

TAKE HOME SHEET



Message: Truth
Series: Words
Speaker: Rusty Coram
Date: January 20/21, 2018

Jesus is very clear about the importance of knowing and applying the truth we find in the Bible.

²⁴ *Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. ²⁵ Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock. ²⁶ But anyone who hears my teaching and ignores it is foolish, like a person who builds a house on sand. ²⁷ When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.*

Matthew 7:24-27 (NLT)

Here are some practical ways to make the Bible an integral part of your life:

HEARING - This is one reason that weekly worship participation is so important. Together, we hear messages from the Bible. Those who neglect this usually find themselves spiritually malnourished.

READING – This is where New Hope's Bible Reading Plan is a big help (nhcbrp.com). Personally reading the Bible in a systematic way

helps it become familiar and understandable. Another way is to look up the verses and stories used in the weekly messages. Having a current translation that is comfortable to read is important. A few that we use are The New Living Translation, New International Version and The English Standard Version. YouVersion.com is a free service with access to many translations and Bible reading plans.

STUDYING – This is where we research the meaning of words and the background of stories and doctrines. A good study Bible helps here. The Quest Study Bible, The New Bible Commentary and NIV Study Bible are good resources.

MEMORIZING – Picking specific verses that address an area of your life where you want to grow/change is important. General understanding is good, but specific truth is essential. For instance, if you have a tendency to worry, memorize Philippians 4:6 and 7, *"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."* (NLT)

MEDITATION – If you know how to worry, then you know how to meditate! The idea is to focus attention on the meaning of a verse or passage, so that it becomes clear in both its meaning and implications to your life.

APPLICATION – This is the goal: for the truth we learn in the Bible to become part of how we think and behave. *"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."* Romans 12:2 (NLT)

MESSAGE NOTES



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³¹ Jesus said to the people who believed in him, "You are truly my disciples if you remain faithful to my teachings." ³² And you will know the truth, and the truth will set you free."
John 8:31-32 (NLT)

Followers of Jesus learn, understand and follow the teachings of the Bible.

From this week's Bible Reading Plan:

⁷ The instructions of the LORD are perfect, reviving the soul. The decrees of the LORD are trustworthy, making wise the simple. ⁸ The commandments of the LORD are right, bringing joy to the heart. The commands of the LORD are clear, giving insight for living. ⁹ Reverence for the LORD is pure, lasting forever. The laws of the LORD are true; each one is fair. ¹⁰ They are more desirable than gold, even the finest gold. They are sweeter than honey, even honey dripping from the comb. ¹¹ They are a warning to your servant, a great reward for those who obey them. ¹² How can I know all the sins lurking in my heart? Cleanse me from these hidden faults. ¹³ Keep your servant from deliberate sins! Don't let them control me. Then I will be free of guilt and innocent of great sin. ¹⁴ May the words of my mouth and the meditation of my heart be pleasing to you, O LORD, my rock and my redeemer.

Psalm 19:7-14 (NLT)

In this Psalm we see:

- Descriptions of God's Word - instructions, decrees, commands, worthy of reverence and laws
- Qualities of God's Word – perfect, trustworthy, right, clear, pure and true
- Benefits of God's Word - restoration, wisdom, joy and insight

How to get a handle on the Bible

Hear

Read

Study

Memorize

Meditate

Apply

I have hidden your word in my heart, that I might not sin against you.

Psalm 119:11 (NLT)

You can find some practical tips and help in this week's **Take Home Sheet**.

Go to newhope.org and click on messages to download this week's Take Home Sheet or stop by Guest Services to pick one up.

BIBLE TRANSLATIONS:

NLT – New Living Translation



Words. They can build us up and tear us down. They help us to communicate, learn, process and create. God's words are the most powerful ever recorded. They are life changing, even life saving. The only way to reap the benefits is to read them. As followers of Jesus, we need to take it a few steps further. We also need to own them, to believe they are true, and to follow them as the ultimate guide for our lives. In this series, we will partner with you to follow the Bible Reading Plan. It's a habit well worth forming. Our first stop will investigate five things the Bible offers that can dramatically change our lives.

**WE'RE
SO GLAD
YOU JOINED
US TODAY!**

newhope
CHURCH OF THE TRIUMPH

We are always honored when people choose to do church with us. New Hope is for anyone who wants to seek God - from those exploring whether or not God even exists, to committed Christ-followers. Wherever you are, you'll find we are committed to do whatever it takes to show everyone the love of Jesus and help them establish a relationship with Him. We are casual, laid-back, and far from perfect. **ALL are welcome!**

FIRST TIME GUESTS

We promise we're not going to make you stand up in front of everyone or track you down, but we'd love to know you were here today! Simply fill out your communication card in the seat back in front of you and check the "First Time Guest" box. On your way out, stop by Guest Services at the front doors and get your FREE welcome gift. **We're glad you are here!**

5 THINGS TO KNOW

Each week we will post "5 Things to Know" for the week. This will typically include classes, info, and upcoming events. We also will give you dates to save as early as possible, so that you can get them on your calendar and be able to plan for them. Be sure to check out the entire program and visit newhope.org for everything. Here's five things to know this week:

1. Have you ever had a desire to be used by God to share his hope and love with the poor, hopeless, and forgotten? If you answered yes, we want to invite you to come to a meeting on Sunday, February 4th at 12:45 pm to learn more about this year's **mission trip to Uganda**. You will get all the details about the trip, fundraising, shots, itinerary, and more. We will be serving lunch, so please click here to let us know if you can attend by going to bit.ly/ugandatrip2018
2. **Parents of Teens**- please make time to join us on March 11th for an afternoon with Mark Gregston. He'll spend two hours discussing the confusing culture of our kids today, ways that old parenting styles are no longer effective, and present a model for parenting teens and preparing kids for their teen years that insures relationships within the family flourish and remain intact. **Visit bit.ly/afternoonwithmark to register.** This is a great event to invite your friends, co-workers and neighbors!
3. **Ministry Fair on February 10/11**. Our volunteers at New Hope Church are heroes; they are truly the force behind everything that takes place here on the weekend and during the week. We all have different gifts, but together we are one! We understand that many people look at the size of New Hope Church and think they can't possibly make a difference. The truth is, you can. **Check out where you can make a difference.**
4. We offer **Financial Peace University** twice a year. FPU is a 9-week life-changing program that empowers and teaches you how to make the right money decisions to achieve your financial goals and God's plan for your life. The course includes practical lessons on eliminating debt, building wealth, giving like never before, and much, much more. Our facilitators and coaches teach God's ways of handling money. **The preview class will be on March 22nd, and the core classes run from April 5th through May 31st.** Registration details will be released soon!
5. **Read the Bible with us this year**- visit Guest Services or nhcbrp.com to get the plan!

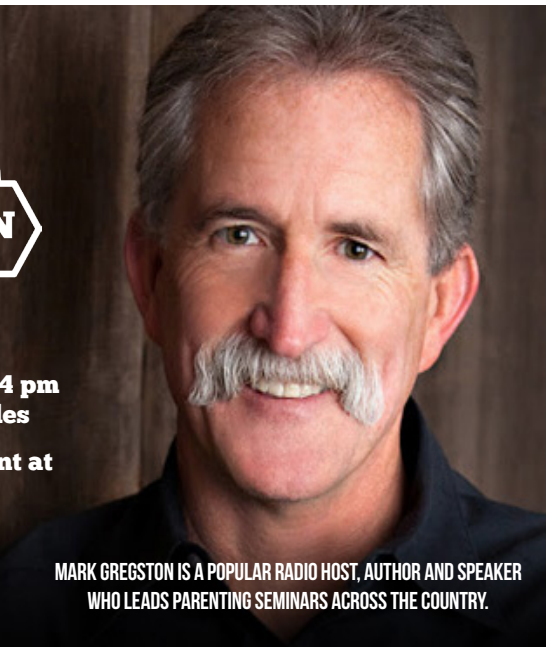


Sunday, March 11, 2018, 2 pm - 4 pm
\$25 per person; \$40 for couples

Questions? Contact Wendy Hunt at
wendy.hunt@newhope.org

Register today at
bit.ly/afternoonwithmark

**MARK GREGSTON IS A POPULAR RADIO HOST, AUTHOR AND SPEAKER
WHO LEADS PARENTING SEMINARS ACROSS THE COUNTRY.**



**There is a critical
shortage of whole blood
in the DC metro area and
New Hope would like to
help. We are trying to
gauge interest in doing
a blood drive with Inova
on Saturday, March 3,
from approximately
noon to 4 pm.**

**If you are interested in
participating, please visit
bit.ly/inova-blood.**

**Once the plans are
confirmed, we will
contact you with more
info. Questions, please
contact Kim Feld at
kim.feld@newhope.org**

God. Life. Faith. What's The Point? Make Time To Find Out.

startingpoint

Everything has a starting point—life, relationships, education, career. But sometimes we forget that faith has a starting point as well.

By the time we're adults, most of us have made up our minds about faith. But the faith we form or inherit when we're young doesn't always stand up to the pressures of life. What if it were possible to explore faith freely and ask the questions we all have. What if it were possible to wipe the slate clean and work together to find a new starting point for faith? If you're new to faith, just checking it out, or coming back to church after some time away, Starting Point is a great first step.

Starting Point is a 9-week small group where you can discuss the questions or concerns you have about faith. The group will start January 27th and end on March 24th. We will meet during the Saturday 5:30 pm service.

If you have any questions, please email Kim Feld at kim.feld@newhope.org. If you are ready to sign up, please visit bit.ly/journeystartingpoint.



Life can be tough, but you don't have to go through it alone. We want to help. We have several ministries that can help you as you navigate the tough times:

For those 18 years old and older, we have **Celebrate Recovery (CR)**. At CR, we strongly believe this ministry can benefit any and all. The truth is that we are all hurting. There is no such thing as a "perfect" church or a "perfect" person. We can so easily fall into the trap of wearing a mask to hide from everyone. We desperately and so diligently try to keep anyone from seeing the hurting person inside of us. CR provides a safe place for us to take that mask off and begin coming out of denial, turn our life and will over to Christ's power, begin identifying hurts, turn over our character defects, replace them with truth and positives in our lives, and ultimately give back from what we have been given.

Get started by joining us on Friday nights at 7 pm at New Hope Church. Check out cr.newhope.org or email the ministry at celebraterecovery@newhope.org.

For students in middle and high school, we have **The Landing**. The Landing is a Christ-centered recovery group. The Landing is a safe place to talk about the hurts, habits and hang-ups that you are facing each day. This is the place to come when you feel as though no one else could possibly understand what you are feeling or going through. The Landing is here to give you a safe place to be heard. We want to know YOU and what it's like to be YOU. We want to help you learn new coping skills and find healing. The Landing is a Christ-centered recovery group for students in middle and high school.

The Landing meets at 7 pm on Tuesday nights at New Hope Church. We have large group time (music, lesson, activities) from 7-8 pm, small group discussions from 8-9 pm, and time for snacks and hanging out from 9-9:30 pm. Check thingscansuck.com or email the ministry at info@thingscansuck.com.

If You Consider New Hope Your Home, We Invite You To Get Involved and Become A Partner!

At New Hope Church, we don't have members, we have partners. We all make up the church, and we desire for you to become a partner in what God is doing in us as the church, and through us in the community.

We don't just add partners without them fully understanding the vision and direction of New Hope. To accomplish that, we offer a **class called Discovering Partnership** that outlines our core beliefs, the mission and vision for our church, and expectations of partners, as well as what partners can expect of New Hope. At the class, our hope is to give you a basic introduction to our church family. Since New Hope is made up of people from many different church backgrounds, this class is designed to clearly explain who we are and what we believe. The next class will be offered Sunday, February 11th from 12:45 - 2:45 pm. We'll even provide lunch and childcare. **Register today at bit.ly/dpcfeb2018.**



NICARAGUA MISSION TRIP

THIS SUMMER, JUNE 23-29 • FOR CURRENT 9TH THROUGH 12TH GRADERS



**Questions? Email steph.schleyer@newhope.org
Register at bit.ly/2018nicaragua**



MEN'S MINISTRY

ONE-DAY RETREAT
SATURDAY, FEBRUARY 3RD

RETREAT

newhope
CHURCH

mensministry@newhope.org

Start your Super Bowl party one day early with us, as we study Super Bowl winning coach Tony Dungy's *Dare to be Uncommon*. We hope you'll join us for a day of good food, football, and fellowship.

We'll kick off at 8 am on Saturday and finish up by 3:30 pm. Breakfast will be provided along with a healthy dose of wings and barbeque for lunch. The cost will be \$25. Sign up at bit.ly/mmfebretreat.

Women's Breakfast

Save the Date • Saturday, February 10th – 8:30 am • New Hope Church

Our speaker is Renee Woolfolk, mother of four and the Church Business Administrator at First Mount Zion Baptist Church in Dumfries.

Meet other women at New Hope and receive encouragement as we learn to create space for love in our hearts, homes, and communities. All women 18 + are welcome to attend. Registration will open January 27th. Cost: \$5 per person.



Childcare for registered attendees only is available on a limited basis. Register early to get a spot!

VOLUNTEER

OF THE WEEK

Our volunteers are the very best! There's no way we could keep New Hope running without the help of these special people. This week, we'd like to thank Kristin Griffin. Kristin serves in Remix, our Elementary program. God is changing lives every week at New Hope, and behind every changed life are the faces of our volunteers.

#MADENEW

We are excited to announce that our next **Baptism Celebration Weekend will be February 24th & 25th** during the services. Baptism is going public about your faith in Jesus and communicating to the world your heart-felt commitment to following Him. It's the next step after accepting Him. **If you have any questions, please email us at baptism@newhope.org.** We would love to talk with you about the process. We even have a booklet to assist parents in discussing faith and baptism with their children and students.

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CHURCH

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