute session
- Additional Information: Self-talk specialist

## Nick Lillo

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- 15394 W Iliff Dr., Denver, CO 80228
- 303-475-4603
- nickl@waterstonechurch.org
- **Specialty:** Life Decisions Including Personal Goals, Time Management, Relational Challenges, Career Direction and Life Transitions, Leadership Coaching
- **Current Rate(s):** \$80 per hour

# Erik J. Petersen, Life After Loss Counseling

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- 821 Sangre De Cristo Road, Suite 200, Littleton, CO 80127
- 720-295-3745
- erik@lifeafterlosscolorado.com
- **Specialty:** Grief and Loss, Trauma, Couples Relationship Counseling, and Whole-Hearted Living
- **Current Rate(s):** \$150/session. Sliding scale available. 10% discount for Waterstone Church Referrals
- Additional Information: Virtual

# Paul Steinke, The Karibuni Center

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- 9331 S Colorado Blvd, Suite 60, Highlands Ranch, CO 80126
- 720-588-2005
- psteinke@karibunicenter.com
- **Specialty:** Couples, Relationships, Individuals, Faith Development, Mood Disorders, Addiction, Trauma
- **Current Rate(s):** \$160

# Audra Uht, MA, LPCC, NCC

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- 1189 S Perry St, Ste 140, Castle Rock, Colorado 80104
- 719-401-1271
- audra@audrauhtcounseling.com
- **Specialty:** Adults 18+, anxiety & depression, interpersonal/communication issues, life transitions, spiritual direction, women's issues, perfectionism, career challenges, stress/burnout, attachment issues, premarital counseling (Prepare/Enrich certified), marriage counseling, and brainspotting for trauma processing.
- **Current Rate(s):** \$110 with sliding scale options available. Accepts Kaiser insurance (rates vary depending on coverage)