

ANCIENT RHYTHMS

JANUARY 14, 2024

SERIES OVERVIEW:

Bible Study. Prayer. Fasting. Silence & Solitude. Worship. Evangelism & Story. These ancient rhythms have marked the Christian faith since the beginning of the Church. They are means of grace gifted to us by God so that we might know Him and make Him known. How can these ancient rhythms shape our personal lives and our corporate body today? Join us as we rediscover ancient rhythms of the faith.

MESSAGE TAKEAWAYS:

YOUR CIRCUMSTANCES ARE NOT THE OBSTACLE OF YOUR PRAYER LIFE, THEY ARE THE FORUM FOR YOUR PRAYER LIFE.

PRAYER REQUIRES EMOTIONAL HONESTY.

REVIVAL HAPPENS WHEN WE WORK HARDER TO REPENT FROM OUR SIN THAN HIDE OUT SIN.

CONVERSATION QUESTIONS:

- Where do you find yourself turning first when you need help? What does this reveal about what you believe about prayer?
- "Prayer requires emotional honesty." Do you find yourself holding back on closing your eyes to pain when you pray? If yes, why do you think that is? If no, how have you learned to pray authentically?
- "Remembrance of God's past faithfulness kills future fears." Share a story of how God has been faithful to you!

- How would resting in God's abilities and not your own change the way you pray this week? What are you praying for that is too big for you?

Next Steps:

1. See that you belong to Jesus
John 1:12

2. Take sin seriously
Psalms 66:18

3. Pray Scripture.

4. Pray Privately. A lot.
Matthew 6:5-6

5. Pray in the Common

6. Pray in the Moment
Proverbs 3:27-28

7. Pray Missionally.

8. Keep knocking.

FINAL THOUGHTS:

As we continue on this journey, we would love to help you in any way we can. If you are wondering what next steps are right for you, please reach out, and we'd love to have a conversation with you or your group about the season you are in and the places Jesus has entrusted to you as you seek to be formed by His Word.

Meet with a Pastor: <https://ncchapel.churchcenter.com/people/forms/551596>