



Study Guide

Ice Breaker

Random Question: If you could live inside any TV show for a week, which one would you choose and why?

Worship Question: What is your favorite worship song we sing right now? What is your favorite of all time? Why?

Sermon Recap

Ever wonder what truly deserves your deepest devotion? Zach challenges us to examine our calendars, bank accounts, and screen time to reveal what really gets our "worth-ship." Through powerful insights from Romans 12 and Amos 5, he unveils how worship isn't just about Sunday songs—it's warfare that shapes who we become. Whether through raised hands or daily decisions, true worship transforms us into Christ's image. Through this message, we learn about becoming a living sacrifice and discovering the purpose you were created for.

Discussion Questions

- ▼ Worship is defined as 'whatever you give your deepest love, trust, and energy to.'
- If worship is about what we love, trust, and invest in most, what everyday habits or priorities might reveal what we're truly worshipping?
 - How does this definition challenge the way we approach our week — what we pay attention to, what we pursue, and what we rely on?

Read Scripture

Romans 12:1-2 NIV

¹ Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Discussion Questions

- ▼ In Romans 12:1-2, Paul urges believers to offer their bodies as 'living sacrifices' as true worship.
- What does it practically look like to offer our everyday lives — work, decisions, attitudes — as a form of worship to God?
 - Paul connects being a 'living sacrifice' with having a renewed mind. How does spiritual transformation shape the way we respond to God in worship?
 - In what areas of your life is it hardest to surrender control and live sacrificially, and why do you think that is?
- ▼ Zach teaches that 'worship is warfare' and that what we worship shapes who we become.
- What are some subtle things we might worship (approval, comfort, control, success) that slowly deform us without us noticing?
 - What practices help you actively redirect your worship toward God when you feel pulled toward lesser things?

True vs. False Worship

Amos 5 - FALSE Worship	Romans 12 - TRUE Worship
Songs without surrender.	Surrender that becomes your song.
Ritual without relationship.	Relationship expressed through sacrifice.
Worship is loud, but lives are unchanged.	Lives are surrendered and worship is authentic.
Performing religion.	Practicing obedience.
Empty gatherings.	Embodied devotion ("offer your bodies.")
Sacrifice of animals.	Sacrifice of self - a living sacrifice.
Compartmentalized: God gets Sunday.	Comprehensive: God gets every day.
Trying to cover disobedience.	Choosing obedience as worship.
Using worhsip to "manage sin."	Using worship to "offer your life."

Hearts far from God.	Hearts transformed by God.
Conforming to the world.	Transformed by renewing the mind.
Idols get their true attention.	God gets their true worth.

Discussion Questions

▼ Amos 5 and Romans 12 contrast the difference between true worship and false worship.

- Where do you see the temptation in your own life to drift toward “Amos 5 worship” — going through the motions—rather than offering yourself fully to God as Romans 12 describes?
- What practices help shift worship from something we *attend* to something we *live* — from empty ritual to whole-life surrender?

Read Scripture

Psalms 71:23 NIV

²³ My lips will shout for joy
when I sing praise to you—
I whom you have delivered.

Discussion Questions

▼ In Psalm 71, David was 'singing toward joy' rather than from joy. How does this perspective change our understanding of worship during difficult seasons?

- Why do you think God invites us to worship *in* sorrow rather than waiting until joy returns? What does that reveal about His character?
- What practices help you keep worship alive when emotions or circumstances make it difficult?

Final Thought

Worship is all about what gets your worth. So that's the question: **What gets your worth?**

Prayer

- Start by sharing any personal prayer requests or needs with the group.
- Ask God to help us recognize what truly receives our worth each day.
- Pray for strength to transform any false forms of worship into true living sacrifices.
- Invite the Holy Spirit to guide us in making worship a daily lifestyle, not just a Sunday event.

Rewatch the Sermon

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