

Stand Up For Your Sister

- You have felt left out, looked over, or forgotten Y/N
- You have looked in the mirror and not liked what you saw Y/N
- You have felt like you aren't attractive enough Y/N
- You have compared yourself to someone else Y/N
- You have had feelings of insecurity Y/N
- You have been jealous of someone else's capabilities or talents Y/N
- You have used food to cope with struggles Y/N
- You have an eating disorder Y/N
- You have been physically, emotionally, verbally, or sexually abused Y/N
- You have struggled with depression Y/N
- You have struggled with anxiety Y/N
- You have intentionally harmed yourself (i.e. cutting, burning, etc) Y/N
- You have had suicidal thoughts Y/N
- You have turned to alcohol or drugs during a difficult time Y/N
- You have struggled with pornography Y/N
- You have had someone talk about you behind your back Y/N
- You have talked about someone behind their back Y/N
- You have felt excluded by others Y/N
- You have missed an opportunity to share the gospel with someone Y/N
- The fear of stigma has prevented you from seeking professional counseling Y/N
- You have felt like God could not love you or forgive you Y/N
- You have felt alone in one or more of these issues Y/N
- You have lied about any of these issues because you were afraid of being judged Y/N
- You have looked down on someone because of their struggles Y/N
- You are mad at God Y/N
- You have lost a child Y/N
- You have had an abortion Y/N
- You have had a child turn from the Lord Y/N
- You have lost a parent Y/N
- You have felt like an inadequate mom Y/N
- You have felt like an inadequate wife Y/N
- You have struggled with mental or emotional issues Y/N