

# Counseling by The Book



Dr. John Babler - author and teacher

**Whether you know it or not, you *are* a counselor.** You counsel people hundreds of times a year. In coffee shops, near water coolers, in the grocery store, at church, or over a meal. The question is not, “Will I counsel” because you most certainly will. A better question is, “What will you counsel with?”

This training is ideal for equipping people with tools for Biblical counseling. The Bible addresses all areas of the human condition, whether you have experience with a particular problem or not. Share Truth with people and help them grow into Christlikeness. This is the process of discipleship that we are mandated through Matt 28:19,20.

**We encourage FBC staff, small group leaders, elders, youth leaders, etc. to take this course – be trained to counsel using God’s Word.**

**Counseling by The Book Training** is a new biblical counseling training program developed by Dr. John Babler. Dr. Babler is Chairman of Biblical Counseling at Mid-America Seminary and College, and he also serves as a Fellow and Board Member with the Association of Certified Biblical Counselors (ACBC). His expert training will help you learn how to use Scripture to counsel those who ask you for help.

## WHAT TOPICS ARE COVERED IN THE COUNSELING BY THE BOOK TRAINING AT FELLOWSHIP BIBLE CHURCH?

You get 26 complete sessions of Dr. Babler's best teaching. Below is a list of each session.

- Session 1: Welcome and Introduction
- Session 2: Avoid the World's Wisdom
- Session 3: Doctrine of Scripture
- Session 4: Doctrine of God
- Session 5: Doctrine of Man
- Session 6: Doctrine of Sin
- Session 7: Doctrine of the Church
- Session 8: The Heart of the Problem/Idolatry
- Session 9: The Biblical Process of Change – becoming like Christ
- Session 10: Instilling Hope
- Session 11: Relationships in Counseling
- Session 12: Foundational Biblical Counseling
- Session 13: Counseling Ephesians
- Session 14: Counseling Matthew 5–7, Romans 6–8. Counseling Nuggets
- Session 15: Biblical Confrontation and Church Discipline
- Session 16: Un-Biblical Thinking
- Session 17: Medication, Diagnosing, and the DSM-5
- Session 18: Addictions and Sexual Sin
- Session 19: Gathering Information and Asking Questions
- Session 20: Legal and Ethical Issues
- Session 21: Homework
- Session 22: Evangelism
- Session 23: Marriage and Family Counseling
- Session 24: Crisis Counseling; Trauma and “Trauma-Informed”
- Session 25: Selected Counseling Issues
- Session 26: Wrap-up

At FBC we will conduct this training on 5 Saturdays from 8am to 5pm:

- **June 6** – Online viewing of Dr. Babler teaching with discussion led by FBC counseling team.
- **June 20** – Online viewing of Dr. Babler teaching with discussion led by FBC counseling team.
- **July 25** – Dr. Babler will teach the final sessions on our FBC campus here in Tulsa.
- **August 1** – View counseling observation videos and discuss.
- **August 8** – Review tools/resources used by FBC counseling for marriage and general counseling. The afternoon will be devoted to role playing actual counseling sessions.

Cost for this training is \$350 per person. Scholarships are available.

Alumni of this training may audit for \$50.

Registration opens on May 21. Go to <https://www.fbctulsa.org/biblical-counseling> to register after May 21.