

WUMC **Ramspiration**

Do you have a special high school or college graduate that you'd like to showcase? Please bring in their picture or grad announcement, we will place it on the Grad Brag Bulletin Board.

Food Truck Delivery Tuesday, 5/12

Methodist Women in the Holiness Movement Study, Wednesday, 5/13 10am in Classroom A.

Cake and Punch Graduation Reception Sunday, 5/17, directly after service.

SPRC Meeting Monday, 5/18, 4pm

Youth District Lock-In Friday, 5/22, 6pm- 6am at First UMC LC

Prayer Request

CAROL ANDRE	ALVIS FONTENOT	KYNDALL G. JOHNSTON
KIM ARDOIN	KEITH FORTNER	PAM LECTINBERG
SHARON BARNHILL	LEILAH FRANKLIN	ROBERT MARSHAL
KRISTIN BASS	RITA FRUGE	JOHNNY MILLER
VERNON BEAN	DEBORAH GATHREAUX	SANDY & RICHARD MORGAN
MARLENE BENOIT	DALE & GARY GENTRY	J.C. PICARD
NANCY BOUGEOIS	JENILYNN GIBSON	LISSA PRUITT
RENEE BOUZIGARD	WILDA GINTZ	ARIANY ROBINSON
MARION BOWMAN	CHARLIE GORMAN	HUNTER ROBINSON
CANDICE BRUMFIELD	MAY GRAY	MARY ROBINSON
MADALYN CHAUMONT	KAY GUTH	LUTHER SCOTT
BRANDON CHENIER	LEILAH HAYDEN	DONALD SCHATZ
KAT COMEAUX	CATHY HICKS	STACEY TRAHAN
JOE CIRONI	SHIRLEY HOBEN	JOSH TURNAGE
RHONDA DARTEZ	SUE HOLMES	MARY VAN WINKLE
ROB ELLENDER	BUBBA JOHNSON	MIKE & MARK WALKER
THOMMY FLETCHER	KAYSON JOHNSON	BARRY ZERANGUE

Family of Mary Reado, Elmo Sartin, Terry "Chief" Johnosn, Ed Hudson,
Paulette Zerangue, and Joseph Russell

Prayers for All affected by the Israel/Iran War, our first responders,
the hearts and minds of our elected officials, our military, our
inadequately housed, our pastor and her family, and our friends at
High Hope Care Center.

JOY! The Gandy Family welcomed baby Collyns Faye

Short term Prayer Request stay up for 3 weeks. Long term Prayer Request stay up for 4 months.
If your request was taken off, please fill out a new card. Thank you, have a blessed day.

WORDS OF MEDITATION

“Family matters now and in the ancient Israelite world. And in this case, family continues the promise God made to Abraham.”

- Valerie Bridgeman



PRACTICE

Take a few moments to think about a situation where you should have paused before reacting. In those moments of stress or discomfort, how could you have asked God for wisdom over impulse? Reflect on what you truly value and invite God to guide your decisions with patience and clarity for any future circumstances. Practice choosing what is lasting over what is immediate, trusting that thoughtful responses honor both God and your relationships.

REFLECTION

Genesis 25:19-34

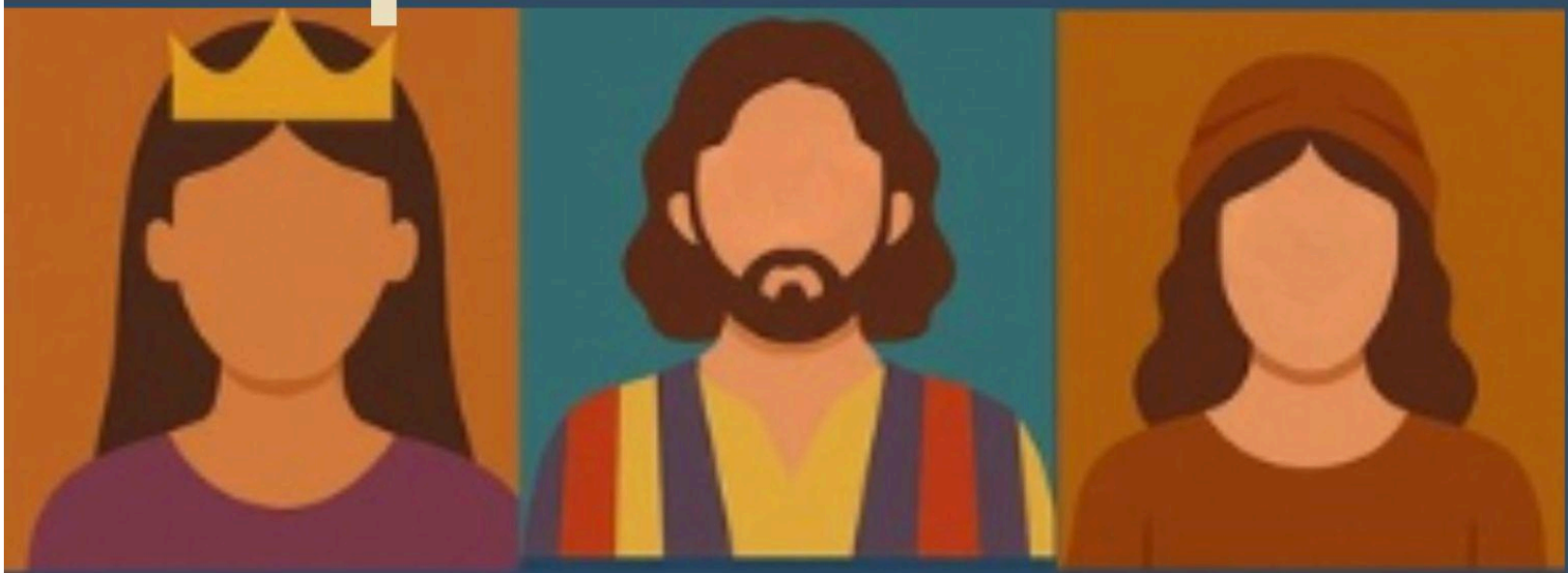
This week's scripture shows how quickly a single impulsive decision can shape a life. Esau, driven by immediate hunger, trades his birthright without fully considering its lasting value, revealing how powerful knee-jerk reactions can be. Within the family, this moment reflects deeper tensions such as favoritism, competition, and a lack of unity—that make such a rash choice more likely. Esau's actions remind us that reacting based on present feelings rather than long-term perspective can lead to regret. At the same time, the story challenges families to create environments where wisdom is modeled and valued over impulse. It also highlights how moments of weakness can reveal what we truly value most. In the end, Esau's choice serves as a warning to slow down and think before acting, especially when the stakes are higher than they seem.

DISCUSSION

1. Where do you see yourself in this story—Jacob, Esau, Isaac, or Rebekah? Why?
2. What does Esau's decision teach us about short-term desires vs. long-term values?
3. Have you ever made a quick decision because you felt overwhelmed, hungry, tired, or desperate? What happened?
4. Is it fair to judge either Jacob or Esau harshly, or are they both simply human? What does that mean for us?



People of The Bible



Westlake
UNITED METHODIST CHURCH

A sermon series
in April and May

Spring Fellowship Lunch

Thanks to all who helped!



**Bring pics and
invitations to share
on the
Grad Brag Board!**



**Grad Reception, Sunday
5/17 after service.**

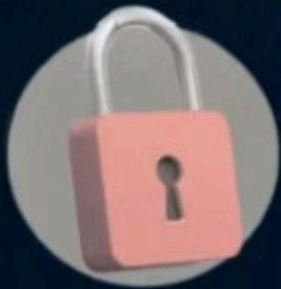


**Methodist Women in the
Holiness Movement Study,
Wednesday, 5/13**



SARAH WORRALL LANKFORD PALMER

1806 - 1896



District Youth Lock-in

Locked into Jesus

He is the key!

Friday May 22nd | 6PM - 6AM

First
United Methodist
Church

Lake Charles



BEDS FOR KIDS BUILD DAY

DATE: June 6, 2026

TIME: 8:00 - 11:30 a.m.

PLACE: 114 Thomas St.
Sulphur

No experience Necessary

Donations of new, twin size bedding
always appreciated





Cursillo is a three-day experience that looks at Christianity as a lifestyle from a New Testament perspective. It is a highly structured weekend designed to strengthen and renew the faith of Christian people, and through them, their families, congregations, and the world in which they live. Cursillo is a combined effort of laity and clergy toward the renewal of the church.

Upcoming Weekends: July 30-August 2, 2026; October 15-18, 2026

Get with Rev. Lauren, or Jackie Roach for more info, or email Laumcregistrar@gmail.com to register.

**WATCH US ON FACEBOOK,
10 AM LIVE, OR CATCH UP
ANYTIME!**



**CLICK THE LINK BELOW FOR
THE MOST RECENT SERVICE.**

Enjoy Rev. Lauren's Sermon, Here's the link!

<https://www.facebook.com/westlakelaumc>