



Commitment - Making a plan to be like Jesus and putting it into practice

DAY 1

Read Luke 2:52 NIrV

"Jesus became wiser and stronger. He also became more and more pleasing to God and to people."

Jesus stayed behind because He loved talking about His Father, God. Jesus listened, asked questions, and shared answers. You can follow Jesus' example in the same way! Start with Listen. When someone reads the Bible, pay attention and wonder, "What does God want to teach me or want me to know?" Next is Pray. Whisper or say your thoughts to God like you would to a friend. Then comes Remember. Think of something God has done for you or someone you know. After that, Ask. Find a trusted adult and ask one question about God. Finally, Share. Tell a friend one true thing you believe.

Each time you complete a step, color its bubble and thank God for helping you speak. When all five bubbles are bright, look at them and celebrate! You practiced talking about God!



DAY 2

Read Psalm 105:2 NIrV

"Sing to him, sing praise to him. Tell about all the wonderful things he has done."

This week, find a sticky note and write one word that tells something about God (LOVE, STRONG, KIND, SAVIOR). Stick it where everyone will see it in your home, like the fridge. Ask family members to add their own notes below throughout the week. At dinner, read the list aloud and thank God. Words can be tiny, yet huge. When you choose just one word about God and post it, you start a conversation. Maybe your sister writes HELPER. Maybe Dad writes FAITHFUL. Soon, a bright tower of notes reminds everyone that God is amazing.

Talking about God doesn't always mean giving a long speech. Sometimes it starts with a single brave word. King David sang, "Tell about all the wonderful things he has done." Your sticky note is your song today! When you walk by the notes, whisper a quick prayer: "God, thank You for being _____."

Keep adding words all month. Watch how a note grows your faith and your own courage to speak up!

MEMORY VERSE:

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."

1 Timothy 4:8 NIrV

DAY 3

Read 1 Peter 3:15 NIrV

“But make sure that in your hearts you honor Christ as Lord. Always be ready to give an answer to anyone who asks you about the hope you have. Be ready to give the reason for it. But do it gently and with respect.”

Grab a notebook or a blank piece of paper. At the top, write the word HOPE. Underneath, list three places you go each week, like school, soccer, or Grandma's house. Beside each place, write one way you could tell someone about the hope Jesus gives. Maybe it's a sentence, maybe it's a drawing. When you finish, circle the example that you will start with first. Think about why hope matters to you. Has God ever helped you when you felt sad, worried, or alone? Remember that moment. How would you describe it to a friend? First Peter 3:15 reminds us to be ready, but also gentle. You don't have to shout or argue. You can share by listening, smiling, or telling a simple story. The Holy Spirit can help you guide your words.

Write one sentence to finish: "I can talk about God because He _____." Read it out loud and thank Him for making you brave. Keep the page somewhere you will see it daily.

DAY 4

Read Colossians 4:6 NlrV

“Let the words you speak always be full of grace. Learn how to make your words what people want to hear. Then you will know how to answer everyone.”

Have you ever sprinkled salt on popcorn? A tiny shake can make every kernel taste better. The Bible says our words should be like that, little bits of grace that make what we talk about good. Practice talking about God every day. Try the three-step POP plan: Pause, Open, Pass.

Pause. Before you speak, take one breath and think, “Will this help someone see God?”

Open. Open your mouth and share a short truth you know: God loves us, God forgives, or God listens.

Pass. After you speak, pass the conversation by asking, “What do you think?” Listening shows respect and keeps the talk going.

Pick one person, a classmate, neighbor, or sibling. Use the POP plan to drop a sentence about God. If you feel nervous, remember the Holy Spirit is right beside you. The more you practice, the easier it becomes, like learning to ride a bike or tie your shoes.

