

MESSAGE NOTES



Series: Winning the War in Your Mind
Message: Replace False information with Truth
Speaker: Rusty Coram
Date: January 4th, 2026

Much more than information, God is interested in our transformation.

¹ “And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. ² Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.”

Romans 12:1–2 (NLT)

What and how we think determine the course and outcome of our lives.

⁹ “I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding. ¹⁰ For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ’s return.”

Philippians 1:9–10 (NLT)

“Such stupidity and ignorance! Their eyes are closed, and they cannot see. Their minds are shut, and they cannot think.”

Isaiah 44:18 (NLT)

Winning the war in my mind begins with humility. This includes:

- Asking questions
- Inviting feedback
- Choosing not to be defensive
- Never stopping!

“Fools have no interest in understanding; they only want to air their own opinions.”

Proverbs 18:2 (NLT)

Getting my head “screwed on straight” is a privilege and responsibility.

¹⁰⁵ “Your word is a lamp to guide my feet and a light for my path. ¹⁰⁶ I’ve promised it once, and I’ll promise it again: I will obey your righteous regulations.”

Psalms 119:105–106 (NLT)

BIBLE TRANSLATIONS:

NLT– New Living Translation

TAKE HOME SHEET



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This week, make time to read the passage we opened with and really examine it.

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Romans 12:1–2 (NLT)

Why does God ask us to offer our bodies to Him? [Hint: this makes things real and not merely emotional or intellectual]

What are some of the ways that you see Christians adopting values and behaviors in our culture that do not honor or please God?

What are some of these things that you have to fight to avoid?

What is something you can do this week to strengthen your thinking so that it lines up better with God?

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