

Amplify

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5 Tips for an Extended Devotional Time ✨

Want to go deeper in your time with God? Here are **5 simple tips** to help you have an extended, meaningful devotional time:

1. **Set the Atmosphere** 🌿

Find a quiet, comfortable space free from distractions. Light a candle, play soft worship music, or sit near a window with natural light. Creating a peaceful environment helps your heart settle and focus on God.

2. **Use a Devotional Framework** 📖

Structure your time with a simple flow:

- **Read:** Start with Scripture (choose a chapter, passage, or verse).
- **Reflect:** Ask, “*What is God saying to me through this?*”
- **Respond:** Journal your thoughts, prayers, or insights.
- **Rest:** Take a few minutes of silence, allowing God’s presence to sink in.

3. **Pray in Layers** 🙏

Instead of one long prayer, break it into segments:

- **Thanksgiving:** Start with gratitude.
- **Confession:** Be honest about your struggles.
- **Intercession:** Pray for others (your Amplify 5 list!).
- **Personal Requests:** Share your heart with God.
- **Listening:** Pause and listen for God’s whisper.

4. **Incorporate Worship** 🎵

Spend part of your devotional time singing, playing an instrument, or listening to worship songs. Worship shifts your focus from yourself to God’s greatness, refreshing your spirit.

5. **Go Deeper with Journaling** 📝

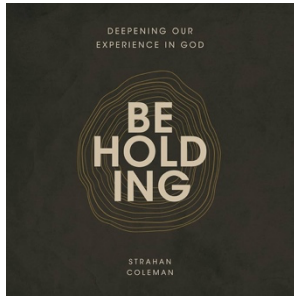
Write down your prayers, what you’re learning, and how God is speaking to you. Journaling helps you process your thoughts and creates a record of your spiritual growth over time.

Bonus Tip: Don’t rush! Extended devotional time isn’t about filling minutes—it’s about creating space for God to speak. 💙

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Recommended Reading:



Recommended Resources:

<https://www.practicingtheway.org/>

<https://www.24-7prayerusa.com/resources/praying-in-color-podcast>