

WMPC MONTHLY



WHITE MEMORIAL PRESBYTERIAN CHURCH | SEPTEMBER 2026

Formation

Who has formed you? What has formed you? What beliefs and practices make you who you are? Knowing the answers to these and similar questions is the key to both self-understanding and feeling the gratitude that makes life rich.

In the church, we are in the formation business. Everything we do has the goal of forming disciples of Jesus Christ, whose message and mission were all about learning to walk in his footsteps and "take up a cross and follow." And we believe that formation takes place most completely in community. Thus we worship, pray, study, and serve together in groups big and small. In the above question, "What has formed you?" I hope that many of us answered with some form of "my church" or "my church family."

I write about formation because it is the "formation-emphasis" time of year as we kick off our 2026–2027 program year. It's all starting up in the next couple of weeks. Old opportunities and new opportunities, some big and some small, to worship, sing, pray, learn, and grow with old and new friends. All of them are rich with moments to be formed, to learn, and to grow. In many ways, this entire newsletter is a catalog (remember those?) of the formation opportunities at WMPC this fall. Our staff and our leaders have been hard at work all summer to allow these ministries to blossom into fruition.

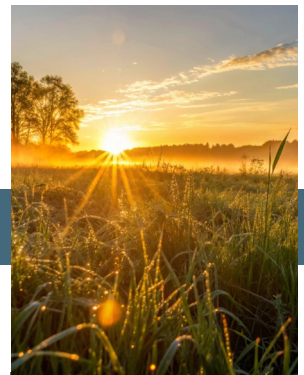
I sometimes get asked where I start with my own formation journey. I start with prayer, but very quickly go to the Bible, where the proverbs, psalms, parables, prophecies, and stories of Jesus continue to shape my faith and enrich my mind and heart. But even I, with all my time in Scripture and all my training, still need to return to it. It's how I am formed. I don't think my formation will ever be complete. God is always showing and teaching me something new.

Presbyterian pastor Don McKim put it this way: "The message of the Bible is: God created the world good. Humans messed up the good creation. God came in Jesus Christ to set things right." Our formation and dedication to God are how we do our part in helping things get "set right." Without formation and growth, we can't and won't follow the Savior very well at all. And so, our faithfulness as a church family is the foundation upon which everything we do is constructed. I need it. We all do. Let us be faithful in participating in the mission to which God is calling us.

Hope to see all of you very, very soon!

May grace abound,

Christopher Edmonston, *Pastor*



SUNDAY WORSHIP TIMES

SHARED WORSHIP
Edinburgh Building:
Main Hall

9:30 & 11:00 a.m.

Live Stream,
Facebook Live
and YouTube
streaming options
available.

Sunday School
will resume
September 13
9:30 a.m.

Nursery
9:30 a.m.
Birth to 4-year olds

Church Office
Telephone Number:
919-834-3424

Pastor-On-Call
Telephone Number:
919-605-4593



Available on the
App Store

GET IT ON
Google Play

whitememorial.org

WORSHIP | EMBRACE | SERVE
in the manner of Christ

Joys & CONCERNS

PRAYERS AND CHRISTIAN CONCERNS

Gerald Roach and family, on the death of his mother, Mary Jon Roach, August 6, Raleigh, NC

Nancy Ruark, on the death of her brother, John Robert Ruark, July 24, Virginia Beach, VA

Carl Hibbert and family, on the death of his brother, David Hibbert, August 7, Atlanta, GA

Jared Smith, on the death of his grandmother, Shirley Overcash Allen, August 11, Durham, NC

Penn Holderness and family, on the death of his mother, Mary Dameron Holderness, August 25, Raleigh, NC

NEW PRESBYTERIANS

Max Talbot Lineberger, August 20, child of Virginia and Steve Lineberger

BAPTISMS

George Fulton Cozart, August 2, child of Elizabeth Gay Cozart and Harrison Dorton Cozart

Graham Carter Shuford, August 16, son of Mariah Harris and William Shuford

Patsy Ann Parrott, August 16, daughter of Davis Ann and Forrest Parrott, grandchild of Julie and Andy Bilodeau

Emmett James Easton and Julian Carter Easton, August 30, children of Emily and Nick Easton

If you have experienced a birth, marriage or death you want to share with the church, email Lindsay Dew at ldew@whitememorial.org or Lisa Crumpler at lcrumpler@whitememorial.org

If you have a relative or church friend who is hospitalized, email Caroline Parker at cparker@whitememorial.org or call 919-834-3424 during regular business hours so our pastoral staff can reach out. If you have an urgent pastoral care need that is outside of normal business hours, call our after-hours pastor on call at 919-605-4593.

noteworthy

CELEBRATE CHRISTOPHER EDMONSTON AND 15 YEARS AT WMPC

On Sunday, September 20, following the 11:00 a.m. worship service, we will gather for a special ceremony honoring Christopher and celebrating his 15 years of faithful service and leadership among us.

Please join us in person or online as we give thanks for Christopher's ministry, celebrate the ways God has worked through his leadership, and mark this significant milestone in the life of our church. We hope you will be part of this special and joyful celebration!

SHARED WORSHIP

During the Sanctuary renovation we will offer two services in the Main Hall-Edinburgh Building at 9:30 and 11:00 a.m. This will be the pattern until renovations are complete.

You can view photos of the sanctuary renovation progress on our website. whitememorial.org/renovations

DO YOU RECEIVE OUR WEEKLY EMAIL ON THURSDAYS?

If not, would you like to? Contact Karen Haneline at khaneline@whitememorial.org to begin receiving.

CHURCH LOBBY HOURS - Ross Building

Monday–Thursday: 8:00 a.m.–5:00 p.m. | Friday: 8:00 a.m.–2:00 p.m. | Other times are by appointment.

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE: WHITEMEMORIAL.ORG/REGISTER.



KICKOFF SUNDAY AT WMPC!

SUNDAY, SEPTEMBER 13

9:00 - 12:00 | OBERLIN ROAD COURTYARD

To celebrate the start of our program year, we'll have photo booths and pastries from our community partner [A Place at the Table](#) in the Oberlin Courtyard and under the portico outside of Pickard Hall.

Want to help? We will need volunteers throughout campus to welcome people, give directions, and serve treats. This is a great opportunity for people of all ages to serve without a long-term time commitment! [Sign up to volunteer for a shift here.](#) We can't wait to see you!

CHURCHWIDE COLLECTION NON-PERISHABLE FOOD ITEMS FOR

BACKPACK BUDDIES

Each week when school is in session, our church provides food-insecure children at Oberlin Middle and Lynn Road and Lacy Elementary Schools with healthy meals and snacks.

If you would like to help, you can click on the Amazon link below to order backpack buddies non-perishable food items.

Thank you for your generosity and consideration by only donating items requested.

- Purchase items for Backpack Buddies through our [Amazon link](#).
- Please bring items for Backpack Buddies to the red bins outside of the Outreach (K100) Room.



Pancake Breakfast & Servant Saturday! Saturday | September 19 9:00 a.m. - 12:00 p.m.

Want to flip some pancakes and spread some joy? We need volunteers for the Pancake Breakfast. [Sign up to help here.](#)

Childcare available for children under 3 in the nursery.

It's back and better than ever!
Join us for our Third Annual
Pancake Breakfast & Servant Saturday!

Start your morning off right with a delicious pancake breakfast from 9:00-10:00 a.m.

Then roll up your sleeves and be part of Servant Saturday, where we'll dive into hands-on projects that support our community outreach partners. All ages are welcome—bring your family, friends, and appetite for both pancakes and service! RSVP if you can (it helps us plan), but don't worry if you forget. There's no cost—just come hungry and ready to serve!



Register for pancakes: whitememorial.org/register

MEN'S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva. Contact for the group is Don Thompson, dthomps1ing@gmail.com.

WOMEN'S BREAKFAST & FELLOWSHIP

Women of all ages are invited for breakfast and fellowship Tuesday mornings at 7:00 a.m. For more information and meeting location contact Kathy Kidd, kakidd@bellsouth.net.

GIFTING APPRECIATED STOCK OR IRA DISTRIBUTIONS

Gifting appreciated stock or IRA distributions are great ways to make your contributions to the church. Please contact Yolanda Childress at ychildress@whitememorial.org with your gifting details, or for more information.

SUPPER CLUBS

This is a short-term small group initiative meant to gather folks around the table to share a meal and fellowship. When you register, you will be placed in a group of 8-10 people. Your Supper Club will commit to meeting three times, 1x/month from September-November at times decided by the group. A short liturgy will be provided to frame your time together. Supper Clubs may meet in homes or at restaurants. Contact Anne Galliher at agalliher@whitememorial.org with questions. [Register here](#).

COME PLAY BRIDGE WITH FRIENDS

Mondays | 1:00 p.m.

Whether you are experienced, a beginner or want to learn how to play we invite you to join us! We'll practice different bridge hands, talk bidding, and enjoy fun and fellowship. For more information and to find out where we are gathering next, contact Judy Bundy at judybundy7@gmail.com or Mary Grace White at marygrace623@yahoo.com.

MAHJONG AT 1:00 AT WMPC

**Tuesday | September 1 & September 15
1:00-2:00 p.m. | C200**

We now have a group playing Mahjong on the first and third Tuesday of each month. Whether you're a seasoned player or brand new to the game, everyone is welcome! Don't forget your Mahjong card if you have one. Registration isn't necessary but if you'd like to receive a reminder email, contact Beth Moore at bmoore@whitememorial.org to be included in the Realm group.

PET LOSS SUPPORT GROUP

Thursdays | 7:00-8:30 p.m. | C300

The Triangle Pet Loss Support Group meets each Thursday at 7:00-8:30 p.m. in C300. Anyone who has lost a companion animal is welcome to come to the group. Any questions about the group can be directed to its facilitator, Rev. Jonathan Sherrod at cjonathansherrod@yahoo.com.



CELEBRATING ONE YEAR OF ALL ARE WELCOME

**Monday | September 21 | 7:00 p.m.
Davidson Chapel**

For one year, All Are Welcome has been creating a faith-based space of fellowship and emotional and spiritual support for LGBTQ+ adults

and the adults who support this community. You're invited to participate in the group as we create a safe space of welcome and engagement. We meet on the 4th Monday of every month. For more information, contact Kathy Hart at hartmusic1@gmail.com, Linda Robinson at raleigh-robinsons@gmail.com or Scott Wilson at bswilson@gmail.com.

OUTREACH KNITTING GROUP

Gather around and enjoy fellowship and friends while knitting and crocheting the first Tuesday of each month at 9:30 a.m. in R400. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter, 919-805-0897 or fsenter@bellsouth.net.

OUTREACH SEWING GROUP

The Outreach Sewing Group will meet on Monday, September 21 from 9:30 a.m.-1:00 p.m. in C200. Come join us! After a morning of sewing, lunch is provided. You don't need to be a seamstress to join us; we also have non-sewing jobs.

KEENAGERS - FALL KICKOFF

Thursday | September 10

Keenagers is a program designed for adults aged 55 and older, meeting on Thursdays at 10:45 a.m. in Geneva Hall. Our gatherings include socializing, singing, and learning about various topics of interest. Each meeting is followed by a delicious lunch prepared by the WMPC kitchen staff.

In addition to our on-site programs, Keenagers also participate in monthly outings to local venues. Transportation for these outings is included with your membership.

Registration for the 2026-2027 membership year will begin at the meeting on Thursday, September 10. Keenagers is part of the City of Raleigh Parks and Recreation programs, and there is an annual membership fee of \$25. We hope you'll join us for fun, learning, and fellowship! If you have questions, contact Don Thompson at dthomps1ing@gmail.com.

WOMEN'S MONTHLY FELLOWSHIP LUNCHEON

All women of the church are Presbyterian Women.
Please join us.

Monday, September 14
Main Hall Luncheon | 12-1:00 p.m.

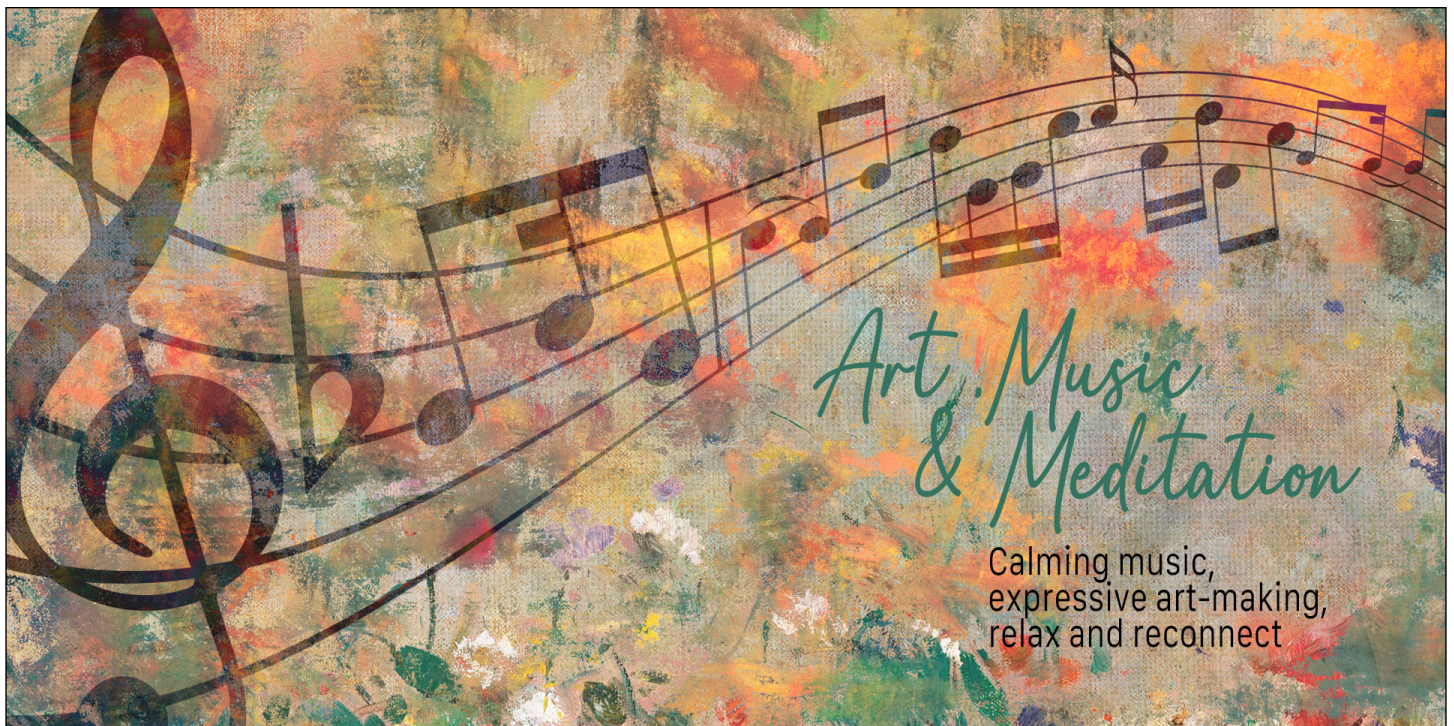
Welcome back to a new season of PW Monthly Luncheon and Circle meetings. This month, Parish Associate Judy Yates Siker will provide an overview of our new Bible study *United Through Christ, Bound to Each Other* by Rhonda Mawhood Lee. **Register for lunch by noon, Tuesday, September 8** at whitememorial.org/register. You may also purchase an [Annual Luncheon Pass](#).

We thank Circle F for hosting the event.

All women of the church are invited to join a circle. To learn when and where each circle meets, contact Judy Glover, jggdesigner@suddenlink.net, 252-908-1088 for more information.

VISIT THE WEBSITE FOR CIRCLE INFO.

whitememorial.org



Sunday September 20 | 12:30 p.m. | register: whitememorial.org/register

This gathering offers calming music and expressive art-making to help participants relax, reconnect with themselves, and experience the joy of creativity in a welcoming church community. All are welcome—no artistic experience is needed! All supplies will be provided. We will meet in Room C301 at 12:30 p.m. **Register at whitememorial.org/register.**

HEALING PRAYER

Tuesday | September 15 | between 1:30–4:00 p.m. | Chapel

Healing Prayer is a form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are held in Davidson Chapel and usually last 20 to 30 minutes. If you are interested in experiencing a healing prayer session on Wednesday, September 9 between 1:30–4:00 p.m., please contact Mary Ann Turner at maturner2.mat@gmail.com.



CAREGIVER'S COFFEE: SAVE THE DATE

**Tuesday | September 15 |
between 10:30–noon | The Hub**

Are you interested in learning more about palliative care and hospice care resources available to support family caregivers? Then you will not want to miss our first fall Caregiver's Coffee on Tuesday, September 15 from 10:30 a.m.-

noon in the Hub. Representatives

of Transitions LifeCare will join us during our informal drop-in gathering to share their expertise and answer questions. Please come for coffee, conversation, and connection. All are welcome; please feel free to invite a friend or neighbor to join you.

Questions? Contact Martha Grove Hipskind at mghipskind@whitememorial.org.

UNDERSTANDING ANXIETY: A HEALTH AND WHOLENESS RESOURCE

The Health and Wholeness Ministry invites you to read our upcoming blog on anxiety. Anxiety is something many of us experience at different points in our lives, yet it can sometimes be difficult to understand or know how to navigate. This blog will explore what anxiety is, how it can affect us, and ways to better understand and move through anxious moments with greater awareness and compassion. We hope this resource offers helpful insight and encouragement for greater health and wholeness.



ANGEL FOOD MINISTRY

Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Blair Hughes, cbehughes@gmail.com or Janie Chiles, 2bartist2@gmail.com for more information.



CAN STEPHEN MINISTRY GIVE YOU A HAND?

White Memorial has a vibrant Stephen Ministry program and trained Stephen Ministers who would welcome the opportunity to walk with you during a difficult part of your life's journey.

Life experiences such as grief or loss, a personal illness or that of a loved one and relationship issues are just a few examples of times when you could use some additional support. Stephen Ministers are trained to be - and want to be - that Christian companion. Please consider a Stephen Minister as you search for the pieces and peace you need. The relationship and information exchanged is free and confidential, a safe place to say aloud your thoughts and concerns.

To learn how you can receive a Stephen Minister's confidential care, contact Paula Corkey at wmpcstephenministry.reformat187@slmails.com or Judy Yates Siker, Parish Associate, at jsiker@whitememorial.org

"Bear one another's burdens, and in this way you will fulfill the law of Christ."

- Galatians 6:2



stephen
MINISTRY

Accepting (not fighting) Anxiety

with Douglas Andrew, Licensed Clinical Social Worker

Wednesday, October 21 | 6:30 p.m.
Registration required.



The Health and Wholeness Ministry invites you to Accepting (not fighting) Anxiety, a presentation by Douglas Andrew, Licensed Clinical Social Worker. Douglas is the founder of his own therapy practice, where he helps people live purposeful, joy-filled lives. Join us on Wednesday, October 21, from 6:30–7:15 p.m. in K200 or via Zoom to gain a better understanding of anxiety and learn how to move through it in ways that align with your beliefs and values. Registration is required. Questions, please contact Health Ministry Coordinator Martha Grove Hipskind at mghipskind@whitememorial.org. Register: whitememorial.org/register

HEALTH &
WHOLENESS
MINISTRY



CONNECTING MIND • BODY • SPIRIT

This support group uses Cancer Companions devotionals, videos and Bible lessons to explore how we can draw closer to God as we go through difficult times.

Tuesdays | September 15 - November 10
6:00-7:30 p.m. | Zoom

Seeing
GOD
in Your Cancer Journey

Questions: contact

Jim Ferry, Parish Associate at 919-834-3425, ext. 208,
jferry@whitememorial.org

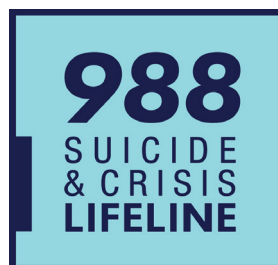
Register: www.whitememorial.org/register



National Suicide Prevention Month

You're Not Alone

Help is available



There is hope



Talk with us. If you or someone you know
needs support now,
call or text **988**
or
chat **988lifeline.org**



White Memorial Presbyterian Church **CARES**



OUTREACH NEWSLETTER

Want to stay in the loop on all the happenings? Contact Laura Rolston to be added to the list at lrolston@whitememorial.org.

THE GARDEN - A RALEIGH RESCUE MISSION CAMPUS OPEN HOUSE TOURS

Sunday | September 20 and October 25 | 2:00-3:00 p.m.

1820 Uplift Avenue, Knightdale, NC 27545

Our 2025 Major Mission partner The Garden-Raleigh Rescue Mission invites us for an afternoon of connection and community. Come tour the new facility, meet the team and discover ways we can continue to partner together.

OPPORTUNITIES TO VOLUNTEER THIS MONTH:

- **Shepherd's Table**
Wednesday | September 2 | 10:00 a.m.
Shepherd's Table provides hot meals to neighbors in need, with volunteers helping offer nourishment, dignity, and community.
contact Ruth Landers at ruth@landers.me
- **Note in the Pocket**
Wednesday | September 16 | 1:00-4:00 p.m.
Note in the Pocket provides quality clothing to children and families in need with dignity and love. This is made possible by dedicated volunteers who help sort, process, and deliver donated clothing to families.
[sign-up to volunteer](#)
contact Sherri Miller at millerauktwo@gmail.com

• The Garden-A Raleigh Rescue Mission Campus September 14 - October 9

Female mentors are needed to work 1:1 with clients from September 14–October 9 as part of the New Life Plan: Jobs for Life program. Training will be provided. contact: Julie Nau at julienau1948@gmail.com

HABITAT FOR HUMANITY SITE CONSTRUCTION FALL VOLUNTEER OPPORTUNITIES

White Memorial is excited to join faith communities in building homes with Habitat for Humanity. While volunteers are welcome most Saturdays, these are the days when WMPC will serve together:

Saturday, October 10 – Old Poole Place, Raleigh [Register](#)

Saturday, November 14 – Hope Grove, Garner [Register](#)

Saturday, December 5 – Wall Build [Register](#)

We are looking for volunteers, age 16 and up, with no prior experience needed. Join us for a good time, our affordable housing mission, and faith fellowship! Please sign-up 15 days prior to the build day. Arrive at 8:00 a.m., take water breaks as needed, enjoy lunch together, and work until about 3:00 p.m.—or as long as you are able. Questions? Contact Eric Miller at eric_miller@ncsu.edu.



Many Churches, One Mission: Feeding Our Neighbors

OBERLIN ROAD CHURCHES

DRIVE-THRU FOOD PANTRY

SATURDAY, SEPTEMBER 19 | 10 AM – NOON

WHAT TO DONATE & HOW TO VOLUNTEER

MOST NEEDED ITEMS:

Non-perishable food donations like Peanut Butter • Canned Tuna • Beans • Raisins • Nutri-Grain bars • Fruit Pouches

HOW TO DONATE:

Drop non-perishable food items off in the red bins in the Outreach Room OR scan [Amazon QR code](#) for items to be directly delivered to the church OR make a financial donation:

<https://onrealm.org/whitememorial/-/form/give/foodpantry>



Amazon Wish List



Make A Financial Gift

HOW TO VOLUNTEER:

If you'd like to help, please contact Michelle Jeutter at mjeutter61@gmail.com or Ruth Landers at ruth@landers.me.

Fri, Sept 18 | 10:30 a.m. – noon:

Meet at WM to load donations for Wilson Temple Baptist Church

Sat, Sept 19 | 9:00 – 10:00 a.m.:

Meet at Wilson Temple Baptist Church to assemble pantry bags and deliver to St. John's Baptist Church

Sat, Sept 19 | 10:00 a.m. – noon:

Meet at St. John's Baptist Church to distribute food



CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

Wednesdays

10:00–11:00 a.m. | C200

YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

Wednesdays

11:15 a.m.–noon | C200

Offering two 6-week sessions

Session 1: September 9–October 14

Session 2: October 28–December 9

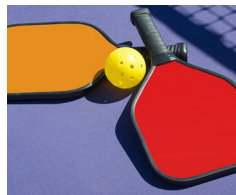
Costs for Chair Yoga and/or Yin Yoga:

Chair: \$30 per 6-week session; \$8 drop-in per class

Yin: \$25 per 6-week session; \$6 drop-in per class

\$50 for both classes per 6-week session

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at mmould@bellsouth.net.



PICKLEBALL

Join the fun! We offer two opportunities to play each week, Monday and Wednesday (and the occasional Friday), 2:00–4:00 p.m. in Pickard Hall. Paddles and balls are available for use.

GENTLE YOGA

Gentle Yoga is designed for aging bodies. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat or blanket is required. \$10 per class. Class meets on Tuesdays at 8:30 a.m. in C200. Contact Beth Robinson at elizabeth.robinson44@gmail.com for more information.



T'AI CHI FOR EXERCISE

Join us for our Open House on Monday, September 14!

Two 6-week classes: 1) September 21 and 2) November 2

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. For more information, contact Honey Music at honeyjmusic@gmail.com.

Class meets on Mondays from 5:30–6:50 p.m. in Pickard Hall.

Classes are \$8.00 per class.



**THE TIME TO
GIVE BLOOD
IS NOW**

BE THE LIFELINE PATIENTS NEED.
White Memorial Presbyterian Church
Blood Drive

**Monday | September 28
1:30–6:00 p.m. | Pickard Hall
Sign Up Today!**

To make an appointment, please visit
www.redcrossblood.org
and use sponsor code WMPC.

For questions please contact
Hannah Sloan at hmcDonald@mindspring.com

To complete pre-reading and answer health history questions the day of the blood drive visit www.redcrossblood.org/RapidPass.



Children's Movie Night September 20 | 5 - 7 p.m.

Children in Kindergarten - 3rd grade
are invited to watch Zootopia 2

from 5 - 7 p.m. | C200

Pizza \$6 per person

Pre-registration required
whitememorial.org/register

GRANDPARENTING WITH HEART:
BUILDING STRONG BONDS THAT LAST A LIFETIME



Circle of Security PARENTING PROGRAM

CIRCLE OF SECURITY (GRAND) PARENTING

JOIN US FOR THIS ENGAGING, RESEARCH-BASED SERIES DESIGNED ESPECIALLY
FOR GRANDPARENTS. EVERY CHILD DESERVES A SAFE HAVEN AND A SECURE BASE
—AND GRANDPARENTS ARE UNIQUELY POSITIONED TO BE BOTH.

E-MAIL CYNTHIA BAGGETT TO REGISTER: CBAGGETT@WHITEMEMORIAL.ORG



BECAUSE THE GREATEST GIFT YOU CAN GIVE
YOUR GRANDCHILDREN IS A RELATIONSHIP
WHERE THEY ALWAYS FEEL SAFE, SEEN, AND
LOVED.

THE SANDLOT



Club 4/5 Movie Night September 20 | 5 - 7 p.m.



4th & 5th Graders
are invited to watch The Sandlot
from 5 - 7 p.m. | C100
Pizza \$6 per person
Pre-registration required
whitememorial.org/register

THE PRESSURE TO BE PERFECT: PARENTING WORKSHOP & FELLOWSHIP DINNER

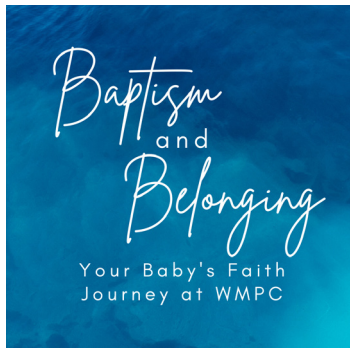
Sunday | September 20 | 5:00-7:00 p.m. | K200

While kids attend programming of their own, join fellow
parents for dinner and a workshop led by parenting coach Laura
Brimberry. We'll have pizza and salad for dinner for \$6 per
person. Laura's presentation will be applicable for parents of
children of all ages! Learn more about the topic below:

We live in an age of comparison. Parents recognize this truth
throughout their parenting journey. How does that cultural
norm communicate to the development of a young person? Did
you know that perfectionism is deeply rooted in anxiety? The
tricky thing is understanding that anxiety is a shape shifter and
can show itself in different behaviors in different children. In
this presentation we will dig into how perfectionism shows up in
all ages and how to support a healthy environment throughout
your family life. We will also highlight how our shared faith can
be a meaningful antidote. Bring your questions, your joys and
challenges to this conversational and informative gathering.

Childcare will be available for children younger than
kindergarteners. Older kids are invited to attend movie night,
Club 4/5, or Youth Group. To learn more about which of these
opportunities is right for your child, contact Genevieve Brooks
at gbrooks@whitememorial.org.

To register: whitememorial.org/register



MARK YOUR CALENDAR: BAPTISM AND BELONGING: YOUR BABY'S FAITH JOURNEY AT WMPC

Sunday | October 18

9:30–10:30 a.m. | R400

Baptism and Belonging is a workshop for parents of children under three who would like to present their

children for Baptism. In this workshop, parents learn about the significance of the Sacrament of Baptism, go over logistical details, connect with fellow parents, and get an overview of a child's faith journey at WMPC. Expectant parents are also invited to attend. Register: whitememorial.org/register.

BOY SCOUTS AND 4TH GRADE WEBELOS PROGRAM

White Memorial is the chartered organization for Pack 395 and Troop 395. The Pack consists of 4th and 5th grade Webelos, a preparatory program that enables boys to immediately excel when transitioning to Boy Scouts (the Troop). Our Scouting program is one of the largest and most active in the district. We have places for starting 4th graders in Webelos or 6th graders in Troop 395. Church members and siblings of current Scouts are given priority for the spaces we have available in Webelos. If you are interested please contact Emmett Perdue at bearschoice99@yahoo.com.

WMPC YOUTH WORSHIP BAND

Registration Open through September 16

The WMPC Youth Worship Band will meet weekly on Wednesdays from 5:00–5:45 p.m. starting September 9. whitememorial.org/register. Questions? Contact Eric Nanz at enanz@whitememorial.org.

YOUTH MINISTRY KICKOFF

Sunday | September 13

Middle and high school Sunday School resumes on Sunday, September 13! Students are invited to gather in The Hub at 9:30 a.m. for donuts, announcements, and fellowship before heading to their classes.

That evening, all students in grades 6–12 and their parents are invited to join us for our Youth Ministry Kickoff! Come meet the youth staff and advisors, learn about this year's programs, trips, and events, and hear about our theme for the year.

You won't want to miss this exciting start to a new year of youth ministry!

09 menu

WEDNESDAY
TOGETHER
DINNERS

REGISTER

Register online by 11:00 p.m. Sunday prior to Wednesday.

whitememorial.org/register

Adults: \$10.00 per meal
Child: \$6.00 per meal

On-campus dining: 5–6:30 p.m.
To Go Meals: 5–6:30 p.m.
Walk-ins: after 6:00 p.m.

SEPTEMBER 9

Spaghetti Supper
Meat Sauce, Marinara Sauce, Cauliflower Blend, Salad Bar, Garlic Knots & Assorted Desserts

SEPTEMBER 16

BBQ Chicken
Potatoes Au Gratin, Green Beans, Corn on the Cob, Rolls, Salad Bar & Assorted Desserts

SEPTEMBER 23

Pot Roast
Mashed Potatoes, Mixed Vegetables, Asparagus, Salad Bar & Assorted Desserts

SEPTEMBER 30

Chicken Parmesan
Bowties with Sun-dried Tomatoes & Fresh Basil, Spinach & Mushrooms, Peas & Carrots, Salad Bar & Assorted Desserts

ADULT FAITH FORMATION FALL 2026 CLASSES

We offer a variety of Sunday and weekly classes and groups for you to broaden your faith. Opportunities to engage in conversation; opportunities to encourage one another; opportunities to connect on a spiritual level. Why not find a class listed below where you can have fellowship and learn from one another?

SUNDAY SCHOOL | 9:30 a.m.

Christian Fellowship - C200

This fall's study will continue with *The Passion Narratives of Matthew and John*, relying in part on the video lectures of Dr. James "Mickey" Efird. In November, the class will begin a study of the Old Testament, relying in part on Bruce Feiler's book and video series entitled *Walking the Bible*.

Contact: Carol Vassey, carol.vassey@gmail.com

Faith Foundations - C102

We're a Christian community that comes together to grow in faith - studying Scripture and contemporary theology and wrestling honestly with how those resources might guide us in responding to the pressing societal challenges we face today.

Contact: Susan Hibbert, susanhib22@gmail.com or John White, ncjohnwhite@gmail.com

Knox Class - C301

The Knox Class has a varied curriculum that includes books, short video series, articles, and other resources incorporating current-day topics. Members enjoy provocative and lively discussion that draws on Scripture as well as moral, cultural, and social contexts for interpretation and guidance. At times our discussions lead to suggested action items. We welcome new members to join us in our journey.

Contact: Hariett Worley, hfworley@nc.rr.com

Searchers - C204

We will begin the year with *The Chosen*, starting with Season 4, Episode 3. We will view the Bible Roundtable which is composed of three biblical consultants and the creator who will discuss each episode. We will follow this alternating path all season. **Contact:** Betty Landes, bettylandes1@gmail.com

Theological Forum - C100

Through a variety of resources such as books, and articles from *Presbyterian Outlook* and *The Christian Century* as well as other resources, we continue to explore and deepen our faith as we navigate through challenging times.

Contact: John Kidd, j.d.kidd523@gmail.com

TNT/ Spiritual Gifts - C303

Relaxed atmosphere for open discussion around video stories.

Contact: Linda Robinson, cachto@bellsouth.net or Emily McNair, macwallace@msn.com

Parents of Youth - C103

We are currently seeking leadership for this class. If you are interested, please contact Grier Booker Richards, grichards@whitememorial.org

WEEKLY

God Talk

Time Commitment: Tuesdays | 9:30-11:00 a.m. | meets in the Knox Building (K200) Our God Talk community is made up of women of all ages and stages who appreciate being stretched, challenged and nurtured in their growing lives of faith. This group participates in quarterly service projects, as well as church-wide fellowship gatherings, and takes seriously the idea that God loves us just the way we are, but God also refuses to leave us there.

Contact: Angie Faulk, angiepfaulk@gmail.com

Men's Breakfast & Bible Study

Time Commitment: Tuesdays | 7:00-8:00 a.m. | Geneva Hall Men of all ages are invited to come for a hot breakfast, fellowship and Bible study. The preaching pastor of the week leads a short Bible study related to the upcoming Sunday sermon. Bible study, breakfast and prayer conclude promptly at 8:00 a.m. each week.

Contact: Don Thompson, dthomps1ing@gmail.com

Women's Prayer Breakfast

Time Commitment: Tuesdays | 7:00 a.m. | The Hub (L111) Hosted by Circle M

Women of all ages are invited to come for a hot breakfast, fellowship, study and prayer. This group studies the Presbyterian Women's Bible lesson once a month and on other weeks they study a variety of topics. All participants are invited to stay as long as they like or to leave early for work or other commitments.

Contact: Kathy Kidd, kakidd@bellsouth.net or Jackie Mullin, jackiemull@gmail.com

Lilies of the Field

Time Commitment: Thursdays | 9:30-10:30 a.m. | meets in the Calvin Building (C301) This group of women of all ages and stages of life focuses on Bible study and applying God's Word to everyday life. Discussion is encouraged, relationships are built, and the ups and downs of life are shared as we grow together in faith, hope and love. This year's study is *Unshakable Hope, Building Our Lives On The Promises of God* by Max Lucado.

Contact: Lillian Poole, lillianmpoole7@gmail.com or Candy Lewis, candy.lewis1809@gmail.com

Thursday Morning Bible Study

Time Commitment: Thursdays | 9:30-11:00 a.m. | meets in the Calvin Building (C204) This small co-ed group focuses on biblically based topics through a discussion format. Various books and/or DVD courses are selected and used during the year.

Contact: Nancy McLean, numclean@gmail.com



Save the Date Kickoff Sunday September 13

Adult Faith Formation
Sunday School
Youth Groups

upcoming events

MONDAY, SEPTEMBER 7

Church Facilities Closed for Labor Day

WEDNESDAY, SEPTEMBER 9

Wednesday Together Dinner (reservations required)

SUNDAY, SEPTEMBER 13

Kickoff Sunday

MONDAY, SEPTEMBER 14

WMPC Women's Circles & Luncheon

TUESDAY, SEPTEMBER 15

Caregiver's Coffee
Cancer Companions
Healing Prayer

FRIDAY, SEPTEMBER 18 - SATURDAY, SEPTEMBER 19

MORE Ministry African American Walking History
Pilgrimage to Washington, D.C.

SATURDAY, SEPTEMBER 19

Servant Saturday
Oberlin Road Churches Drive-Thru Food Pantry

SUNDAY, SEPTEMBER 20

Believing & Belonging @ WMPC
Art, Music & Meditation
Children's Movie Night
Club 4/5
Parenting Workshop with Laura Brimberry

SUNDAY, SEPTEMBER 27

Believing & Belonging @ WMPC class joins

MONDAY, SEPTEMBER 28

American Red Cross Blood Drive
All Are Welcome

SUNDAY, OCTOBER 4

Blessing of the Animals

SATURDAY, OCTOBER 10

Habitat for Humanity Build
High School Beach Retreat

MONDAY, OCTOBER 12

WMPC Women's Circles & Luncheon

WEDNESDAY, OCTOBER 14

Caregiver's Coffee
Healing Prayer

THURSDAY, OCTOBER 15

Flu Shot Clinic

SATURDAY, OCTOBER 17

Oberlin Road Churches Drive-Thru Food Pantry

MONDAY, OCTOBER 19

Immigration 101

WEDNESDAY, OCTOBER 21

Accepting (not fighting) Anxiety with Douglas Andrew

MONDAY, OCTOBER 26

All Are Welcome

WEDNESDAY, OCTOBER 28

Trunk or Treat