

May is MENTAL HEALTH AWARENESS Month

#1

Suicide is the #1 cause of death among Colorado middle and high school students

27%

More than a quarter of Colorado high school students don't have an adult they can go to for help with a serious problem

22%

Only 22% of youth with a mental illness are receiving care

'Partners for Children's Mental Health'

"Mentoring is one approach that **may improve the health and well-being of youth** with mental health challenges, through both **prevention efforts**, before serious mental health concerns emerge, and **intervention efforts**, when symptoms have already appeared."

-National Mentoring Resource Center



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Encouraging Words from our Mentees

"The reason why I joined Save Our Youth is because I need **someone** who **I can trust** who can help me regain my courage, strength, and ambitions to succeed in life."

"**Save Our Youth is my family.** I don't see them as anything else. And as a family, they are supportive, helping me when there is no one else. My path has included challenging struggles that caused me to become stronger mentally, and to have immense faith in my perseverance."

"Without Save our Youth in my life, I believe that I wouldn't have been able to establish a clear view of where I want to be **in the future.**"

We work with school admin & counseling staff to provide support for mentees & to recruit mentors. **School counselors** who **understand the value of mentorship** refer vulnerable students to us.

Our relationship with 60+ faith communities in the Denver Metro Area helps to provide **human services assistance, mentors,** and **basic needs** to mentees & their families.

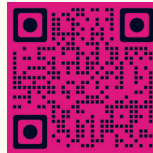
Save Our Youth partners with community organizations, school districts, and human service agencies across the Denver Metro Area (over 20 cities) to enhance our mentoring work.

These are only a few of the partners we are proud to work with.

Our relationship with Beyond Home, an org that provides long-term housing for families **coming out of homelessness,** allows us to provide mentors for the children whose parents are in this program.

We've partnered with West Colfax Lampstand, a low-income apartment building, to provide **mentoring to children of the residents.**

Scan the QR Code to Become A Mentor Today!



SaveOurYouth.org/Mentor