

A Morning Pattern for Prayer

(Adapted from Brian Zhand's *Water to Wine*)

Address

Father God, Creator of heaven and earth, God of Abraham, Isaac, and Jacob, God of Israel, God and Father of our Lord Jesus Christ, True and Living God who is Father, Son and Holy Spirit, have mercy and hear my prayer.

First Prayers

O Lord, open our lips, and our mouth to proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Hallelujah.

O God, make haste to save us. O Lord, make speed to help us.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen. Hallelujah.

The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me.

Confession of Sin

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy and forgive us; help us to both hear and accept your forgiveness, that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Psalm for the Week

(Corresponding Psalm to this week)

Gospel Reading

(Corresponding Reading from the *Revised Common Lectionary*, *Book of Common Prayer*, *Guide to Prayer*, or a daily reading guide through the Gospels)

Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets. We believe in the one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.

Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me.

Psalms 23

"The Lord is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for His Name's sake.

Even though I walk in the valley of the shadow of death I shall fear no evil; for you are with me; your rod and your staff, they comfort me.

You prepare a table for me in the presence of my enemies; you anoint my head with oil, my cup overflows.

Surely goodness and mercy will follow me all the days of my life, and I will dwell in the house of the Lord forever."

Psalm 91: 1 – 2

“He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say to the Lord, ‘You are my fortress and my refuge, my God in whom I will trust.’”

Prayer for Family

Psalm 103: 1 – 5

“Bless the Lord, O my soul, and all that is within, me bless his holy Name.

Bless the Lord, O my soul, and forget not all his benefits.

He pardons all your iniquities, and heals all your diseases; He redeems your life from the pit and crowns you with loving-kindness and mercy; he satisfies you with good things, so that your youth is renewed like the eagle’s.

Bless the Lord, O my soul, and all that is within me bless his holy name.”

The Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory forever.

Amen.

Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me.

The Lord’s Prayer Expanded

Our Father, Holy Father, Abba Father, in the heavens.

Hallowed, holy, sacred be your name. From the rising of the sun, to the going down of the same, the name of the Lord is to be praised. Great is the Lord and greatly to be praised. Holy, holy, holy is the Lord God of hosts, the whole earth is full of your glory. Holy, holy, holy, is the Lord God almighty, who was, and is, and is to come.

Thy kingdom come, thy will be done, on earth as it is in heaven. Thy government come, thy politics be done, on earth as it is in heaven. Thy reign and rule come, thy plans and purposes be done, on earth as it is in heaven. May we be in

anticipation of the age to come. May we embody the reign of Christ in this space–time.

Give us this day our daily bread. Provide for the poor among us. As we seek first your kingdom and your justice, may all we need be provided for us.

Forgive us our trespasses as we forgive those who trespass against us. Forgive us our debts as we forgive our debtors. Forgive us our sins as we forgive those who sin against us. Transform us by the Holy Spirit into a forgiving community of forgiven sinners.

Lead us not into trouble, trial, tribulation, or temptation. Be mindful of our frame, we are merely dust; we can only take so much. Lead us out of the wilderness into the Promised Land flowing with milk and honey; lead us out of the badlands into resurrection country.

Deliver us from evil and the evil one. Save us from Satan, the accuser and the adversary so that no weapon formed against us shall prosper; so that every tongue that rises against us in accusation you will condemn; so that every fiery dart of the wicked one is extinguished by the shield of faith; so that as we draw near to Jesus Christ lifted up, His cross becomes the axis of love expressed in forgiveness that re–founds the world; and the devil who became the false ruler of the fallen world, is driven out from among us.

For thine is the kingdom, and the power, and the glory, forever.

Amen.

Petition and Intercession

(Making our needs known and praying for others)

Contemplation

(Sitting with Jesus – Listening – Voices of the Saints – Readings from saints through the ages to guide us in prayer)

Prayer to the Crucified Christ

Lord Jesus, you stretch your arms of love upon the hard wood of the cross that everyone might come within the reach of your saving embrace: so clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your name. Amen.

The Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of God.

Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
Blessed are the merciful, for they shall receive mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called children of God.
Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of God.

Prayer for Peace

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near. Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen.

Prayer of St. Francis

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving we that receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Prayer for the Week

(The weekly collect from the BCP or a weekly prayer focus that you have written, be simple and focused on Christ and His Character)

Prayer for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose, through Jesus Christ our Lord. Amen.

Prayer of Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made.

We bless you for creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace and the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Prayer for Mercy

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Confession of the Mystery

Christ has died! Christ is risen! Christ will come again!

Benediction

And may I now trust in you, the source of life and goodness to supply every need according to the gracious riches in Christ.

Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me.
Amen.