

HEALTHY HABITS



PRAYER • BIBLE STUDY • FASTING • WORSHIP • GENEROSITY

TEN TIPS FOR A MEANINGFUL PRAYER LIFE

1. Turn Down the Volume.
2. Pray with a Pattern.
3. Practice Private Prayer.
4. Use Scripture as a Prompt.
5. Get Comfortable with Silence.
6. Find Your Seams.
7. Plan for Prayer.
8. Pray in the Common.
9. Pray for Others in the Moment.
10. Wait.

