

SERMON GUIDE

JESUS IN
THE PSALMS 

JULY 26, 2026

HOW TO USE THIS:

AFTER EXPERIENCING THE SERMON, TAKE SOME TIME TO INTERACT WITH THESE ELEMENTS. YOU CAN USE THE SERMON GUIDE FOR PERSONAL STUDY, DISCUSSION WITH A FRIEND, OR DEVOTIONAL TIME AS A FAMILY. THERE ARE RECOMMENDED SONGS TO LISTEN TO, BIBLE VERSES TO READ, AND DISCUSSION QUESTIONS TO CONSIDER. THROUGHOUT THE WEEK, FIND A PLACE TO REFLECT AND JOURNAL AS YOU LOOK AT GOD EACH DAY.

BIBLE VERSES

- PSALM 22
- MATTHEW 27:35-46
- PSALM 34:18
- HEBREWS 4:14-16
- ISAIAH 40:31
- ISAIAH 53:10
- 1 TIMOTHY 2:3-6
- LUKE 24:27

WORSHIP TIME

LISTEN TO THE SONG "HIDDEN" BY UNITED PURSUIT. ANOTHER GREAT SONG IS CALLED "DO IT AGAIN" ELEVATION WORSHIP. FIND THESE SONGS AND MAKE SOME INTENTIONAL TIME TO WORSHIP GOD THIS WEEK.

MEMORY VERSE

FOR THIS WEEK, OUR GOAL IS TO MEMORIZE THE FOLLOWING VERSE FROM THE BIBLE :
1 TIMOTHY 2:3-6

SERMON SUMMARY

IN PSALM 22, JESUS IS CENTRAL IN THIS ANCIENT SONG OF LAMENT AND HE FULFILLED IT'S PROPHECY IN REAL TIME. THE PSALM REVEALS THREE TRUTHS: FIRST, THE DEEP EMPATHY OF JESUS, WHO KNOWS WHAT IT FEELS LIKE TO BE UNHEARD AND ABANDONED. SECOND, THE TRUE IDENTITY OF JESUS AS MESSIAH, SEEN IN THE PSALM'S UNCANNY PROPHETIC DETAIL. AND THIRD, THE ULTIMATE VICTORY OF JESUS, AS THE PSALM MOVES FROM RAW ANGUISH INTO PRAISE AND THE PROMISE THAT GOD'S FAITHFULNESS WILL BE TOLD TO GENERATIONS NOT YET BORN. WE CAN WALK HUMBLY AND HONESTLY IN OUR OWN LAMENT, TRUSTING THAT JESUS IS NEAR EVEN IF HE FEELS DISTANT, AND THAT — AS IN THE PSALM ITSELF — PAIN IS NOT THE END OF THE STORY.

PRAYER

HEAVENLY FATHER, YOU ARE AWESOME AND POWERFUL. THANK YOU FOR SHOWING US YOUR HEART AND FOR SHOWING US JESUS THROUGH THE PSALMS. HELP US TO TRUST IN YOU EACH AND EVERY DAY. EVEN IN OUR PAIN AND STRUGGLE, YOU ARE WITH US. HELP US TO SEE YOU AND TRUST YOU THROUGH OUR PAST, PRESENT, AND FUTURE. AMEN.



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DISCUSSION QUESTIONS

1. IS THERE A SONG, PRAYER, OR PHRASE THAT'S BEEN "PASSED DOWN" IN YOUR FAMILY ACROSS GENERATIONS? WHAT DOES IT MEAN TO YOU?
2. WHAT STOOD OUT TO YOU MOST ABOUT THE SERMON THIS SUNDAY?
3. PSALM 22 OPENS WITH "MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?" HAVE YOU EVER FELT THAT KIND OF DISTANCE FROM GOD, EVEN WHILE STILL BELIEVING IN HIM? WHAT DID THAT SEASON LOOK LIKE?
4. HEBREWS 4:15–16 SAYS JESUS CAN SYMPATHIZE WITH OUR WEAKNESSES BECAUSE HE FACED TEMPTATION AND SUFFERING HIMSELF. HOW DOES KNOWING JESUS EXPERIENCED PAIN CHANGE THE WAY YOU BRING YOUR OWN PAIN TO HIM?
5. WHAT'S YOUR REACTION TO PROPHECY THIS SPECIFIC AND THIS OLD BEING FULFILLED IN JESUS? WERE THERE OTHER NOTES OF PROPHECY THAT YOU CAUGHT THAT WEREN'T HIGHLIGHTED IN THE SERMON?
6. JESUS MET THE WOMAN AT THE WELL IN HER PAIN WITHOUT NECESSARILY FIXING HER CIRCUMSTANCES, BUT HE OFFERED HER HIMSELF. HOW IS THAT DIFFERENT FROM HOW WE USUALLY WANT GOD TO RESPOND TO OUR PAIN?
7. IN WHAT WAYS CAN YOU RESPOND TO WHO JESUS THIS WEEK?

NOTES