



WUMC **Ramspiration**

S'more than a Mission, Youth Group , Sunday after service. The Youth will spend time with Rev. Lauren discussing their Vision for WUMC.

Our office and food pantry will be closed Monday, 9/7, for Labor Day.

Vision Meetings with the Pastor

Sept. 9th Choir Room

Sept. 10th 4pm, in Classroom B

Saturday, 9/12, at 7pm, come enjoy
The Chronicle, Gospel singing group,
in the Sanctuary.

PRAYER *Request*

Sue Anderson
Carol Andre
Kim Ardoin
Clay Bergeron
Brenda Bernard
Nancy Bougeois
Renee Bouzigard
Marion Bowman
Alee Breaux
Tony Breaux
Candice Brumfield
Beth Brungaurd
Morria Boyington

Jason Cable
Rhonda Dartez
David D'Antoni
Brandon Dinger
Tiffany Dinger
Rob Ellender
Alvis Fontenot
Wayne Flemming
Jim Gibson
Malcolm Guillory
Sandy Green
LaKisha Hayes
Shirly Hoben
Lou Ingels

Lewis King
Ham Lectingberg
Sandy, Richard Morgan
Lyle-Anne Pelles
Brian Robinson
Hunter Robinson
Cindy Robertson
Rebecca Sexton
Donald Schatz
Bonnie Thornton
Stacy Trahan
Josh Turnage
Wolfgang Wagner
Jonathan Williams

The Family of
Daren Appleby, Ben Deaton, Jesus Alonso
Estrada, Mr. Colburn, James Hodges Sr., and Ron Breaux



WORDS OF MEDITATION

“The function of prayer is not to influence God, but rather to change the nature of the one who prays.”

— Soren Kierkegaard



PRACTICE

Over the course of this week, discover a new way to pray. Challenge yourself and step outside of your comfortzone to talk to God in a different way. Journal about how it made you feel.

REFLECTION

James 5:13-20

James 5:13-20 reminds us that prayer is not meant to be reserved for moments when everything is going well or when life has fallen apart, but is woven into every part of our lives. James calls the community to pray in suffering, celebrate in joy, and seek healing when we are hurting. The passage also emphasizes that we are not meant to carry our struggles alone; faith is lived out in a community where people care for one another and bring one another before God. Confession and prayer create space for honesty, forgiveness, and restoration rather than shame and isolation. Elijah's example reminds us that prayer does not require extraordinary people, but ordinary people who trust an extraordinary God. Ultimately, James calls us to be a community that notices when someone is struggling and lovingly helps them find their way back toward God.

DISCUSSION

1. What does your prayer life look like?
2. What would you add to your prayer life to enhance it?
3. Do you have a mental block with prayer? If so, what is it? Why do you think this is?
4. What is patient endurance? Do you show patient endurance in your prayer life?

MEMBERSHIP VOWS

of The United Methodist Church

To renounce the spiritual forces of wickedness, reject the evil powers of the world, and repent of their sin;

To accept the freedom and power God gives them to resist evil, injustice, and oppression;

To confess Jesus Christ as Savior, put their whole trust in his grace, and promise to serve him as their Lord;

To remain faithful members of Christ's holy church and serve as Christ's representatives in the world;

To be loyal to Christ through The United Methodist Church and do all in their power to strengthen its ministries;

To faithfully participate in its ministries by their prayers, their presence, their gifts, their service, and their witness;

To receive and profess the Christian faith as contained in the Scriptures of the Old and New Testaments.

Hobby Corner

Fall Recipe



Here's a recipe for cabbage pockets...

It's measurements are a little loose because it is an old family recipe that was never written down, but remembered.

Ingredients:

- 1 lb. of ground beef
- salt and pepper to taste (or your favorite seasoning)
- 1 small head of cabbage
- 1/3 cup chopped onion
- 1-2 carrots
- margarine or olive oil (enough for frying cabbage)
- 1 loaf frozen bread dough

Directions:

Thaw the loaf of frozen bread dough and let rise according to package instructions. This will usually have to be taken out in the morning if you will be having this meal for dinner.

Fry ground beef until done. Season the meat with your favorite seasoning to your taste.

Grate cabbage, onion, and carrot.

Place the margarine or olive oil in a separate large pan and fry the cabbage, onion, and carrot together. Fry until all ingredients become soft.

When the cabbage mixture is done, add the cooked ground beef to it. Stir together and cook for about 5-10 minutes. Remove from heat.

Pull apart the bread dough that has risen into 8 separate pieces. On a floured surface flatten out the dough into a rectangle or triangle about 4" X 5". Sizes may vary.

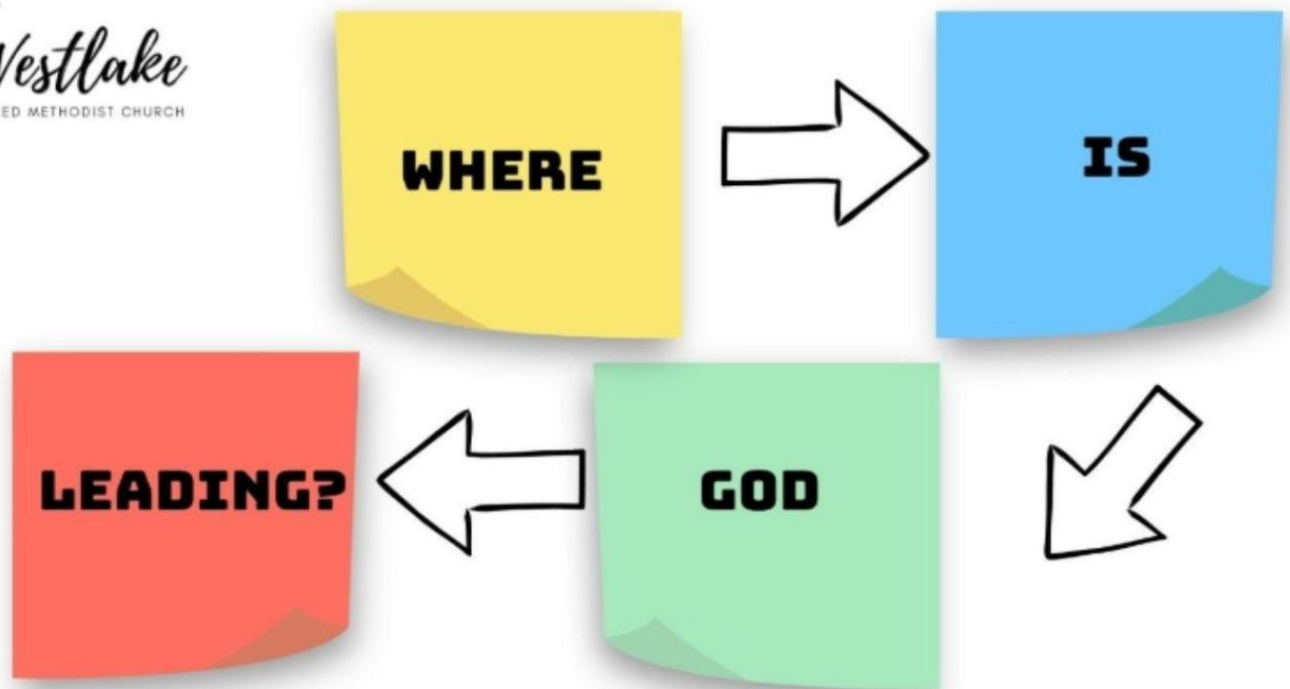
Fill 1/2 of each flattened bread dough with the meat and cabbage filling. Close each pocket by draping the unfilled side of your dough and pinching it together with the filled side. Place on a cookie sheet.

Cook the cabbage pocket using the bread dough cooking instructions. (I cooked mine for approximately 15-20 minutes.) Cook until the bread dough is golden brown.

You may want to cool slightly or cut open the cabbage pocket before you try it, as the inside of the pocket becomes very hot. Enjoy!



Vision Meetings for WUMC



Meetings times

Sept. 6th, youth S'more than a Mission
after Sunday Service.

Sept. 9th, Choir

Sept. 10th, Oct. 20th & Nov. 16th
meetings 4pm in Classroom B.

FALL 2026 YOUTH

8/21

YOUTH LOCK-IN

9/6

S'MORE THAN A MISSION

10/18

PUMPKIN CARVING

11/1

PROGRESSIVE DINNER

11/13-15

COMMON GROUND RETREAT

12/13

CHRISTMAS PARTY

September Birthdays

John Miller 9/1

Jerry Barnhill 9/2

Kathy Letard 9/6

Wolfgang Wagner 9/8

David VanWinkle 9/15

Lizzie Dinger 9/15

Jace Littleton 9/21

Sheree Broussard 9/23

Jackie Roach 9/23

Aleena Dinger 9/27

Bonnie Thornton 9/27

Debbie Pierottie 9/30



**WESTLAKE UMC, 704 JOHNSON ST.
SATURDAY, SEPTEMBER 12TH, 7 PM**

**A LOVE OFFERING WILL BE TAKEN AFTER AN EVENING OF
BEAUTIFUL MUSIC AND PRAISE**



Hosted at the Wesley Center on **November 13th to 15th from starting at 6:30pm Friday**, this gathering is designed for all youth (6th grade through 12th grade) across the Louisiana Conference, offering a space for spiritual growth, connection, and meaningful conversation with youth around the Conference.

This retreat will have space for worship, small groups, fun and fellowship! Please join us! Cost is \$50 per person (youth and adults).

If you are interested, get with Rev. Lauren, or Crystal for the link to register.

Book Club



9/23 at 4 pm / Westlake Library

**WATCH US ON FACEBOOK,
10 AM LIVE, OR CATCH UP
ANYTIME!**



**CLICK THE LINK BELOW FOR
THE MOST RECENT SERVICE.**

Enjoy Rev. Lauren's Sermon, Here's the link!

<https://www.facebook.com/westlakelaumc>