

Week 1: Individual

"Lord, shape my heart."

Prayer begins with personal surrender and transformation. Before God changes our circumstances, He often changes us.

Pray for:

Mon. A deeper love for Christ
 Mon. Wisdom and discernment
 Tues. Holiness and victory over sin
 Tues. A heart of worship
 Wed. The fruit of the Spirit
 Wed. Faith to trust God
 Thurs. Contentment and gratitude
 Fri. A burden for the lost
 Sat. Courage to obey
 Sun. Personal revival

Pray Through These Passages:

Mon. Psalm 139:23-24 — Invite God to search your heart.
 Tues. Psalm 51 — Pray for repentance and renewal.
 Wed. Matthew 6:9-13 — The Lord's Prayer.
 Thurs. John 15:1-11 — Abide in Christ and bear fruit.
 Fri. Galatians 5:22-23 — Pray for the fruit of the Spirit.
 Sat. Romans 12:1-2 — Offer yourself to God and pursue transformation.
 Sun. James 1:2-4

Challenge 1: Fast & Pray. Choose one distraction (social media, TV, podcasts, etc.) to fast from for 30 minutes each day. Replace that time with Scripture and prayer.

Challenge 2: Pray the Word. Read one Psalm or one chapter from the Gospels each day. Turn what you read into a personal prayer.

Challenge 3: Prayer Journal. Begin each day by writing one praise, one confession, one request, and one person to pray for.