



# ROOTED KIDS

## WEEK 5: There Is An Enemy

MAIN IDEAS: Colossians 1:13 “For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son.”

WORSHIP: What A Mighty God We Serve  
<https://tinyurl.com/yxqwsvql>

REFLECT: Remind children about our lesson from last week. God is always with us. What God has planned for us is better than we can imagine.

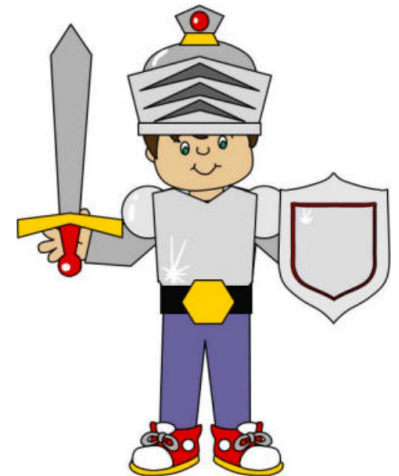
SCRIPTURE: Read Colossians 1:13 aloud with the children.

### DISCUSSION:

- God is very strong!
- God wants to protect us.
- We must constantly be saying “Yes!” to God.

ACTIVITY: Use the following website as a resource.  
[https://www.dltk-kids.com/bible/cv/armor\\_of\\_god.htm](https://www.dltk-kids.com/bible/cv/armor_of_god.htm)

- When we have Jesus in our hearts, we put on God’s armor and use his strength to protect us and remind us to do things that please God.
- Show the children an example (real or an image) of the following items: belt, breastplate, shoes, shield, helmet, and sword.
- Once the children have seen each item, have them pretend to use/put on each item as you discuss how to say “Yes!” to God. Repeat 2-3 times.
- Belt of Truth: We belong to God. (*Pretend to put a belt around your waist.*)
- Breastplate of Righteousness: Jesus protects our hearts.  
*Cross arms in front of your chest like an X)*
- The Shoes of Peace: Share the love of Jesus with others by serving others.  
(Pretend to put on a pair of shoes.)
- The Shield of Faith: God shields us from \_\_\_\_\_.  
(*Hold out arms straight and make palms of hands like a stop sign.*)
- The Helmet of Salvation: Our spiritual helmet reminds our brains to say “Yes!” to God! (*Pretend to put on a hat.*)
- The Sword of the Spirit: Our spiritual sword is The Bible.  
(*Use your index finger like a sword.*)





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## DISCUSSION:

- Who ALWAYS wins? *God*
- Why does God ALWAYS win? *He is mighty. (Make strong arms)*
- Whose promises hold? *God's*
- How do we win? *Keep God's spirit within us*

PRAYER: Dear Heavenly Father, thank you for your strength and might. We promise to say YES to following you! In Jesus' name. Amen.

