

TAKE HOME SHEET



Series: Start Fresh
Message: Let Go of Control
Speaker: Rusty Coram
Date: January 12, 2025

Read the passage from the message several times – out loud if possible.

¹ And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. ² Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:1–2 (NLT)

What is a practical way that I believe God is asking me to surrender myself to Him?

What would it look like if I did? What needs to change, be eliminated, or be adopted for me to do this? [If you can't think of anything, who could you discuss this with?]

What would need to change in my thinking and values to make this happen?

Remember, since God has given me His Holy Spirit, I am able to do anything He wants.

²² But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control.

Galatians 5:22–23 (NLT)

What will I begin doing this week to give God more control of my life?

BIBLE TRANSLATIONS:

NLT – New Living Translation

MESSAGE NOTES



Series: Start Fresh
Message: Let Go of Control
Speaker: Rusty Coram
Date: January 12, 2025

¹ And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. ² Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:1–2 (NLT)

“holy sacrifice”

Choosing to surrender myself to God out of gratitude.

“worship”

Serving God's interests in ways that He says are appropriate.

“transform”

Genuine change – especially in my character – from the inside out.

God has designed His church to be where this happens.

“good and pleasing and perfect”

Discovering that God always knows best!