

Vintage Small Groups Session 2

Howard Thurman



Getting to Know You

1. What show, book or podcast are you really enjoying right now?
2. When you were in middle school, whose posters did you have on your walls?
Who were your heroes/heroines or celebrity idols?

Discussion Questions

1. Karen reminds us of the influence and mentorship Howard Thurman's grandmother, Nancy, provided for his spiritual journey and faith formation. Who have been some of the great mentors and teachers in the faith in your life?
2. Karen says that our religion—our “religion of Jesus”—puts demands on us. What are some of the “demands” you believe that our Christian faith requires? Which of these demands, or necessities of following in the way of Jesus, do you find particularly challenging? Which do you find to be a bit easier?
3. How might incorporating this practice of “imaginative empathy” affect and enhance your own life of faith—what you believe, what you question, and what you wonder about God, Jesus and Scripture itself?
4. What comes up for you when you think about “the art of rest,” and the necessity of making time and space for it, even when “the world depends on you?” How might you garner the support you need to confront the challenge of giving yourself the permission you need to rest and restore?
5. If you were to have coffee with Howard Thurman, what would you ask him? What affirmations of his work and witness would you offer?

